

BAC MONTHLY UPDATE

JANUARY 2024



Maroon Lake, CO. Roaring Fork ride 2023. Ride Leaders Mark Janer & Christine Bartlet, photo by Jim McKinley.

Hello BAC Members,

Welcome to the January 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Marion Campbell) and Sue Buntun JANUARY 2024

Here's an article written by Sue Buntun that is impressive enough that I wanted to share it with the membership. We should all say thank you to our ride leaders and especially to ones leading their first tour!

New Ride Leaders Hilary & Jeff Warner Show Grit

As a BAC Board Member I get to review post tour surveys and each year there are one or two tours that just 'stand out'. Hilary & Jeff Warner's August "A Gravel Adventure in Northern Vermont" totally wowed me. They pulled off the near almost impossible - a near five star sweep in post tour reviews (but for one dusty hotel) on their first tour as new BAC ride leaders.

Not only that, but they did it watching waves of wildfire smoke get swept into Vermont from Canada's massive forest fires before the tour and affecting air quality almost right up to tour start. Smoke – then floods: a 100 year catastrophic flooding caused a State of Emergency to be declared four weeks prior to tour start. Gone was a key bridge, a key rail trail route - roads washed out , mudslides everywhere.

Jeff had to research road repairs status, locate work-arounds, then re-route, re-scout and finally re-map routes for nearly every day of their tour and he had to do it quickly. To their great surprise....with the exception of a participant injured in a cycling crash, nobody cancelled, not even as re-routed rides got unavoidably steeper longer and tougher and despite the smoke and changeable air quality and floods and washouts and mudslides.

They both were astonished by the group's level of adventurousness and their willingness to do the tough rides and distances. The tenacity of the group demonstrated what Jeff describes as a key trait common to gravel riders : Flexibility . "When riding gravel you never know what you are going to encounter. You might encounter a day where the grader has just been ahead of you so the road is loose and deep – or it's going to rain and be muddy – so you have to be flexible. Everyone riding on gravel is used to adjustments within the day " .

Flexibility & adjustments aplentyyet everybody adored this tour and their leaders. They all showed grit...and want more gravel.

Sue Buntten

BAC BOARD ELECTIONS 2024

As communicated in December the board has nominated Sue Buntten, Joan Feerick & Maria Nelson to a three year term. This will allow Sue and Joan to continue on the board after their current term ends in February 2024. Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2024. You will receive an email January 15, 2024 asking you to log into the BAC website, click on the "We Need Your Vote" link at the top of the page, and indicate how you would like your proxy to be voted at the Annual General Meeting. Proxies will be solicited from January 15 to February 15, 2024 for candidates nominated by the Board and those nominated by the membership. The proxies cast will be exercised by the Board Chair at the Annual General Meeting following the direction provided.

2024 ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Sunday, February 25, 2024, at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom.

Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2023 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. More details will be provided in the February 2024 Monthly Update on how to sign up to participate in the meeting.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in Dec. 2023. If they live near you give them a call.

Jean Almeida, Colonia, NJ
Ahmad Mahoozi, Sterling, VA
Don Burdick, Bend, OR
Stephen and Laura Horesh, Westminster, CO
Andrea Thomas, Bend, OR
jeffrey and Dianne Lizotte, Aspen, CO
Eric Nofzinger, Hideout, UT
Jeffrey and Maryann Morse, Libertyville, IL
Dorothea Goodwin, Ann Arbor, MI
Tim Lowney, Colorado Springs, CO
Tim Brattan and Suzi Mahler, Santa Cruz, CA
Linda Fung, Union city, CA
Jenny Baker and Chris Danilson, Mount Vernon, WA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

- **Tour of the Moon and Beyond** June 2-9, 2024 Ride Directors: Barb Rudolph & Huey Hurst. Start Location: Grand Junction, CO. Finish Location: Grand Junction, CO Ride Rating: 3B
- **Transpirenaica – The Spanish Pyrenees** 2024 Aug 28-Sept 14, 2024 Ride Coordinator: Grant McAalister in conjunction with Iberocycle. Start Location: San Sebastian, Spain. Finish Location: Girona, Spain. Ride Rating: 4B!
- **Sicily 2024** Sept 26-Oct 9, 2024 Ride Coordinator: Alma Worthington in conjunction with Hike & Bike Italy. Start Location: Palermo. Finish Location: Syracuse. Ride Rating: 2B

- **Hawaii 2025 – Circumnavigating the Big Island** Jan 10-22, 2025. Ride Directors: Maria Nelson & Sue Buntin. Start Location: Kailua-Kona, HI. Finish Location: Kailua-Kona, HI. Ride Rating: 2B!
- **New Zealand East Coast South Island 2025** Jan 18-Feb 1, 2025 Ride Coordinator: Grant McAalister in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 2C!
- **Florida's Suncoast and Nature Coast Winter Defrost Tour** Jan 19-Feb. 1, 2025. Ride Directors: Roy & Kristi Brubaker. Start Location: Tampa, FL. Finish Location: Tampa, FL. Ride Rating: 1B.
- **Fun in the Sun: Fort Myers Beach to Key West** Feb 2-13, 2025. Ride Directors: Barb & Glenn Rudolph. Start Location: Fort Myers Beach, FL. Finish Location: Fort Myers Beach, FL. Ride Rating: 1C
- **New Zealand Canterbury & Otago Off Road 2025** Feb 7-21, 2025. Ride Coordinator: Grant McAalister in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 2B!

