

Hello BAC Members,

Welcome to the January 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

2020 ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Thursday, February 27, 2020 at 4:30 pm at the Union Public House, 4340 North Campbell Avenue, Tucson, AZ. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2019 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. We hope to see as many of you there as possible. If interested in attending please RSVP with Nancy Bohnett at the office (office@bicycleadventureclub.org)

SOLICITATION OF PROXIES FOR 2020 ELECTION OF BOARD MEMBERS

The Board has nominated Elizabeth Buckingham to a two year term, Marion Campbell to a one year term to complete Peter Heinz' term, and Ernie Coose to a three year term. Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2020. You will receive an email January 15, 2020 asking you to log into the BAC website, click on the "We Need Your Vote" link at the top of the page, and indicate how you would like your proxy to be voted at the Annual General Meeting. Candidate profiles for the Board nominated candidates are provided below.

Candidate Profile—Elizabeth Buckingham (2 year term)

Elizabeth would be honored to serve an additional two year term on the BAC Board. Over the past four years she has played a key role in BAC's move to collecting ride payments by credit card, and strengthening BAC's governance and internal administrative practices. She has extensive Board experience in a wide range of different organizations (social clubs, professional organizations, a charity, special purposed boards defined by provincial legislation) and was the chair or president at some point on five of the eight other Boards she has been on over the past thirty years. She has led or co-led five BAC tours over the past five years and is currently working to revive an orphaned ride on Canada's east coast for 2021.

Candidate Profile—Marion Campbell (1 year term)

Marion has been riding bicycle tours (mostly with his wife, Alice) since 2001. The first were with tour companies such as America by Bicycle, Pedal Tours, and Experience Plus. In 2014 he joined BAC and has been committed to their tours since that time. He recognized two major advantages with BAC. First the participants were experienced riders and shared a love for cycling. Second, attracting experienced bike riders meant that the cost of unnecessary support could be avoided. This coupled with the non-profit structure of BAC make these tours the best value for the money!

Marion has participated in 8 BAC tours since 2014. Recently he has served as tour reviewer for two upcoming rides and is a member of the Central Review Committee.

He is a chemical engineer by profession and worked in various engineering and operations positions for BASF chemical company for 35 years before retiring. He has served on and held officer positions on several non-profit boards including Junior Achievement, Brazosport Community Foundation, and EPD, a small company dedicated to hiring handicapped employees. Currently he spends time cycling, playing clarinet in bands and orchestras, and participating in mission projects such as a church build in Alaska and water wells in Africa. As a board member he hopes to contribute in establishing policy and guidelines that will keep BAC an exciting and sustainable organization both now and in the future.

Candidate Profile—Ernest Coose (3 year term)

I've been an avid BAC fan for six years. Regina and I have pedaled our tandem through thirteen BAC tours, so far, in both the US and overseas. We've also toured New Zealand, Chile, and Russia outside of BAC. BAC continues to expand our world and bring us lifelong friendships. I fully support BAC's philosophy of "Friends leading friends on rides". However, I recognize that hardworking people behind the scenes have been keeping the gears turning to make that feasible for the rest of us. It's time for me to give back too. I plan to do so by helping to share the load with BAC board members who keep our great club going.

In the pre-retirement world, my background included careers managing financial operations and product support teams in software, telecom, and banking companies. I've retired my CPA license.

In BAC, I've been a frequent contributor of Tripper reports. I'm the Ride Coordinator for the Dallas Area Tandem Enthusiasts. I also volunteer with Spokes for Folks, reconditioning bicycles for folks who can't afford to buy them.

As a board member, I hope to ensure that many future members will have the opportunity to enjoy great BAC tours with friends, as I have.

JANUARY 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Over the past year the Board through changes to the Club's bylaws and the development of governance policies has made it easier for club members to be involved in the day-to-day activities of the Club besides being a ride leader. Club members who have contributed their time over the past year include:

Website Photo Editor

- Bruce Nelson

Finance

- John McCoy—January – September reviewed the monthly reconciliation of bank accounts and the ride fund to confirm that the reconciliation was correctly completed, the

reported balances were correct, and that any payments to those with signing authority on the bank accounts were properly authorized.

- Trisha Lee—December—assumed responsibility for the review of the monthly reconciliations

Ride Leader Training and Development Committee. This committee will be coordinating ride leader training in 2020 and working to enhance training materials

- Albert Balingit—committee member
- Joan Feerick—attended the October 2019 Ride Leaders Seminar and is now working to enhance the course materials. Most recently she became Committee Chair.
- Maria Nelson—Committee Co-chair effective December 2019

Ride Management Committee

The following club members have assisted with tour reviews over the past four months.

- Albert Balingit
- Alice Campbell
- Marion Campbell
- Marnie Easley
- David Griffith
- Elizabeth Heinz
- Doug Jacober
- Christopher Marsh
- Jane Maxwell
- Kerry McCarville
- Charles McCarville
- Dennis Moberg
- Marita Moberg
- Tim Presar
- Vickie Smith
- Woody Sherwood

The Board extends its thanks to these members who have stepped forward to contribute to the ongoing success of BAC. This effort to engage the membership more broadly in the Club's activities will continue in 2020.

Other committees that club members can become involved with include:

- **Policy Committee** which supports the maintenance of the Board's written policies applicable to its governance process, operational requirements and those for the conduct of approved rides by Club members.
- **Membership Relations Committee** which is focused on issues impacting the members. The Board has recently received advice on how it is very important given BAC's legal structure to try and actively engage all members in the Club on an ongoing basis as all

members need to have explicit responsibilities and requirements. We will be looking for ideas on how this could be achieved.

- **Website Committee** which is responsible for the Club's website and its associated applications.

If you have an interest in any of these committees, please send an email to the office (office@bicycleadventureclub.org).

Policy Initiatives

As reported last month, the Board has spent most of 2019 working on changes to the Ride Leader Policies and Guidelines. For months the Board was working on the premise that it must obtain receipts from tour leaders to support claimed tour expenses. Advice to this effect was received from two different CPAs in public practice in California who specialized in tax exempt organizations and the Club's attorney.

The Board most recently received advice from a CPA who specializes in tax matters for tax exempt organizations. The CPA reviewed in detail BAC's governing documents and other publicly available documents from our website. The Board was advised that because BAC acts as a pass through organization and holds the funds paid by ride participants in an escrow account until such time as a ride leader directs it as to how the funds are to be disbursed, BAC does not need to recognize the funds as income or the ride costs as an expense. This means that the responsibility for the proper record keeping associated with a BAC tour rests solely with the volunteer leader and that they should retain receipts for their own use should any question arise regarding the origin and use of the funds. The Board was also advised that disclosures around the end-of-trip financial reports for the participants need to be strengthened. The Board will be moving forward in 2020 to implement the recommendations it received.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in December 2019. If they live near you give them a call.

Greg Shepard Hood River OR
Joe Buffington Jacksonville Beach, FL
Lynn Schoenfelder Portland, OR Annandale, VA
Robert Dismukes
Robert Smith San Rafael, CA
Frank Hoepfer Medford, OR
Tammy Waleszczyk Ashford, CT
Edward Jablonski Sutton, MA
Lisa & Robert Horjus Morro Bay, CA
Eileen Griffiths & Russell Anema Newton, NJ
Richard Ross Lakewood, CO
Kimberly Lydon, Forestville, CA
Dale & William Fisher Montville, NJ

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Pacific Coast, Redwoods and Silicon Valley Oct 4-13, 2020. Ride Director: Alex Granas. Start Location: Los Gatos, CA. Finish Location: Los Gatos, CA. Ride Rating: 2B!

