

Hello BAC Members,

Welcome to the January 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in Fredericksburg, TX on Thursday February 21, 2019!! Any BAC members who wish to join us are invited to the Annual General Meeting of the Members on Thurs. February 21, 2019, 4:30pm, at "The Club at Baron's Creekside," 316 Goehmann Ln, Fredericksburg, TX 78624. The AGM will be followed immediately by a Social Gathering to meet your Board of Directors. Please RSVP to Nancy Bohnett in the BAC Office (office@bicycleadventureclub.org) if you would like to join us for the annual meeting and happy hour.

Board Member Election 2019 Dec 15th 2018-Jan 15, 2019.

We still have our BAC Board of Directors election in progress. Thank you to all who have voted. If you have not voted yet please vote by Jan 15th by logging in to the website and clicking on the 'We Need Your Vote' link at the top of the page.

With the end of the term for board members Carol Anderson and Karen Hass approaching, we will have two vacant board positions to be filled in 2019. The four candidates for these two positions are listed below; please identify up to two of the four for which you'd like to assign your proxy. The Board Chair will vote the proxies as directed at the Annual General Meeting on February 21, 2019. **You will need to have a current membership prior to December 13th 2018 in order to assign your proxy.**

Jan Erickson (Winthrop, WA) I have been a member in good standing with BAC since 2008 and committed to the philosophy of the mission statement; connecting members socially through organized tours, mutual respect for others, and members' independence and self-reliance with the adventure we all expect. It is important to pay forward and pay back. An organization cannot survive without its members' involvement. I consider myself as one who plays well with others and can look at the big picture for a good outcome of ideas. I have been a co-leader on four rides that Jim and I developed and led. Jim and I led three rides and one of our rides with another BAC leader. I am always willing to help other leaders while on rides. I have been on nine domestic and four international BAC ride. Jim and I have done a number of self-contained rides. I taught High School Physical Education for 28 years, and was the Director for a Wellness Program for the Faculty and Staff of over 1200. I have been a presenter and leader for the Tacoma Mountaineers, presenter at the Washington State Track and Field Annual Conference, served as President of my Homeowners Association, and the Events Director (14 events) and Volunteer Coordinator (200 volunteers) and eventually became a Board Member of Methow Trails. I am a good project manager and perfected that work through my positions with Methow Trails. I know what it takes to be a contributing member of a board. I organize well and have good logistical skills. I would be honored to serve as member of the Board of Directors.

Tom Leever (Hendersonville, NC) As documented in the December newsletter, the BAC Board has nominated four of us to fill two positions on the Board for the next four years. Many members have been complaining for years, that one can't call something an election if there is no choice. Now there is a choice. There are emails circulating around criticizing this approach, calling it a popularity contest, suggesting that only the Board knows what the club needs and the

Board should decide who should lead us. If that is what the membership truly wants, let us stop calling it an election. It behooves all members who like having this choice, to speak out by voting in this election. Please vote to make sure the Board gets the message - that we like having this choice! Only the number voting makes an impact here, not who you vote for. Use your best judgment to decide that.

Chris Marsh (Rio Rancho, NM) Chris joined BAC in 2011 and has participated in 14 rides including four as Ride Leader and has enjoyed making friends with fellow BAC members. Over the last 40 years, Chris has led hundreds of rides and been on the Boards of a number of bicycle organizations including five years as a board member of the League of American Bicyclists where he was Treasurer and Secretary. Professionally, Chris was an electrical engineer at MITRE where he provided technical management to very large government programs. Chris is currently on the board of two non-profit bicycle advocacy groups and Vice Chair of the Rio Rancho Parks and Recreation Commission.

James Yuhn (Fredericksburg, TX) I joined BAC in 2002. I have participated in 6 BAC rides, most recently completing the 750 mile “Epic Ireland.” I have 3 BAC rides scheduled for 2019. In addition I have ridden numerous other tours in the U.S. and Europe, and led several private tours. In 2018 I retired from a 30+ year career in high tech. I worked in varied capacities including software development, product manager, sales, and management. My primary goal in joining the BAC board is to ensure our website continues to support the club’s needs. I anticipate some future challenges in the areas of security and technology obsolescence. Given our dependence on the website, especially since we now handle credit card payments for ride fees, it is best to address any issues sooner rather than later. Other areas of interest to me include streamlining the ride review, approval, and accounting processes, utilizing technology such as webinars to support ride leader training, and standardizing on best practices for the board of directors.

VIEW FROM THE CHAIR (Karen Hass)

HAPPY NEW YEAR from the BAC Board! Looking back at 2018, it was another busy year for BAC with 55 tours, a Ride Leader Seminar in Temecula, CA, and two Ride Leader Forums. In 2018, nine BAC members became new Ride Leaders, ten became new Co-Leaders, and of course we had many returning Ride Leaders and Co-Leaders. Thank you all for providing so many wonderful rides for BAC members!