RIDE LEADER SEMINAR

Sign Up Now to Learn How to Become a BAC Ride Leader Four-Part Online Ride Leader Seminar to be Offered In February

If you've ever wanted to become one of the "Friends Leading Friends on Rides," which is the motto of the BAC, then sign up for the 2024 Online Ride Leader Seminar. The Zoom-based seminar begins February 26 and was developed by the Ride Leader Training and Development Committee to make it easy to learn how to be a BAC ride leader. It consists of four, 2.5 hour online sessions. The training is only offered once every year or two so sign up now if you'd like to connect BAC members socially by offering a member-led, quality, affordable bicycle tour.

The seminar will be held from 7-9:30 PM EST (4-6:30 PM PST) on:

Monday, February 26

Wednesday, February 28

Monday, March 4

Wednesday, March 6

The seminar features:

- On-line classes via Zoom
- Frequent knowledge checks with quizzes and activities

- Practice and assignments between training sessions
- Comments from previous seminar participants include:

Comments from previous participants:

“The webinar reinforced my feeling that BAC is a well-run organization with a very positive, supportive culture. Very grateful to the presenters and everyone who makes it happen!”

“I appreciate the obvious level of effort that presenters and the facilitators put into making this seminar a success. Really appreciate the feedback on the homework assignments.”

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. **To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.**

REGISTRATION: To submit a request to join this training event, go to <https://www.bicycleadventureclub.org/html/rides/index.asp?action=ride&RideID=1692>

Then click on the button displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time, you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Director, click the name at the top of the page. A link will be sent with instructions on how to access the Seminar prior to the first session. The \$50 ride registration fee will be reimbursed for participants who complete all four training sessions.

RIDES WITH SPACE AVAILABLE

- New Zealand Canterbury & Otago Off Road 2024 Feb 16, 2024 - Mar 1, 2024 3B
- New Zealand Westland & Tasman Off Road 2024 Mar 6, 2024 - Mar 20, 2024 3B
- Paso Robles Ramble 2024 Apr 14, 2024 - Apr 20, 2024 3B
- Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B
- A Taste of Texas Apr 22, 2024 - Apr 29, 2024 2B

- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B [Space for female to share room](#)
- OTET- Cincinnati to Cleveland, Ohio rail trail June 17-26, 2024. Space available for one male to share room and one female to share a room.
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B
- Cape Cod and the Islands Sep 8, 2024 - Sep 23, 2024 1A
- Salzburg Double Loop - Seven Lakes Sep 10, 2024 - Sep 26, 2024 2B [Space for male to share room](#)
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Appalachian Blue Ridge 2024 Sep 23, 2024 - Oct 3, 2024 4B
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B

SINGLES LOOKING FOR ROOMMATES (New Section)

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Northern Spain 2024 June 6-22, 2024 [Space for male](#) to share a room.

Contact leader Clarice Sackett csackett49@comcast.net

OTET- Cincinnati to Cleveland, Ohio rail trail June 17-26, 2024. Space available for one male to share room and one female to share a room. Contact leader Robyn Saur

robynlee4@aol.com

Salzburg Double Loop Sept 10-26, 2024 Space for female to share a room. Contact leader

Warner Griswold jwarner-griswold@att.net

MEMBERS CORNER

For Sale: Santana Beyond Tandem 2006 54 x 48 Reveal, S & S Couplers take apart for travel. Fits in one hard sided Airline Safecase suitcase with foam fit forms for extra protection, included. Titanium and carbon, Reynold's fork, DuraAce components. Captain's top tube 55cm, Gates timing belt and Bengel Conversion kits added in 2015. Original price \$14,000 plus \$900 add ons Asking price \$5,000 Free shipping within continental US. Contact Nancy Kirk 480 399-9172 nancykirk24@gmail.com

For Sale: Holland Exogrid Jet Custom Bike 2013 Titanium carbon with invisible S&S Couplers for take apart and travel. Fits into one soft sided suitcase included. DuraAce 11 speed electronic shifters. 54 – 55 cm. Original price \$13,500 Asking price \$5,000 (Now considered a

collectors item) Free shipping within continental US. Contact Nancy Kirk 480 399-9172
nancykirk24@gmail.com

For Sale: S&S coupled Curtlo travel frameset, 59ish cm, two forks, case, etc. Selling Curtlo (<https://curtlo.com/>) fillet brazed OX Platinum frameset with two carbon forks. Takes medium reach caliper brakes and fits tires up to 35mm. Has eyelets for rear rack or fenders. Includes hard case, tube pads, compression members, security net, S&S wrench, coupler lube, cable couplers, fenders, Topeak Road Morph pump, and a light-duty rear rack. \$1500 shipped. eddie.flayer@att.net or 510.646.3534. <https://photos.app.goo.gl/wT2wndpZa1oamFb1A>

For Sale: NorWester Co-Motion 21 speed steel road bike with S&S couplings. It is size 50.7, since it was a custom bike. \$1000 Please contact lag7.goetsch@gmail.com or call/text 206-300-8898 Bike is located in Seattle.

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com or call/text (804)349-4140

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. \$450. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2023 – **use discount code bacrocks2023**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.