New Zealand South Island Off Road Highlights 2021 Jan 11-26, 2021. Ride Coordinator: Grant McAllister in conjunction with NZBicycletours Ltd. Start Location: Christchurch, New Zealand. Finish Location: Christchurch, New Zealand. Ride Rating: 2B!

Mallorca 2021 - A Cycling Gem May 8-22, 2021 Ride Directors: Nelson & Kathleen Diaz. Start Location: Palma, Mallorca, Spain. Finish Location: Palma, Mallorca, Spain. Ride Rating: 2B!

Sierra Tahoe 2021 May 15-29, 2021. Ride Directors: Warner Griswold and Garry Clifton. Start Location: Reno, Nevada. Finish Location: Reno, Nevada. Ride Rating: 2C!

Catalonia - Salvador Dali and Costa Brava May 29-June 12, 2021. Ride Coordinator: Nelson Diaz in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

Tour de Victoria-Encore July 3-11, 2021. Ride Directors: Margaret Kavanagh and Gail Johnson. Start Location: Victoria, BC. Finish Location: Victoria, BC. Ride Rating: 2B!

Epic Europe Bike and Hike Aug 9-Sept 14, 2021. Ride Directors: Warner Griswold and Sue Bunten. Start Location: Salzburg, Austria. Finish Location: Salzburg, Austria. Ride Rating: 2B!

Enchanting Bulgaria Aug 23-Sept 7, 2021. Ride Coordinator: Marita Moberg in conjunction with Spice Roads. Start Location: Sofia, Bulgaria. Finish Location: Sofia, Bulgaria. Ride Rating: 3B!

Rides with Space Available

- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C [Space for a single male to share a room](#)
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and a single female to share a room](#)

- Tuscany: From Sun to Sea May 18, 2020 - May 30, 2020 2B
- Upstate New York Sampler May 18, 2020 - May 26, 2020 1B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B [Space for a single male to share a room](#)
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A [Space for a single male to share a room](#)
- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B [Space for a single male to share a room](#)
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Bike Hike the Fall Colors in Carbondale Colorado Sep 29, 2020 - Oct 6, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B
- Bike and Barge: Amsterdam to Bruges May 1, 2021 - May 15, 2021 1A
- Bike and Barge: Bruges to Paris May 15, 2021 - May 29, 2021 1A

ARE YOU INTERESTED?

Languedoc-Roussillon and Val Venosta to Venice We are considering planning 2 tours for Spring, 2021. Languedoc-Roussillon: Entre Mer et Montagne and Val Venosta to Venice. We will begin planning the tours this month. The cost of the tours will not be known until Spring. You can see the complete description and survey of each tour on the BAC website, as they have been led before. Please send an email to Lucy Glover at lucy.glover49@gmail.com if you are interested in going on either tour.

MEMBERS CORNER

Member Ed Yaglou, 88, has died. Member Ida Nystrom sent in this notice...He joined the club in 2011. Ed did two rides both of them Cooperstown — but he kept his membership to the end. Ed was our former Superintendent of schools. When he retired, he was given a mountain bike and he put it to good use. Although he had a Ph.D. from Harvard, he really thought of himself as a farmer. On one ride he forgot his bike shorts and did the whole ride in jeans and his usual footgear — penny loafers.

Upcoming ride: White Villages of Andalusia This popular ride will be offered by Judy Willard in conjunction with Iberocycle April 15-29, 2021. It will be available for signup on February 3, 2020.

Carbent Traveling Raven and Scicon Aerotech bike case owned by a rider 5'7", full carbon frame breaks apart for travel, Velocity 700c rear wheel, 650c front wheel, SRAM X0 3x10 Twist Shifter Set., SRAM 11-36 cassette. Weight 19.5 lbs. Price: \$2700 w/o case. Full description and photos available from Marianne at mbrems@gmail.com

Lightening R-84 lightweight recumbent owned by a rider 5'7", full carbon volcano red frame, SRAM Red components. Velocity 650 rear wheel, 20" front wheel, full suspension, 10-speed triple crank. Weight: 22 lbs. Price: \$2200. Full description and photos available from Marianne at mbrems@gmail.com

For sale Large touring bike. The frame is a custom steel Michael Johnson. It has eyelets in the frame for front and rear racks and three water bottles. I had the S&S couplers added last year and the frame repainted. It comes with a "suitcase" that is not oversized luggage, front and rear racks (they do not fit in the suitcase) and panniers. It has an Ultrategra 9 speed drive train with a front triple. The suitcase has rear wheels. The bike and all tools needed to reassemble fit in the case. The cranks will need to be replaced but can be ridden. Frame size by tube top 60 cm, seat post 62, drop 65, top of seat to peddle down stroke 95 cm. I'm 6' 3" with a 34 in inseam. I will send pictures upon request. tellis1955@gmail.com. Asking \$1000 OBO

2011 Trek Madone 4.5 with Shimano 105 components, 54cm. This is a one owner bike. The bike was ridden less than two years. The bike is blue and black with white accents. The bike is located in Oregon. Asking \$395 plus cost of shipping. Estimates on shipping depends on location and can run from \$60 to \$170 dollars. Any questions please contact Petkep@comcast.net

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters &, front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof), plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. . Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact: Barry Pullen pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

Nancy Bohnett-BAC Office Manager
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SOLICITATION OF PROXIES FOR 2020 ELECTION OF BOARD MEMBERS

Solicitation of proxies for the BAC Board of Directors election is still in progress. Thank you to all who have already cast their proxy. If you have not submitted your proxy as yet please do so by Feb 16th by logging in to the website, clicking on the 'We Need Your Vote' link at the top of the page, and then indicate how you would like your proxy to be voted at the Annual General Meeting.

The Board has nominated Elizabeth Buckingham to a two year term, Marion Campbell to a one year term to complete Peter Heinz' term, and Ernie Coose to a three year term. Candidate profiles for the Board nominated candidates are provided below.

Candidate Profile—Elizabeth Buckingham (2 year term)

Elizabeth would be honored to serve an additional two year term on the BAC Board. Over the past four years she has played a key role in BAC's move to collecting ride payments by credit card, and strengthening BAC's governance and internal administrative practices. She has extensive Board experience in a wide range of different organizations (social clubs, professional organizations, a charity, special purposed boards defined by provincial legislation) and was the chair or president at some point on five of the eight other Boards she has been on over the past thirty years. She has led or co-led five BAC tours over the past five years and is currently working to revive an orphaned ride on Canada's east coast for 2021.

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Marion has been riding bicycle tours (mostly with his wife, Alice) since 2001. The first were with tour companies such as America by Bicycle, Pedal Tours, and Experience Plus. In 2014 he joined BAC and has been committed to their tours since that time. He recognized two major advantages with BAC. First the participants were experienced riders and shared a love for cycling. Second, attracting experienced bike riders meant that the cost of unnecessary support could be avoided. This coupled with the non-profit structure of BAC make these tours the best value for the money!

Marion has participated in 8 BAC tours since 2014. Recently he has served as tour reviewer for two upcoming rides and is a member of the Central Review Committee.