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on RWGPS memberships has been extended through the end of 2019 – **use discount code bacrocks2019**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here’s how to take advantage of this offer:

Step 1: Log in or sign up for a free account at www.ridewithgps.com

Step 2: Visit www.ridewithgps.com/access_tokens/use

Step 3: Enter in the following BAC discount code: **bacrocks2019**

RWGPS is the premier cycling route planning website that many BAC Ride Leaders and members already use for planning routes and creating cue sheets for BAC tours. The staff at RWGPS are very responsive to members’ needs, constantly updating the website, and are readily

available by email and phone to answer questions. Their website also has an extensive Help section with lots of articles, tutorials, and videos about creating routes and cue sheets, how to upload routes to your GPS device, using the mobile app, and more.

Use of BAC Member Data. The BAC Office and Board have received complaints about emails from several BAC members who've recently started commercial bicycle touring companies. The Board has contacted these members and requested that they not solicit for their businesses using member data from the BAC website. Section 2.19 of the BAC Bylaws, in accordance with Section 8338 of the Corporations Code of the State of California, states that the membership roster may not be used for any commercial purpose or any purpose not in competition with the BAC. If you're receiving these emails and prefer not to, you should contact the company directly and ask to be removed from their mailing list.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Dec. 2018. If they live near you give them a call.

Charles Herron & Linda Lundgren Bellingham, WA
Vito Mazzarino Sunnyvale, CA
Carol Nelson & Kevin Allen Penn Valley, CA
Eric Stanton Riverview, FL
Jason & Irene Strahm San Rafael, CA
David Madison Albany, CA
Fernando & Amy Galiana, Rochester, NY
Fred & Pattie Wheeler Newnan, GA
Jackie Meyers, Denver, CO
Coni Ahrendt Santa Rosa, CA
Kimberlee Ray Mount Vernon, WA
Margaret Slack & David Pacey Okanagan Falls, BC
Bob Blichmann & Betsy Bond Monroe, NC
Paula Power Ojai, CA
Ronnie & Nanette Bryant Bedford, TX.
Patrick & Betty Schroeder Milwaukee, WI
Russell Henry & Martha Turner Sacramento, CA
Thomas & Theresa Healy Pleasanton, CA

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Mike Ballinger I am a retired veterinarian who worked in the pharmaceutical and biotech industry in research. We've lived the past decade in road cycling heaven, the Carson Valley of northern Nevada just east of Lake Tahoe. I joined BAC right after I retired in the summer of 2013 and finally got on a ride a year later. I've progressively ramped up my yearly BAC trips to a peak of 5 in 2018 and now have 15 under my belt. My ride leading experience is limited to leading informal day rides locally.

Charlie Schultz Hi. My name is Charlie Schultz, and I am excited to be the Ride Coordinator for the White Villages of Andalucía 2020 tour. I am an avid mountain and road cyclist living in

the Northwest corner of Washington state. My wife, Terri, and I have been BAC members since 2013, and have ridden on seven club tours, four of them in Spain. We are looking forward to the new year and the cycling adventures to come

Smith Doss and Claude Monnier We have been riding tandems since 1992. We love cyclo-touring, self-supported or organized tours. Claude is from France, so we have cycled there quite a bit and done our own self supported tours either by ourselves or with friends. Our favorite parts of touring are discovering new cultures, enjoying new foods, meeting new people, exploring. We love to share our favorite rides with friends. In the US we have organized several Southern Tandem Rallies.

TOURS (George Ellis)

- 1. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Santa Fe 2019 Sept 27-Oct 4, 2019 Ride Directors: Chris and Jan Marsh. Start Location: Santa Fe, New Mexico. Finish Location: Santa Fe, New Mexico. Ride Rating: 2B!

White Villages of Andalucía 2020 April 28-May 12, 2020 Ride Coordinator: Charlie Schultz in conjunction with Iberocycle. Start Location: Granada, Spain. Finish Location: Malaga, Spain. Ride Rating: 3B!

Discover Prehistoric, Roman Provence and Luberon June 6-21, 2020. Ride Directors: Smith Doss and Claude Monnier. Start Location: Aix en Provence, France. Finish Location: Aix en Provence, France. Ride Rating: 2B!

Douro and Minho Wine Country: Portugal 2020 June 13-26, 2020. Ride Coordinator: Alexandra Wagner in conjunction with Easy Rider Tours. Start Location: Colviha Portugal. Finish Location: Porto, Portugal. Ride Rating: 3A!