He is a chemical engineer by profession and worked in various engineering and operations positions for BASF chemical company for 35 years before retiring. He has served on and held officer positions on several non-profit boards including Junior Achievement, Brazosport Community Foundation, and EPD, a small company dedicated to hiring handicapped employees. Currently he spends time cycling, playing clarinet in bands and orchestras, and participating in mission projects such as a church build in Alaska and water wells in Africa. As a board member he hopes to contribute in establishing policy and guidelines that will keep BAC an exciting and sustainable organization both now and in the future.

Candidate Profile—Ernest Coose (3 year term)

I've been an avid BAC fan for six years. Regina and I have pedaled our tandem through thirteen BAC tours, so far, in both the US and overseas. We've also toured New Zealand, Chile, and Russia outside of BAC. BAC continues to expand our world and bring us lifelong friendships. I fully support BAC's philosophy of "Friends leading friends on rides". However, I recognize that hardworking people behind the scenes have been keeping the gears turning to make that feasible for the rest of us. It's time for me to give back too. I plan to do so by helping to share the load with BAC board members who keep our great club going.

In the pre-retirement world, my background included careers managing financial operations and product support teams in software, telecom, and banking companies. I've retired my CPA license.

In BAC, I've been a frequent contributor of Tripper reports. I'm the Ride Coordinator for the Dallas Area Tandem Enthusiasts. I also volunteer with Spokes for Folks, reconditioning bicycles for folks who can't afford to buy them.

As a board member, I hope to ensure that many future members will have the opportunity to enjoy great BAC tours with friends, as I have.

JANUARY 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

The Board has given its final approval to a number of changes to the Ride Leader Policies and Guidelines. The key changes include:

- Ride leaders need to proactively determine if there are potential conflicts of interest with the tour they are planning and get in touch with the leaders who may be impacted.
- The Cancellation Policy has been modified. The BAC Ride Registration Fee and Payment Processing Fee will only be refundable if the tour is cancelled because the number of participants registered is less than the minimum established for the tour. Full refunds in other cases will only be considered on a case by case basis.
- The elimination of a cap on the ride leadership costs except that if a member of the leadership team travels to/from a tour by air, they may only claim the costs of an economy

airfare and that a justification is required if the least expensive means of travel is not used to travel to/from a tour.

- The Budget Worksheet and Final Accounting Form (BWFA) has been revised and a description of it has been included. Ride leaders will be free to use any format they wish to develop their budget and detailed expenses and can substitute their own worksheets in lieu of those developed by BAC. Sufficient information must be included to clearly show how major costs were estimated and expenses incurred to facilitate full transparency with participants. An optional tab has been included to calculate the additional refund or changes for individual participants who didn't participate in the full tour.
- An affirmative vote from a minimum of two-thirds of the current Board members is required to approve a tour.
- BAC will send funds to any person or business identified by a ride leader. It will also send out the final refunds if requested.
- Changes to the wording on how to deal with disruptive participants.

The revised Ride Leader Policies and Guidelines and the BWFA workbook are available from the BAC Website under the Docs tab. Comments on these documents are always welcome and can be sent to office@bicyleadventureclub.org.

A change to the Board Policies was approved in principle in January to address changes in how the Ride Management Committee is now structured. The revised document is available from the BAC Website under the Docs tab. If you have any comments about this proposed change, please send them to office@bicyleadventureclub.org by February 22, 2020.

Following the Annual General Meeting at the end of this month, the Board will hold several days of meetings to develop its plans for the coming year. If there is anything you think that the Board should consider in terms of policies or website enhancements, please send your comments to office@bicyleadventureclub.org.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in December 2019. If they live near you give them a call.

Ann Binnian, Anchorage, AK
Kenneth Kay, Narberth, PA
Peter Mattisson, Lafayette, CO
Roz and Paul Diehl, Boulder, CO
Doreen Brown, Sacramento, CA
Margo MacDonnell, Boulder, CO
Dennis Sevela, Albuquerque, NM
Adrienne Lamb and Robert Johnston, Calgary, AB
Catherine Kling, Darien, CT
Kate and Brian Begeman, Dexter, MI
Daniel and Jennifer Pendleton, GENOA, NV
Susan Rosenberg, PGH, PA
Roger Register and Kelly Sisario, Black Mountain, NC
Wayne Hiller, Hackettstown, NJ
Fran Rulon-Miller, SALIDA, CO
Bob and Anna Litchfield, Gilbert, AZ

Dale Brown, Albany, CA
Joseph Florian, Dublin, OH
Terese Grazevich, Sussex, NJ
Sean Vargyai, Sarasota, FL
Lee Walters, Redding, CT
Karen LeCocq, Dillon, CO
Matthew Cohen, Seattle, WA
Carol Realini, Durango, CO

BREAKING NEWS - The next Ride Leader Seminar has just been announced to be held in Bremerton, WA on 8/28 & 29. Come rub elbows with experienced leaders and learn the do's and don't about leading tours. There have been three rides approved already by participants in October's Seminar and there are more in the works. See the ride description just posted.

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

2020 Ride Leader Seminar Aug 27-29, 2020 Seminar Coordinators: Maria Nelson & Joan Feerick. Start Location: Bremerton, WA. Finish Location: Bremerton, WA.

Ultimate Vietnam - Saigon to Hanoi Mar 7-23, 2021 Ride Coordinator: Alex Granas in conjunction with Spice Roads. Start Location: Ho Chi Minh City. Finish Location: Hanoi. Ride Rating: 3B!

White Villages of Andalusia April 15-29, 2021. Ride Coordinator: Judy Willard in conjunction with Spice Roads. Start Location: Granada, Spain. Finish Location: Malaga, Spain. Ride Rating: 3B!

Netherlands-Cities, Canals and Windmills May 17-31, 2021. Ride Coordinator: Marita Moberg in conjunction with Dutch Bike Tours. Start Location: Amsterdam. Finish Location: Amsterdam. Ride Rating: 1B.

West of England 2021 June 13-26, 2021 Ride Coordinator: George Eliis in conjunction with Iron Donkey Bicycle Tours. Start Location: Wells, UK. Finish Location: Blunsdon, UK. Ride Rating: 2B!

Northern Spain: La Rioja and Basque Country 2021 June 16-July 2, 2021. Ride Coordinator: Clarice Sackett in conjunction with Iberocycle. Start Location: Bilbao, Spain. Finish Location: Bilbao, Spain. Ride Rating: 3B!

Pacific Islands of the Northwest June 24-July 6, 2021. Ride Director: Warner Griswold & Garry Clifton. Start Location: Sidney, BC , Canada. Finish Location: Sidney, BC , Canada. Ride Rating: 2B.

Rides with Space Available

- Tucson Sunshine and Saguaros Mar 7-14, 2020!! [Two spots just opened for the popular Spring bike trip!](#)
- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C [Space for two people to share a room](#)
- Flowers in the Hills 2020 Mar 29, 2020 - Apr 6, 2020 2B
- Paso Robles Ramble 2020 Mar 29, 2020 - Apr 4, 2020 3B
- Tuscany: From Sun to Sea May 18, 2020 - May 30, 2020 2B [Space for a single male to share a room](#)
- Upstate New York Sampler May 18, 2020 - May 26, 2020 1B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [Space for a single male to share a room](#)
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B [Space for a single male to share a room.](#)
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B
- Glacier National Park Bike & Hike 2020 Jul 11-25 2020 [Space just opened up for a single female to share a room.](#)
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A [Space for a single male to share a room.](#)
- Historic Roaring Fork Valley Aug 10, 2020 - Aug 20, 2020 2A [Space for two people to share a room](#)
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13-27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Blue Wall of the Carolinas 2020 Oct 4, 2020 - Oct 16, 2020 3B
- Pacific Coast, Redwoods and Silicon Valley Oct 4, 2020 - Oct 13, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
- New Zealand South Island Off Road Highlights 2021 Jan 11, 2021 - Jan 26, 2021 2B
- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B

- Bike and Barge: Amsterdam to Bruges May 1, 2021 - May 15, 2021 1A
- Sierra Tahoe 2021 May 15, 2021 - May 29, 2021 2C
- Bike and Barge: Bruges to Paris May 15, 2021 - May 29, 2021 1A
- Catalonia - Salvador Dali and Costa Brava May 29, 2021 - Jun 12, 2021 2B
- Tour de Victoria-Encore Jul 3, 2021 - Jul 11, 2021 2B
- Epic Europe Bike and Hike Aug 9, 2021 - Sep 14, 2021 2B

BREAKING NEWS - The next Ride Leader Seminar will be held in Bremerton, WA on 8/28 & 29. Come rub elbows with experienced leaders and learn the do's and don'ts about leading tours. There have been three rides approved already by participants in the October 2019 Seminar and there are more in the works. See the ride description just posted.

ARE YOU INTERESTED?

Belgium 2021: Bridgette DeShields and Ramona Turner are planning a ride in the Flanders region of Belgium, starting in Bruges and passing through Oudenaarde, Ghent, Antwerp, and Leuven and exploring Mechelen and the blossoms of Haspengouw. Preliminary dates are May 8-22, 2021 (2 weeks). The ride will likely be rated a 2B with longer and more challenging options. And beer-lovers will not want to miss the brewery routes! The ride will include multiple days in each location so you can enjoy a day off the bike. This is not a bike and barge trip, but we will be riding along rivers and canals. Please contact me if you have any questions or are interested in this ride: bridgettedeshields@sbcglobal.net

Sonoma County, CA 2021: Bridgette DeShields and Ramona Turner are planning a ride in their own backyard, in the beautiful hills, redwood forests, valleys, vineyards, and coastlines of Sonoma County, California. Preliminary dates are June 18-30, 2021 (12 days). The ride will likely be rated a 2B or 2C with longer and more challenging options as well as flatter shorter options each day. The choices are limitless! The ride will include multiple days in each location so you can enjoy a day off the bike. There will be opportunities to taste wine and local microbrews (which are almost as plentiful as wineries now) and attend free summer music events and local farmer's markets. Locations include: Petaluma, Santa Rosa, Windsor and Geyserville, CA. Please contact me if you have any questions or are interested in this ride: bridgettedeshields@sbcglobal.net.

MEMBERS CORNER

Lightening R-84 lightweight recumbent owned by a rider 5'7", full carbon volcano red frame, SRAM Red components. Velocity 650 rear wheel, 20" front wheel, full suspension, 10-speed triple crank. Weight: 22 lbs. Price: \$2200. Full description and photos available from Marianne at mbrems@gmail.com

For sale Large touring bike. The frame is a custom steel Michael Johnson. It has eyelets in the frame for front and rear racks and three water bottles. I had the S&S couplers added last year and the frame repainted. It comes with a "suitcase" that is not oversized luggage, front and rear racks (they do not fit in the suitcase) and paniers. It has an Ultrategra 9 speed drive train with a front triple. The suitcase has rear wheels. The bike and all tools needed to reassemble fit in the case. The cranks will need to be replaced but can be ridden. Frame size by tube top 60 cm, seat post 62, drop 65, top of seat to peddle down stroke 95 cm. I'm 6' 3" with a 34 in inseam. I will send pictures upon request. tellis1955@gmail.com. Asking \$1000 OBO

2011 Trek Madone 4.5 with Shimano 105 components, 54cm. This is a one owner bike. The bike was ridden less than two years. The bike is blue and black with white accents. The bike is located in Oregon. Asking \$395/ or make offer. Estimates on shipping depends on location and can run from \$60 to \$170 dollars. Any questions please contact Peter at Petkep@comcast.net

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters &, front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof), plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. . Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact: Barry Pullen pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

Nancy Bohnett-BAC Office Manager
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Hello BAC Members,

Welcome to the March 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

MARCH 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Impact of COVID-19 on Upcoming Tours

The impact of COVID-19 on upcoming tours is currently unknown. This is an emerging, rapidly evolving situation that has never been seen before. No one knows how it will evolve or how long it will last.

Therefore, we encourage club members who are scheduled for upcoming trips to be patient and as flexible as possible.

The Board is advising ride leaders to hold off on decisions to cancel tours or pay any more in deposits, and to canvas suppliers to determine under what conditions any portion of deposits would be refundable or could be applied to a future tour.

It's possible that if trips must be cancelled, it won't be possible to recoup costs already incurred and these costs will have to be absorbed by participants.

Just in case, we recommend you check your trip cancellation insurance. You may be eligible for relief if the State Department issues a Level 3 (Reconsider Travel) or Level 4 (Do Not Travel) advisory for your planned country and for the time period your trip is scheduled. Note that airlines are more likely to offer refunds when they cancel flights because it's clear that travel cannot occur. This may include non-refundable tickets.

The Board has scheduled a teleconference with ride leaders for Wednesday, March 11, 2020 to discuss the situation and hear their concerns. We'll continue to coordinate with leaders on this rapidly evolving situation. You can anticipate receiving updates from your ride leaders, and on the Breaking News section on BAC's homepage.

2020 Ride Leaders Seminar

August 27-29, 2020, Bremerton, WA (near Seattle). If you've ever thought about leading a BAC ride but weren't sure where to start, this is your opportunity to find out! While the seminar is primarily for BAC members who have not yet led a ride, it is also helpful for those who have led BAC rides and want more training on the various skills and tools to lead a successful BAC tour. All the presenters will be experienced BAC ride leaders. Comments from the 2019 seminar included:

It was an excellent seminar. Tom, Julie and Elizabeth were truly amazing!

Thank you for the informative and well-presented seminar. I especially liked the hands-on group project.

The experiences of the course leaders was invaluable, a resource that should be captured as a webinar or recording. They are all entertaining, engaging, very approachable, willing to answer all sorts of dumb questions, and have a great sense of humor.

Elizabeth, Tom, and Julie are inspiring and creative BAC leaders and advocates. I found the training to be informative and essential, and I am now jazzed up to begin contemplating putting together a ride.

The instructors from the 2019 seminar are expected to be back to lead the 2020 seminar.

Annual General Meeting and Board Retreat

BAC's Annual General Meeting was held February 27, 2020 in Tucson, AZ. Over thirty members were present including Board members. Elizabeth Buckingham, Marion Campbell and Ernie Coose were elected to the Board by the membership. The Club's financial statements were accepted and are now available on the BAC website in the General Documents section under the Docs tab. A summary was also provided of the Club's achievements in 2019:

- The Board spent much of its time implementing the recommendations of the consultant who spent a day with them in February 2019 (Board governance framework and engaging staff/contract resources and the membership more in the day-to-day operations) and in implementing the recommendations coming out of the November 2018 membership survey (changes to the amounts permitted for ride leadership costs).
- Operationally, 2019 was BAC's most successful with 63 tours (27 domestic and 36 overseas) and a ride leaders seminar.