Azores Bike & Hike: Climbs and Trails of Sao Miguel June 28-July 7, 2020. Ride Coordinator: Michael Ballinger in conjunction with Easy Rider Tours. Start Location: Augo do Alto. Finish Location: Ponta Delgada. Ride Rating: 3A!

2. Rides with Space Available

- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B [Space available for a single female to share room](#)
- Parrotheads In Margaritaville Jan 19-27, 2019 1C! [Space just opened up for two members sharing a room!](#)
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B

- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A
- Bike Wisconsin-Find the Spotted Cow June 9-21, 2019 2B! [Space just opened up for two members sharing a room!](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space now available for three couples, and also for a single male to share a room and for a single female to share a room.](#)
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B
- A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B
- A Taste of France's Central Massif Sep 12, 2019 - Sep 27, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space available for a single female to share room.](#)
- Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C
- Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B
- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B
- Cooperstown 2020 Oct 9, 2020 - Oct 16, 2020 2B
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MEMBERS CORNER

Are you interested? Tuscany from Sun to Sea (May 18-30, 2020) Plan is to spend 12 days/nights touring the Tuscan countryside with overnight stays in 4 locations. Current plan is for the trip to kick off with 5 nights at the rural agriturismo (tourist farm), Il Greppo, which is on the outskirts of Montepulciano and produces VINO Nobile wine. Ride destinations will include the namesake hill town (Montepulciano), Cortona (from Under the Tuscan Sun), and Lago Trasimeno as well as other charming villages. After 5 nights, we will ride to the Buonconvento/Montalcino area, just south of Siena. We will spend 3 nights there with a non-riding day where we will visit Siena (by bus). The next destination is Grosseto for a single night

and then onto Capalbio on the Maremma coast where we will spend the final 3 nights, with rides along the coast and to adjacent towns with an option to visit the Saturnia hot springs. This ride will be led by Bridgette DeShields and Ramona Turner, who took a group of friends to this locale in 2015. It will be a 2B, with an average of 40 miles/day with rides generally ranging from 1,500 to 2,500 ft of elevation but there will be at least one day with up to 3,500 feet of climb. As we will have multiple fixed locations, riders have the option to ride or take a day of 'leisure' some days. If you are interested in this ride, which we are aiming to open for registration in February, please email Bridgette at bridgettedeshields@sbcglobal.net.

Nancy Bohnett-BAC Office Manager
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Hello BAC Members,

Welcome to the February 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

We will be saying goodbye to two of our current board members, Carol Anderson and our chair Karen Hass who will be completing their term on the BAC board in February. These board members have been invaluable to our club in SO MANY ways. Thank you both immensely for all of your service to BAC as a board member, leader and member! It has been a pleasure to work with you both. If you see Carol or Karen on a ride please Thank them for their service.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in Fredericksburg, TX on Thursday February 21, 2019!! Any BAC members who wish to join us are invited to the Annual General Meeting of the Members on Thurs. February 21, 2019, 4:30pm, at "The Club at Baron's Creekside," 316 Goehmann Ln, Fredericksburg, TX 78624. The AGM will be followed immediately by a Social Gathering to meet your Board of Directors. Please RSVP to Nancy Bohnett in the BAC Office (office@bicycleadventureclub.org) if you would like to join us for the annual meeting and happy hour.

VIEW FROM THE CHAIR (Karen Hass)

Board of Directors 2019 Election. Thanks to all four BAC members who stood for election to the 2019 Board. Jim Yuhn and Tom Leever received the largest number of proxies during online voting. Although the period for online submission of proxies ended January 15th, if you wish to vote in person you can do so at the 2019 BAC Annual General Meeting (AGM) in Fredericksburg, TX. The Board will vote the proxies at the AGM, and expects to welcome Jim and Tom onto the Board at that time.

Farewell! My term on the BAC Board comes to an end at the conclusion of the AGM on February 21st. It's been a pleasure and an honor to serve this wonderful club as a board member. BAC has been an important part of my life for the past 18 years; I've met so many wonderful and interesting people, many of whom have become good friends, and enjoyed some of the best vacations of my life. Many members have leant support and provided opinions and advice during my time on the Board and I'd like to thank you all – too many to name individually but you know who you are! I'd especially like to thank my fellow Board members and Nancy Bohnett. Nancy has always been there, ready and willing to help me out in any way, with grace, calmness and good humor. As for my fellow Board members, I've enjoyed working with you to ensure that BAC continues far into the future as a social club for serious cyclists who like to tour the world by bicycle. Last but not least, I'd like to extend a special thanks to Carol Anderson who served on the Board from 2012-2015, and graciously agreed to return in 2017 to fill a short-term vacancy.

I hope to see you on a BAC ride sometime!

Tip of the Month – Flying with Your Bike: If you're flying to a BAC tour and plan to bring your bicycle with you (whether you have a coupled bike that can be broken down, or a full-sized bike):

1. Before you purchase tickets for your flights, carefully research airline rules and regulations for luggage weight and dimensions for bicycles in cases/bags/boxes so that you know what your total flight cost will be to transport you, as well as your bicycle and other luggage, to your destination. Print a copy of the rules and regulations to bring with you to the airport.

Coupled bikes: Most airlines will simply charge you for checked baggage as long as your bike case is under a specific maximum weight (usually 23 kilos/50 pounds) and less than 62 total linear inches (L+W+H).

Full-sized bikes (i.e., your bike in a large case with pedals removed and handle bars turned): Most airlines will charge a specific fee for checking a bicycle, although you may simply be charged for oversized luggage. This can get pricey, particularly if they charge you an overweight charge as well as a bicycle or oversize fee. I have friends who flew to South Africa for a bike tour, and with the extra charges for their non-coupled bikes, their total airfare cost was nearly as much as the total cost of their 2-week bike tour.

2. Arrive at the airport 30-45 minutes earlier than you would if you weren't traveling with your bike, just to allow enough time to deal with any hassles you may experience.

3. If you believe the weight and size of your bike case is within the airline's requirements for checking it as standard luggage and the airlines staff try to charge you more at check-in than you were expecting, don't hesitate to insist on speaking to a supervisor or manager. Have handy the copy of the airline rules and regulations applicable to your bicycle.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Jan 2019. If they live near you give them a call.

Sergio Garcia, Berkeley, CA
Michele and Rodney Veilleux, Bradenton, FL
John Wu and Valli Schiller, Naperville, IL
Jackie and Charlie Niles, Santa Rosa, CA
Kathryn Marshall, Greenville, SC
Stephanie Hosking, Keene, NH
Rex Ballinger, Litchfield Park, AZ
Pat White and Michael Tobin, Juneau, AK
Randi Gold and Don Torrey, Folsom, CA
Beth Borchelt, Sterling, MA
Jerry Applegate, Healdsburg, CA
Brian Hockenbery and Linda Sproul, Canyon Lake, CA
Tommy Lusk, Haleiwa, HI
Joella Solus, Anacortes, WA

Jean Coello, Barre, VT
Jerry Brown, Costa Mesa, CA
John and Nancy Griswold, Dallas, TX
Cathy Bucher, San Diego, CA
Jan Baldwin, College Station, TX
Nance Conover, Oakland, CA
Melissa Cott, Cumberland Foreside, ME
Elizabeth Foree, Santa Fe, NM
Kenneth and Jill Carr, Fredericksburg, TX
Carole Nero, Huntington Beach, CA
Christine Barnes, Boise, ID
Nelson Cover, Vero Beach, FL
Peter Wood, Lake Macquarie, New South Wales
Jen Milus, Lewes, DE
John Kingsolver, Tucson, AZ
Jonathan Landman, New York, NY

TOURS (George Ellis)

- 2. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Montreal, je t'aime Sept 7-17, 2019 Ride Directors: John Gradwell & Germain Berube
Start Location: Vaudreuil sur le lac Finish Location: Vaudreuil sur le lac Ride Rating:
1C!

Yet Another Week in Sunny Palm Springs Feb 22-Mar 1, 2020. Ride Directors: Linda & Gerry Taunton. Start Location: Palm Springs, CA. Finish Location: Palm Springs, CA.
Ride Rating: 1B!

Tuscany: From Sun to Sea May 18-30, 2020. Ride Directors: Bridgette DeShields & Ramona Turner. Start Location: Florence, Italy. Finish Location: Rome, Italy. Ride Rating: 2B!

2. Rides with Space Available

- [Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B](#)
- [New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C](#)
- [Virginia Horse Country, Mountains and Valleys May 9, 2019 - May 23, 2019 3B](#)
- [Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B](#)
- [Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B Price just reduced \\$400, sign up now! Three spots are available. There is room for a solo and a two people sharing a room.](#)

- [Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B](#)
- [The Black Hills of South Dakota Jun 8, 2019 - Jun 22, 2019 3B opening for a single female willing to share a room](#)
- [Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B space for two couples, and also for a single male to share a room and for a single female to share a room.](#)
- [Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B](#)
- [England the Easy Way \(Or Not\). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A](#)
- [Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B](#)
- [A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B](#)
- [A Taste of France's Central Massif Sep 12, 2019 - Sep 27, 2019 2B](#)
- [Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B](#)
- [Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B](#)
- [Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A](#)
- [The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B](#)
- [Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B](#)
- [Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C](#)
- [Australia: 7 Peaks and More Nov 7-19 2019. 3C! Space for single male to share a room and single female to share room.](#)
- [Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B](#)
- [North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C](#)
- [South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C](#)
- [White Villages of Andalucia 2020 Apr 28, 2020 - May 12, 2020 3B Space for single male to share a room](#)
- [Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A](#)
- [Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A](#)
- [Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B](#)
- [Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B](#)
- [Cooperstown 2020 Oct 9, 2020 - Oct 16, 2020 2B](#)

ARE YOU INTERESTED?