The Board spent the next two days in meetings planning for the coming year. How to respond to COVID-19 consumed a lot of time. 2020 may prove to be a very challenging year. We expect that some tours may have to be cancelled due to "Do Not Travel" advisories from the State Department.

Several initiatives for the coming year were agreed upon including:

- ***Design of a new BAC jersey.*** It's at over five years since the latest iteration of the BAC jersey was first made available. We are looking for volunteers to help design a new jersey. If you are interested, please get in touch with Jan Erickson, bacjan50@gmail.com.
- ***Addition of new commercial tour companies to BAC's list.*** Have you taken a tour with a commercial tour company that you feel fellow BAC members would enjoy? If so, send the details to Glenn Rudolph (Gerudolph@gmail.com) or Barb Rudolph (rudolph.barb@gmail.com) and they will follow up to see if the company is interested in working with our ride leaders to provide tours for BAC members.
- ***Development of Members' Frequently Asked Questions.*** A section will be added to the website to address members' questions. Do you have a question you'd like to see answered? If so, send it in to Jan Erickson (bacjan50@gmail) or Elizabeth Buckingham (elizabeth.bac@bell.net).

Board member primary responsibilities for the coming year will be:

Board Chair: Elizabeth Buckingham

Secretary: Brenda Cole

Treasurer: Ernie Coose

Chair, Membership Relations Committee: Jan Erickson

Chair, Policy Committee: Marion Campbell

Chair, Ride Management Committee: Tom Leever

Chair, Website Committee: Jim Yuhn

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Feb 2020. If they live near you give them a call.

Susan Wallen, Jersey City, NJ
Pat and Sue Flanary, Eureka, MT
Paul C. Gafford, Pawtucket, RI
Marilyn Manco-Johnson, Denver, CO
Lori and Phil Sommer, Newark, CA
James Rauh and Cheryl Bellin, Winthrop, WA
MaryNoel Czernyk, Englewood, FL
Charles Spaeth and Rebecca Brown, Seattle, WA
Misty Dragon, San Diego, CA
Sylvia Ronceray and Gary Wilton, Kelowna, BC
Mark Pankin, Alexandria, VA
Margaret Foxman, Stony Point, NY
John Clements, Clackamas, OR
Dennis Ohnstad, Longmont, CO
Newbury Kim, Oakley, CA
MarcieK Weil, Clarksville, MD

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

The Best of the New York Finger Lakes June 5-18, 2021

Ride Directors: Charles & Joan Feerick. Start Location: Rochester, NY. Finish Location: Rochester, NY. Ride Rating: 2B!

Unlock the Secrets of Sonoma County June 19-30, 2021. Ride Directors: Bridgette DeShields and Ramona Turner. Start Location: Santa Rosa, CA. Finish Location: Geyserville, CA Ride Rating: 2B!

Croatia Island Tour Sept 15-Oct 4, 2021. Ride Coordinator: Warner Griswold in conjunction with Sitnica Tours. Start Location: Trieste, Italy. Finish Location: Dubrovnik Croatia. Ride Rating: 3B!

Rides with Space Available

- Paso Robles Ramble 2020 Mar 29, 2020 - Apr 4, 2020 3B
- Corsica - The Beautiful One Apr 30, 2020 - May 13, 2020 4A
- Upstate New York Sampler May 18, 2020 - May 26, 2020 1B [Space for a single female to share a room](#)
- Lakes and Mountains of Haute Savoie June 2-16, 2020!! [Two spots just opened for 2 people to share a room.](#)
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [Space for a single male to share a room](#)
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A [Space for a single male to share a room](#)
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Historic Roaring Fork Valley Aug 10, 2020 - Aug 20, 2020 2A [Space for two people to share a room](#)
- 2020 Ride Leader Seminar Aug 27, 2020 - Aug 29, 2020 1A
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B [Space for a single female to share a room](#)
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13-27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Pacific Coast, Redwoods and Silicon Valley Oct 4, 2020 - Oct 13, 2020 2B [Space for a single female to share a room](#)
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
- New Zealand South Island Off Road Highlights 2021 Jan 11, 2021 - Jan 26, 2021 2B [Space for a single male to share a room](#)

- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B
- Ultimate Vietnam - Saigon to Hanoi Mar 7, 2021 - Mar 23, 2021 3B
- White Villages of Andalusia Apr 15, 2021 - Apr 29, 2021 3B
- Bike and Barge: Amsterdam to Bruges May 1, 2021 - May 15, 2021 1A
- Sierra Tahoe 2021 May 15, 2021 - May 29, 2021 2C
- Bike and Barge: Bruges to Paris May 15, 2021 - May 29, 2021 1A
- Catalonia - Salvador Dali and Costa Brava May 29, 2021 - Jun 12, 2021 2B
- West of England 2021 Jun 13, 2021 - Jun 26, 2021 2B
- Northern Spain: La Rioja and Basque Country 2021 Jun 16, 2021 - Jul 2, 2021 3B
- Epic Europe Bike and Hike Aug 9, 2021 - Sep 14, 2021 2B

BREAKING NEWS - The next Ride Leader Seminar will be held in Bremerton, WA on 8/28 & 29. Come rub elbows with experienced leaders and learn the do's and don'ts about leading tours. There have been three rides approved already by participants in the October 2019 Seminar and there are more in the works. See the ride description just posted.

MEMBERS CORNER

Lightening R-84 lightweight recumbent owned by a rider 5'7", full carbon volcano red frame, SRAM Red components. Velocity 650 rear wheel, 20" front wheel, full suspension, 10-speed triple crank. Weight: 22 lbs. Price: \$2200. Full description and photos available from Marianne at mbrems@gmail.com

For sale Large touring bike. The frame is a custom steel Michael Johnson. It has eyelets in the frame for front and rear racks and three water bottles. I had the S&S couplers added last year and the frame repainted. It comes with a "suitcase" that is not oversized luggage, front and rear racks (they do not fit in the suitcase) and panniers. It has an Ultrategra 9 speed drive train with a front triple. The suitcase has rear wheels. The bike and all tools needed to reassemble fit in the case. The cranks will need to be replaced but can be ridden. Frame size by tube top 60 cm, seat post 62, drop 65, top of seat to peddle down stroke 95 cm. I'm 6' 3" with a 34 in inseam. I will send pictures upon request. tellis1955@gmail.com. Asking \$1000 OBO

2011 Trek Madone 4.5 with Shimano 105 components, 54cm. This is a one owner bike. The bike was ridden less than two years. The bike is blue and black with white accents. The bike is located in Oregon. Asking \$395/ or make offer. Estimates on shipping depends on location and can run from \$60 to \$170 dollars. Any questions please contact Peter at Petkep@comcast.net

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters & front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof),

plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. .
Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact:
Barry Pullen pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

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Hello BAC Members,

Welcome to the April 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

Mailing Addresses With many rides being cancelled and the need to send out refund checks we are asking at this time you go to our website to check to see that we have your correct mailing address on file. To do this, go to My Profile at the top of the page and click on View/Edit Profile to view your contact information and be sure it is up to date.

APRIL 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Impact of COVID-19 on Upcoming Tours

Since the onset of COVID-19, the BAC Board has been working closely with ride leaders on the Club's responses. Several principles have been guiding us:

- Neither the Board nor ride leaders want any member's health to be put unduly at risk while participating in a tour or travelling to/from.
- As we are a club, tour participants share costs and financial risks.
- The BAC Cancellation Policy which is included in every tour description states in general that refunds will depend on costs that can be recouped.
- Ride leaders decide whether to cancel or reschedule tours, in consultation with participants and the Board.

What does this mean for upcoming tours?

Canceled or Rescheduled Tours:

Ride leaders are working hard to minimize costs that cannot be recouped, such as commercial tour company or hotel deposits. Due to local business disruptions, it can take time to get clear answers on these. As soon as ride leaders have been able to quantify unrecoverable costs, they have been sending refunds for the balance. The Board has implemented new capability to generate refund checks in batch, for ride leaders who find this more convenient.

The Board is refunding the BAC and credit card processing fees for tours canceled due to COVID-19.

Tours Still in Active Status:

Ride leaders are generally making decisions one to two months before start dates. We recognize that this creates uncertainty for participants, but no leader wants to cancel and then determine several months later that it could have safely proceeded.

Proposed Tours:

Ride leaders continue to plan future tours, with support and coordination from the Board. We all appreciate their efforts and share their optimism that our wonderful club will resume normal operations soon. Leaders are making every effort to keep disbursements to vendors (hotels, etc.)

to a minimum until it becomes apparent that COVID-19 situation will not cause the trip to be cancelled.

Your understanding during this difficult time is appreciated. Wherever you are, stay safe.

Policy Changes

The Board has approved in principle the following change to the Ride Leader Policies & Guidelines:

- (p. 2) [text to be deleted in italics] A Ride Director is a BAC member who has received Board approval to lead a [*domestic or overseas*] non-commercially assisted ride for Club members.
- (p. 4) [new text is in italics]. **Directed or coordinated.** Generally all tours in the US and Canada must be directed; commercially assisted tours will not be approved *unless the tour will take place primarily north of the 60th parallel (e.g., in Alaska, Yukon, Northwest Territories or Nunavut).*

If you wish to provide comments on the planned changes, please send them to the office (office@bicycleadventureclub.org) or to Marion Campbell (mwcampbell@earthlink.net) by April 14, 2020.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in March 2020. If they live near you give them a call.

Susan Nimmanheminda, Lafayette, CO
Ellen Schaefer, Muncy Valley, PA
Anna and Ralph Bell, Reno, NV
Lane Schiller, Aspen, CO
Rochelle Bowman, Santa Rosa, CA
Blair and Dan Pleasant, Santa Rosa, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Fun in the Sun: Fort Myers to Key West, FL Feb 7-16, 2021. Ride Directors: Barb & Glenn Rudolph. Start Location: Fort Myers, FL. Finish Location: Fort Myers, FL. Ride Rating: 1C!

Belgium: Cuisine and Culture May 8-21, 2021 Ride Directors: Bridgette DeShields & Philip Spadaro. Start Location: Bruges, Belgium. Finish Location: Leuven, Belgium. Ride Rating: 2B!

Madagascar, An African Adventure Aug 2-16, 2021. Ride Coordinator: Rob Deering in conjunction with Spice Roads. Start Location: Antananarivo, Madagascar. Finish Location: Antananarivo, Madagascar. Ride Rating: 3B.

Rides with Space Available

- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Glacier National Park Bike & Hike 2020 Jul 11-25, 2020 2B! [Space for a single female to share a room](#)
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Historic Roaring Fork Valley Aug 10, 2020 - Aug 20, 2020 2A [Space just opened up for two to share a room](#)
- 2020 Ride Leader Seminar Aug 27, 2020 - Aug 29, 2020 1A
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B
- Tuscany: From Sun to Sea Sep 12, 2020 - Sep 24, 2020 2B
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13 27, 2020 3B
- Cancelled - Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Bike Hike the Fall Colors in Carbondale Colorado Sep 29, 2020 - Oct 6, 2020 2B
- Pacific Coast, Redwoods and Silicon Valley Oct 4, 2020 - Oct 13, 2020 2B
- Crete, a Greek Adventure 2020 Oct 10, 2020 - Oct 20, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
- New Zealand South Island Off Road Highlights 2021 Jan 11, 2021 - Jan 26, 2021 2B [Space for a single male to share a room](#)
- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B
- Ultimate Vietnam - Saigon to Hanoi Mar 7, 2021 - Mar 23, 2021 3B
- White Villages of Andalucia Apr 15, 2021 - Apr 29, 2021 3B
- Bike and Barge: Amsterdam to Bruges May 1, 2021 - May 15, 2021 1A
- Sierra Tahoe 2021 May 15, 2021 - May 29, 2021 2C
- Bike and Barge: Bruges to Paris May 15, 2021 - May 29, 2021 1A
- Catalonia - Salvador Dali and Costa Brava May 29, 2021 - Jun 12, 2021 2B
- West of England 2021 Jun 13, 2021 - Jun 26, 2021 2B
- Northern Spain: La Rioja and Basque Country 2021 Jun 16, 2021 - Jul 2, 2021 3B
- Unlock the Secrets of Sonoma County Jun 19, 2021 - Jun 30, 2021 2B
- Epic Europe Bike and Hike Aug 9, 2021 - Sep 14, 2021 2B

- Croatia Island Tour Sep 15, 2021 - Oct 4, 2021 3B

NEW BAC RIDE LEADERS

Glenn and Barb Rudolph love to ride and especially with other like-minded people! Although they now ride tandem, they used to ride and race singles. They are no strangers to cycling tours: road, gravel and mountain biking. Their portfolio of tours and rides includes: America North Cross Country, Ride the Rockies, Colorado Rocky Mountain Bicycle Tours, Triple Bypass, Fort Myers to Key West, Gap and C&O trails, BAC Adirondacks, Hotter than Hell 100, MS 150, Durango to Moab Hut to Hut, and several tandem rallies. They have been members of BAC for 3 years, Plano Bicycle Association for 14 years and Dallas Area Tandem Enthusiasts for 6 years. They look forward to leading tours for BAC, sharing their passion for riding, physical activity and playing outside while making new friends.

They will be leading Fun in the Sun: Fort Myers to Key West, FL Feb 7-16, 2021.

MEMBERS CORNER

Sue Miller, 96, passed away on Wednesday, Jan. 22, 2020, after a short illness.

Sue was a Bicycling enthusiast who began biking after retirement from her accounting career. Retirement gave her the opportunity to pursue bicycling with enlarged scope, starting in a big way at the age of 60 with a cross-country journey. She was a BAC board member in 1989/90 and spent the next 20 years bicycling throughout the United States and all over the world, having adventures and journeys that challenged her, taught her new things, and brought her into fellowship with many dear and longtime friends. She will be missed by many.

998 Santana Tandem “Arriva” Medium Size: Medium Should fit captain (front person) from 5’6” to 6’1” and stoker (back person) from 5’2” to 6’0”. Original Owner in very good condition. In Washington State \$850 . Pics and specs with request. fottodoc@gmail.com

For Sale: DEAN titanium El Diente Road/Gravel/Comfort bike. Custom-built in 2014 for a 5’8” male. Bike features a Shimano Alfine Di2 electronic 11-speed hub with Gates belt drive and S & S couplers. Bike is in excellent condition with less than 1000 miles ridden.. Hard travel case included. \$7300 new, offered for \$3,500. Photos and detailed specifications available upon request. owen.lavin@me.com. Denver, CO area.