Maritime Alpes near the Cote d'Azur, May 2020 discover the French Grand Canyon and the turquoise waters of Lake Sainte Croix. Along the way, enjoy perched villages, quiet, small mountainous roads with stunning vistas. The 10 day tour includes 4 transfer days and 6 loop days or take a rest day at the spa. Average ride length is ~ 50 miles with 6,000 feet of climbing (we can shorten the loop days). Tentative schedule - mid May 2020. If you may be interested in this ride please let us know. Smith Doss & Claude Monnier dossmonnier@gmail.com

Are you interested? New Zealand South or North Island Rail Trail/Gravel (Feb 2020) NZ is one of my favorite places to cycle but a common issue that many riders experience is narrow high traffic roads. The goal for these tours would be to experience the wonderful scenery while riding mostly on converted rail trails (gravel), quiet country roads and if necessary on highways

with good shoulders. Both trips would be 12 days/nights and assisted by PedalTours, average 2B with a couple of days up to 3C with options for additional difficulty.

The South Island tour would leave from Dunedin and finishing in Queenstown. The start will be primarily on the Otago Central Rail Trail starting in Middlemarch, through Hyde, Oturehua and Clyde. From Clyde we are on the Roxburgh Gorge Trail and then onto the Lawrence North Trail, from there on the road to Gore and Lumsden where we ride the Fiver Rivers Trail. The final leg is on the Around the Mountains Cycling Trail and then a couple of days to explore the Queenstown trails.

The North Island tour begins and ends in Auckland. Cycling starting in Papkaura or Miranda heading to Thames, Waihi and Matamata via the Hauraki Rail Trail and then over to Rotorua and exploration of the Waikite Valley and the thermal pools. From there we head to Aliamuri and follow the Waikato River Trail to Mangakino, Arapuni and Cambridge where we ride the Te Awa trails through Hamilton to Ngaruawahia and shuttle back to Auckland.

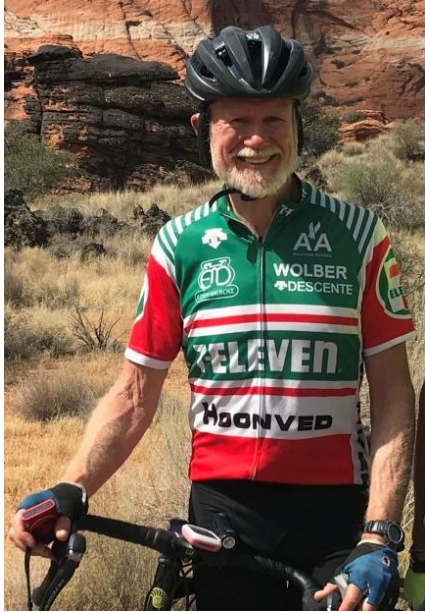
More info on the trails <https://www.nzcycletrail.com> - If interested email Grant McAlister - gmcalister@gmail.com with which island, 2020 or 2021, is the mileage/ride rating okay?

MEMBERS CORNER

Sandy Thompson I am saddened to write of the death of a dear friend, a frequent Bicycle Adventure Club participant and incredible riding partner. Sandy Thompson, out of Boulder, Colorado died in a freak accident occurring January 13th in Bogota, Columbia. The first day out on the tour, just two minutes into the ride and along a pathway, unimaginably, he struck a post causing an instantaneous death. Doctors on the tour were unable to revive him.

Sandy was not only a friend but an adventurer and educator. Bicycle Adventure Club, among others, provided him opportunity to take on those adventures. Cycling was a journey enabling him to explore so many regions where he met and made new friends, shared experiences and ideas, all while taking in the beauty and abundance that constantly surrounded him. Simply, he knew that life is a blessing and chose to live it to the fullest.

Sandy spent most of his professional career at Vassar College in upstate New York, first as a professor of economics (1977-95), and then later as a Dean of Studies until his retirement in 2007. He moved to Boulder, Colorado in 2013 reuniting with old friends, and meeting with new as he continued his passion for cycling. He will be missed terribly by all of us fortunate enough to have known him. Our hearts go out to family, and particularly to his daughter, Emily, with whom he shared a close relationship and who he spoke of frequently, and most fondly.