Custom-built Road Bike For Sale -SOMA Fabrications Chrome Moly frame (54cm) -Envy full carbon fork -SRAM Force 22 brakes and drivetrain -Compact crank set (50-34t) -11-32t SRAM Red cassette -Thomson carbon handlebars -Thomson stem -Thomson seat post -Mavic Kysium K10 wheel set (1340 grams) -Continental Grand Prix tires (25mm)-Pedals NOT included- 17 Lbs, 11ozs \$ 2200. Call Dave Thomson @ (719) 332-9354 For pix or more info, email: cociclista@gmail.com

Carbent Traveling Raven and Scicon Aerotech bike case in excellent condition owned by a rider 5'7", full carbon frame breaks apart for travel, Velocity 700c rear wheel, 650c front wheel, SRAM X0 3x10 Twist Shifter Set, SRAM 11-36 cassette. Extras. Weight 19.5 lbs. Price: \$2350 w/o case. Full description and photos available from Marianne at mbrems@gmail.com.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2020 – use discount code bacrocks2020. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer:

Step 1: Log in or sign up for a free account at www.ridewithgps.com

Step 2: Visit www.ridewithgps.com/access_tokens/use

Step 3: Enter in the following BAC discount code: bacrocks2020

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Hello BAC Members,

Welcome to the May 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

MAY 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Impact of COVID-19 on BAC

The BAC Board continued working closely with ride leaders during April on the Club's response to COVID-19. Many of the tours originally scheduled for 2020 have now been rescheduled or cancelled including all tours in the US up to the end of June and all overseas tours to the end of July. The number of cancellations is having quite a negative impact on BAC's finances for 2020. The deficit for the year could easily exceed \$150,000. Fortunately the Club has sufficient unrestricted reserves to handle a one time deficit of this magnitude. Depending on how long discretionary travel is discouraged, however, there will be challenges since we are almost totally dependent on membership and ride participation fees. These revenues could fall by 80 percent or more in 2020 from what was budgeted just two months ago. Our administrative and office overhead costs which typically run at less than six percent of the total ride revenues processed annually continue. All expenses will be reviewed closely to see what can be avoided or deferred. Some expenditures will need to continue.

A survey of the membership is expected to be launched before the middle of May. It is designed to collect information on:

- Online events that members might be interested in participating in while travel is restricted;
- Members' future travel plans with BAC;
- Members' perspectives on options for increasing BAC's revenues and/or decreasing its expenses; and
- Ride leaders' timing for proposing a future tour.

Please take the time to complete the survey when a link is sent to you. The information will help to inform the Board's decision making over the coming months.

As a result of a recent video conference with ride leaders scheduled to lead tours later this year outside of the US, the Board will be striking an ad hoc Member committee to develop criteria for use in determining whether a tour should proceed in light of the current COVID-19 pandemic. We are looking for club members to help out with this committee, in particular those members with public health experience and/or experience as a ride leader. The target will be to have something developed that can be made available for comment by the membership by the end of May. If you would be interested in working on this committee, please get in touch with the office (office@bicycleadventureclub.org) or Marian Campbell (mwcampbell@earthlink.net).

Policy Changes

The Board gave final approval to the following change to the Ride Leader Policies & Guidelines at its April 22, 2020 teleconference:

- (p. 2) [text to be deleted in italics] A Ride Director is a BAC member who has received Board approval to lead a [*domestic or overseas*] non-commercially assisted ride for Club members.
- (p. 4) [new text is in italics]. **Directed or coordinated.** *Generally all tours in the US and Canada must be member directed; commercially assisted tours will not be approved unless the tour will take place primarily north of the 60th parallel (e.g., in Alaska, Yukon, Northwest Territories or Nunavut).*

As a result of this change, commercially assisted tours in Alaska and the Canadian north will be permitted. This was done primarily because the logistics associated with organizing a tour here are significantly more challenging than in the rest of the US or Canada.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in April 2020. If they live near you give them a call.

Susan McFaddin, Fort Collins, CO
Nathalie Guerin, Lauzerville, France
Rebecca and Hugh Reeves, Fredericksburg, TX
Larry Linzer and Debra Linzer, Pearland, TX

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Noto Peninsula and the Japan Alps Oct 19-30, 2021 Ride Coordinator: Albert Balingit in conjunction with Cycling Japan. Start Location: Kanazawa, Japan. Finish Location: Gifu, Japan. Ride Rating: 2B!

Kyushu and Yakushima Island Nov 7-18, 2021. Ride Coordinator: Albert Balingit in conjunction with Cycling Japan. Start Location: Yufuin, Kyushu, Japan. Finish Location: Yakushima Island, Japan. Ride Rating: 3C!

Rides with Space Available

- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B
- Tuscany: From Sun to Sea Sep 12, 2020 - Sep 24, 2020 2B
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13- Sep 27, 2020 3B

- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Pacific Coast, Redwoods and Silicon Valley Oct 4, 2020 - Oct 13, 2020 2B
- Crete, a Greek Adventure 2020 Oct 10, 2020 - Oct 20, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
- New Zealand South Island Off Road Highlights 2021 Jan 11, 2021 - Jan 26, 2021 2B
- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B
- Ultimate Vietnam - Saigon to Hanoi Mar 7, 2021 - Mar 23, 2021 3B
- White Villages of Andalucia Apr 15, 2021 - Apr 29, 2021 3B
- Bike and Barge: Amsterdam to Bruges May 1, 2021 - May 15, 2021 1A
- Belgium: Cuisine and Culture May 8, 2021 - May 21, 2021 2B
- Sierra Tahoe 2021 May 15, 2021 - May 29, 2021 2C
- Bike and Barge: Bruges to Paris May 15, 2021 - May 29, 2021 1A
- Aosta 2021 May 26, 2021 - Jun 6, 2021 4B
- Catalonia - Salvador Dali and Costa Brava May 29, 2021 - Jun 12, 2021 2B
- West of England 2021 Jun 13, 2021 - Jun 26, 2021 2B
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MEMBERS CORNER

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Custom-built Road Bike For Sale -SOMA Fabrications Chrome Moly frame (54cm) -Envy full carbon fork -SRAM Force 22 brakes and drivetrain -Compact crank set (50-34t) -11-32t SRAM Red cassette -Thomson carbon handlebars -Thomson stem -Thomson seat post -Mavic Kysium K10 wheel set (1340 grams) -Continental Grand Prix tires (25mm)-Pedals NOT included- 17 Lbs, 11ozs \$ 2200. Call Dave Thomson @ (719) 332-9354 For pix or more info, email: cociclista@gmail.com

Carbent Traveling Raven and Scicon Aerotech bike case in excellent condition owned by a rider 5'7", full carbon frame breaks apart for travel, Velocity 700c rear wheel, 650c front wheel,

SRAM X0 3x10 Twist Shifter Set, SRAM 11-36 cassette. Extras. Weight 19.5 lbs. Price: \$2350 w/o case. Full description and photos available from Marianne at mbrems@gmail.com.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2020 – use discount code bacrocks2020. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer:

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Hello BAC Members,

Welcome to the June 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

JUNE 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

May 2020 will certainly be a month to remember! Like many of you, over half the Board was planning to be in Europe on a BAC tour. Alas, we found ourselves at home thinking about how future BAC tours may need to be adapted for a COVID-19 world and how members could still interact with each other in the absence of tours. Significant progress has been made on both of these. Zoom meetings have become the bane of our existence!