Sandy, St George Utah, 2018

Rita Zeidner and Harold Datz We are pleased to inform you that, after a long courtship, two of the club's ride leaders -- Rita Zeidner and Harold Datz -- are engaged to be married. Harold says "We will eschew a tandem bicycle. Rather, consistent with feminism, Rita will be pulling Harold up the hills. See you on the road. Harold Datz"

Van Driver for BAC Rides I would like to volunteer to be a van driver for BAC trips. I worked several summers for Vermont Bicycle Tours in the Sonoma area. We used a 15 passenger van and I held a commercial vehicle license. I was licensed to drive a 40' semi-truck or public bus with up to 20 passengers. I have traveled by bike and car extensively in Europe and Asia, and owned a right-hand drive car we used for a 10,000 km trip through the Australian Outback. Therefore, I feel comfortable driving in many environments. Ride leaders may contact me by email David Morrow 54morrow@gmail.com

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Welcome to the March 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

BAC's annual general meeting was held February 21, 2019 in Fredericksburg, Texas. Tom Leever and Jim Yuhn were elected to the Board at the meeting. At the same time Karen Hass and Carol Anderson completed their terms of office. Over her four year term, Karen spent two years as the Vice Treasurer and two years as Board Chair. She was quite involved in the Club's transition to accepting credit card payments for the BAC fee and ride fees as Vice Treasurer and her passion for the Club was quite evident in her efforts to do what she thought was best for the Club during her time as Board Chair. Carol completed a one year term which followed a four year term from 2012-2015. This past year she was responsible for the Ride Leaders Seminar and assisted in documenting the functionality of the current website. Be sure to thank both of them for their service when you see them!

A copy of the Club's 2018 financial statements which was approved at the AGM is available for viewing along with the Form 990 submitted to the IRS on the BAC website under the Docs tab.

I am honored to have been elected by my fellow Board members to serve as Board Chair for the coming year, at the subsequent two day Board meeting. Most of the first day was spent with Laura Otten, Executive Director of The Nonprofit Center at La Salle University in Philadelphia. Key outcomes of the session included providing all Board members with a better understanding of their responsibilities and with insight on the leading practices for non-profit organizations. A key takeaway was that the expected workload of BAC Board members is not sustainable. Many Board members are spending more than ten hours a week on Board related duties while leading practice is to spend less than this a month. A decision was made to explore what would be required to transition towards a Board that focuses on policy with the implementation of the day-to-day operations left to a combination of paid resources and Club volunteers. Likely future bylaw changes to implement this include moving to a three year term for Board members with a two term limit, and eliminating the need for a majority of the members of Club committees to be Board members. Consideration may also be given to increasing the size of the Board.

The second day of the meeting focused on Club policy and website issues. Approval in principal was given to a suite of Board governance and operational policies. It describes the roles of current Board committees, provides a document retention policy and details a conflict of interest policy for Board members, none of which formally existed before. The document has been posted to the BAC website under the Docs tab. Club members are invited to review the document and provide comments by Friday, March 15, 2019. Comments should be sent to office@bicycleadventureclub.org and elizabeth.bac@bell.net. The feedback received will be considered before the document is finalized and approved.

A report on the 2018 membership survey was also received during the meeting. It too has been posted to the BAC website under the Docs tab. Many thanks to the more than 900 members who took the time to participate.

Board members and their primary roles for 2019 are:

Elizabeth Buckingham	Chair
Kate Gordon	Secretary
Brenda Cole	Treasurer
George Ellis	Ride Management
Tom Leever	Ride Leader Training and Development
Clarice Sackett	Member Relations
Jim Yuhn	Website

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Jan 2019. If they live near you give them a call. **insert new members March 1st**

TOURS (George Ellis)

- 3. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Mallorca 2020-A Cycling Gem May 9-23, 2020. Ride Director: Nelson Diaz. Start Location: Palma, Mallorca, Spain. Finish Location: Palma, Mallorca, Spain. Ride Rating: 2B!

The Dordogne, Perigord and Gorges of France-2020 May 16-30, 2020. Ride Directors: Lucy & Randy Glover. Start Location: Bordeaux, France. Finish Location: Toulouse-Blagnac Airport. Ride Rating: 2B!

Canary Islands 2020 - Volcano, Mountains and Beaches May 30-June 13, 2020. Ride Coordinator: Nelson Diaz in conjunction with Iberocycle. Start Location: Lanzarote, Spain. Finish Location: Tenerife, Spain. Ride Rating: 2B!

Lakes and Mountains of Haute Savoie June 2-16, 2020. Ride Directors: Randy & Lucy Glover. Start Location: Geneva, Switzerland. Finish Location: Geneva, Switzerland. Ride Rating: 2B!

Catalonia - Salvador Dalí and Costa Brava Sept 17-Oct 1, 2020 Ride Coordinator: Judy Willard in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

- 2. Rides with Space Available**

- [Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B Space for single male to share a room.](#)
- [Virginia Horse Country, Mountains and Valleys 2019 May 9, 2019 - May 23, 2019 3B Space just opened for single female to share a room](#)
- [Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B](#)
- [Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B Space just opened for single male to share a room](#)
- [Portugal: Wildflowers and Castles in the Spring May 26-June 7, 2019 3B! Space for single male to share a room.](#)
- [Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B](#)
- [Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B Space now available for two couples, and also for a single male to share a room.](#)
- [Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B](#)
- [England the Easy Way \(Or Not\). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A](#)
- [Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B Space for single female to share a room](#)
- [A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B](#)
- [Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B Space for a couple on this ride.](#)
- [Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C](#)
- [A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B](#)
- [Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B](#)
- [Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B](#)
- [Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A Space for single female to share a room along with 6 other spaces.](#)
- [Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B](#)
- [Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C Space for a single male to share a room & space 6 additional participants. Sign up is urgent as hotel reservation deadlines are this month!](#)
- [Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C Australia: 7 Peaks and More Nov 7-19 2019. 3C! Space for single male to share a room.](#)
- [Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B](#)
- [Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B](#)
- [North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C](#)
- [South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C](#)
- [Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A](#)
- [Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A](#)
- [Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B](#)

ARE YOU INTERESTED?

Ride Leader Seminar 2019? We are planning the next Ride Leader Seminar and in preparation, we reviewed both where we've run them in the past and where our members live to see if there were gaps that should be filled. So far we have run them 4 times in CA, 3 in CO and 1 each in

KY, NC, OR, TX and VA. The largest number of members that have not been served are in the NY, NJ, ON & New England area. If that area were one state the size of our western states, they would be the second most heavily populated with BAC members.

Question #1 is would you be interested in the following location; The Red Lion Inn, Stockbridge, MA? It is a quaint NE Inn - <http://www.redlioninn.com/> , but it is somewhat remote, being 55 min from Albany, 1:15 from Bradley Field (Hartford CT) and 2 hours from Boston or White Plains. There are no shuttles, so rental cars would be needed for any flying in. We are leaning to this area thinking that most people might drive from home. We would once again have participants pay for their own rooms and we would include two breakfasts, lunches and one dinner, plus the meeting room and services for approximately \$100. The cost for the 10/18–20/2019 dates would be \$330/night, if we wait until the 11/8-10 dates it drops to \$210/night. The alternative to a location such as the Red Lion, would be a hotel near a travel hub, that precludes riding and probably bumps up the cost.

Once we decide on the target area, we look at exactly where and what would be included. Part of the issue with having the Seminar in the New England area is that we generally wait until after the fall tours are completed, but that leads to cooler weather. So question #2 will be would you be interested in a three day fixed base tour to be associated with the Seminar, if the temperatures were expected to be in the higher/lower 50's, depending the early or later dates?

So the exact question is would you attend a Ride Leader Seminar at the Red Lion Inn, arriving on 10/18/2109 _____ or arriving on 11/8/2019 _____ would you be interested if we can add a three day fixed base ride _____ or should we forget the rides and find a more convenient location in the Northeast?

Reply to Tom Leever - tleever@att.net

MEMBERS CORNER

Sandy Thompson I wanted to give credit to Bob Fountain who wrote the beautiful tribute to Sandy Thompson in last month's update. Bob's name was inadvertently left out of the tribute. Thank you Bob for the nice write up!!

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Hello BAC Members,

Welcome to the April 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

With April's arrival, many of our members will soon find themselves out on a BAC ride. Over the next six months, fifty rides are scheduled. Spaces are still available on almost half of them, especially for those who travel as a single. If you have the flexibility of last minute travel, it is good to check the Ride Leader Announcements on the BAC website on a regular basis where you can find out about new space availability and/or if reductions have been made to the cost of a ride.

The Board has set itself some significant objectives for the coming year. A key priority is to move the website to an off-the-shelf platform if it is practical. Such a solution would be much easier to maintain and could offer greater functionality to our members at a lower overall cost. There are some options that look very promising. We are also looking at transitioning the Board so that it focuses on its governance role and the day-to-day operations are left to others. This will require changes to the bylaws and Board governance policies. If you have the skills and an interest to help with either of these initiatives, please send an email to me (elizabeth.bac@bell.net) or the office (office@bicycleadventureclub.org).

HOLD THE DATE - 10/26 & 27/2019 for the next ride leaders seminar to be held in Pittsfield, MA at the Hotel on North - <https://hotelonnorth.com/>. The formal announcement should be posted for signup on May 1st. Included will be a fixed based ride planned for the week before.

MEMBER ANNOUNCEMENTS: New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in March 2019. If they live near you give them a call.

Wayne Lumsden, Carp, ON
Janet Smith, Bosque Farms, NM
Warren Barta, Colorado Springs, CO
Kerry Reardon and Robert Scher, Anchorage, AK
Susan Smith, Cle Elum, WA
Brendan O'Shaughnessy, Edmonds, WA
Richard and Christa Irell, Santa Fe, NM
Helen Hamner, Anchorage, AK
Valerie Mee, Wheat Ridge, CO

Dale Tudor, Sacramento, CA
Sharon Ouimet, Chicago, IL
Cynthia Stilwell, Corbett, OR
Sandy and Linda Morrison, West Chester, PA
Scott Behrmann, Seven Valleys, PA
Lynn and Brad Valentine, Santa Rosa, CA
Kevin Clarke, Dover, NH
Gregory Shepherd, Hood River, OR
Jesse and Nikki Back, Denver, CO
Karen Pollard, Bend, OR

TOURS (George Ellis)

- 4. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Gorgeous Gorges of the French Maritime Alps May 16-28, 2020. Ride Directors: Smith Doss & Claude Monnier. Start Location: Vence, France. Finish Location: Vence, France. Ride Rating: 4C!

Taste of Albania 2020 Mountains, Coastline & Hospitality May 22-June 2, 2020. Ride Coordinator: Kate Gordon in conjunction with Cycle Albania. Start Location: Tirana, Albania. Finish Location: Tirana, Albania. Ride Rating: 3B!

Piedmont West to East 2020 May 22-June 3, 2020. Ride Directors: Julie & Tom Leever. Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 3B!

Aosta 2020 June 4-15, 2020. Ride Directors: Tom & Julie Leever. Start Location: Turin, Italy. Finish Location: Turin, Italy Airport. Ride Rating: 4B.

BC Interior: Columbia Headwaters June 23-July 9, 2020
Ride Directors: Sue Bunten & John McCoy. Start Location: Kelowna, BC, Canada. Finish Location: Kelowna, BC, Canada. Ride Rating: 3C!

Camino de Santiago-Northern Route July 8-26, 2020 Ride Coordinator; Albert Balingit in conjunction with Iberocycle
Start Location: San Sebastian, Spain. Finish Location: Santiago de Compostela. Ride Rating: 3B!

Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10-23, 2020 Ride Coordinator: Albert Balingit in conjunction with Pedaltours. Start Location: Hamburg, Germany. Finish Location: Dresden, Germany. Ride Rating: 1A!

Torino to the Sea and Back Sept 16-30, 2020. Ride Director: Woody Sherwood. Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 3B!

2. Rides with Space Available

- Mallorca 2019 - A Cycling Gem May 4, 2019 - May 18, 2019 2B
- Virginia Horse Country, Mountains and Valleys 2019 May 9, 2019 - May 23, 2019 3B [Space just opened for single female to share a room](#)
- Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Price reduced \\$400. Space for single male to share a room](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B [Space for single male to share a room](#)
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B [Space just opened for single female to share a room](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space now available for two couples, and also for a single male to share a room.](#)
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B [Space for single female to share a room](#)
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room as well as two people to share a room](#)
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C [Still spots available; the leaders have said that the tour will go ahead regardless of the number of riders](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B [Cost has been reduced by \\$500 and the ride shortened by one day](#)
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space for a single male to share a room](#)
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room](#)
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sept 20-Oct 3, 2019 [Space for single female to share a room!](#)
- Chateaux of the Loire Valley Section 2 Sep 21, 2019 - Oct 1, 2019 1B [Space for single female to share a room!](#)
- Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A [Space for 6 riders](#)
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B

- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C [Space for a single male to share a room & space 6 additional participants. Sign up is urgent as hotel reservation deadlines are this month!](#)
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- Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B
- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B
- Catalonia - Salvador Dalí and Costa Brava Sep 17, 2020 - Oct 1, 2020 2B

ARE YOU INTERESTED?

ASPEN, CO July/Aug 2020 Is anyone interested in going on and/or co-leading and formulating a trip fixed based out of Aspen, CO. It would be biking, hiking and the famous music festival. Can only be July and August. 2020. If interested Contact Huey Hurst 970 963 1458, hhurst@sopris.net

MEMBERS CORNER

Dick Rust Longtime member Dr. Richard (Dick) Rust (Seattle, WA) passed away on Feb 28, 2019. We were notified by Dick's daughters, BAC members Amy & Lib Rust. Dick and Nancy Rust (former BAC board member) were both avid bicyclists. They enjoyed many BAC tours in multiple countries. Dick and Nancy led the Five Island Tour in Washington States' San Juan Islands and the Gulf Islands in British Columbia, Canada.



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