COVID-19 and BAC Tours

Last month a request went out for volunteers to serve on an ad hoc committee to develop criteria for use in determining whether a tour should proceed in light of the current COVID-19 pandemic. Albert Balingit, Bridgette DeShields, Mark Hauswald, Dave Docter, Margaret Kavanagh, Beverley Franks and Nancy Kerr responded to the call. We now have a very solid first draft that provides guidance on considerations when planning a tour; the conditions that must exist before an approved tour can proceed; and what needs to be done on a tour that is proceeding to address the risks of potentially contacting COVID-19. Feedback has already been obtained through a video conference with over 40 ride leaders. Some process issues still need to be resolved but we are very hopeful that it will be possible to release the guidelines to the membership in the not too distant future so you will have a better sense of the changes on tour that will help to better protect your health. Kudos to the committee chaired by Board member Marion Campbell for the speed at which the document was drafted.

Member Activities

Many thanks to the more than 750 members who took the time to respond to the membership survey that was sent out May 6th. The response rate of over 37% is at the high end for this type of survey. It was very reassuring to see how many of you value BAC and want to see it continue amidst the current challenges. I believe that working together, we can all make this happen. The survey results have not as yet been fully tabulated but some preliminary results are available. Based on these results, the Board decided at its most recent meeting that:

- The Membership Relations Committee (Jan Erickson, Chair) will coordinate monthly travelogues featuring slideshows from previous tours with the ride leader and/or previous participants providing commentary/answering questions. Eighteen different ride leaders/leadership teams have volunteered to date to be a speaker. Once the logistics for this are finalized, we'll have more information out to you.
- The Ride Leader Training and Development Committee (Tom Leever, Chair) will take a look at developing some training on how to use Ride with GPS from both a ride leader and a member's perspective.
- Planned ride leader training will be delivered online for the foreseeable future. The Ride Leader Training and Development Committee hopes to have the training broken down

into modules so that it can be delivered in up to two hour individual segments over the course of a week. They are currently targeting November 2020 for this.

- The 2021 Annual General Meeting (AGM) currently scheduled for the end of February will be conducted virtually. Over 95% of those who responded to the survey strongly agreed or agreed with this as a cost saving option. It will also enable more of you to participate than has been possible in the past. The Board meetings that follow the AGM will also be conducted virtually.

Policy Decisions

- In early January of this year, the Board changed *BAC's standard cancellation policy*. For all tours approved after about the first week of January the first sentence in the Cancellation Policy included in each ride description now reads: "The BAC Ride Registration Fee and Payment Processing Fees are not refundable unless the entire tour is cancelled because the number of participants registered is less than the minimum established for the tour." Effective June 1, 2020, this policy will be applied on a going forward basis to all members who make their initial payment for a tour notwithstanding what is written in the ride description. This will result in all members who make their initial deposit June 1st or later being treated the same way. Ride leaders should remind any new participants accepted on the tour of this before they move members to the Pending List.
- *Changes to the Ride Leaders Policy & Guidelines* were approved in principle. There are several references in Appendix D, Budget Worksheet and Final Accounting (BWFA) that indicate that claimed transportation costs are not to exceed the lesser of economy airfare plus travel to/from the airport, rental vehicle plus gas, or the mileage travelled by a personal vehicle reimbursed using the applicable GSA rate, unless the travel is preapproved by the Chair, Ride Management Committee. A footnote is being added to "economy airfare" to indicate "An economy airfare for the purposes of travel associated with a BAC tour is considered to be the most economical ticket within this category that balances cost with travel time and number of stopovers. Refundable tickets are not to be purchased without preapproval by the Chair, Ride Management Committee." If you have any comments on this proposed change, please send them to Elizabeth Buckingham (eb-bikes at ncf.ca) by June 15, 2020.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in May 2020. If they live near you give them a call.

Stan Nowakowski and Maura Schwartz, Washington, DC
Stacey and Ted Eicks, Spring, TX

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Flowers in the Hills 2021 April 4-12, 2021. Ride Directors: Becky and Charlie Hettinger. Start Location: Fredericksburg, TX. Finish Location: Fredericksburg, TX. Ride Rating: 2B.

Ireland - Southwest Peninsulas 2021 May 16-29, 2021. Ride Coordinator: Sue Smith in conjunction with Iron Donkey Bicycling Tours. Start Location: Killarney, Ireland. Finish Location: Tralee, Ireland. Ride Rating: 2B!

GAP and C&O Trails 2021 Oct 9-18, 2021. Ride Directors: Barb & Glenn Rudolph. Start Location: Cumberland, MD. Finish Location: Cumberland, MD. Ride Rating: 1C!

Rides with Space Available

- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Crete, a Greek Adventure 2020 Oct 10, 2020 - Oct 20, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B
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- The Best of Tasmania 2021 Feb 15, 2021 - Mar 2, 2021 3B
- Ultimate Vietnam - Saigon to Hanoi Mar 7, 2021 - Mar 23, 2021 3B
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- Croatia Island Tour Sep 15, 2021 - Oct 4, 2021 3B
- Kyushu and Yakushima Island Nov 7, 2021 - Nov 18, 2021 3C

ARE YOU INTERESTED?

SW Utah Sept. 2021? Need a cycling trip to look forward to? We think this State-side ride might give riders something to look forward to in this time of Covid-19. While it's been offered before, we hope this provides a few new twists and turns from previous renditions.

Come join us for a closed-loop ride in our adopted 'backyard' of SW Utah. This ride is planned for September 2021. We'll start/finish in St George; ride through Zion National Park, spend a night in historic Kanab, work our way to the North Rim of the Grand Canyon and finish the ride at Jacob Lake, AZ with a shuttle back to St George. This 10-day tour includes 2 nights in Springdale (gateway town to Zion) and 2 nights at the Grand Canyon North Rim. Hotel accommodations will be comfortable, unique, interesting and historical. The ride has paved trails, decent shoulders, bike-friendly signage, respectable climbs and 'bobble head' scenery of gorgeous red rock canyon landscapes. Six required riding days; 3 optional bike, hike, shop or rest days. Least mileage/elevation = 244 mile/15,375ft. A lot of opportunities to increase both mileage and elevation gain. Let us know if you're interested: Tennis & Trish Olson email: otrish54@gmail.com

*** This state-side ride is 15 months away. There is a much uncertainty regarding COVID-19. Clearly, we are hopeful between this posting and the ride date, our country (world) will be much more knowledgeable as to the impact of this contagious virus and we will adjust accordingly. ***

MEMBERS CORNER

Specialized Roubaix Comp Triple" road bike: All carbon---frame, fork, handle bars, cranks, seat post; M size, stand over height 30"; Shimano Dura Ace 27-speed components in front with chain rings 52-42-30 and Shimano XTR rear drive system with cassettes 11-34; Ultegra brakes .Mavic Ksyrium wheels with Hutchinson Fusion All Season 700X25 front tire and Continental 4 Season 700X23 rear tire. Specialized Avatar 143 saddle. SPD peddles. Accessories: Flight Deck computer, mirror, two bottle cages, pump, seat bag. \$1,700. Available in Columbia,MD. Call Dave (410) 916-3883

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Hello BAC Members,

Welcome to the July 2020 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

JULY 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

While most of BAC's planned 2020 tours have now been cancelled or rescheduled to 2021, and the number of new COVID-19 cases is being closely monitored in those locations where tours are still scheduled, BAC will be launching a series of Travelogues starting July 9th. We are blessed with the number of great photographers we have amongst our membership. This is a great opportunity to learn about new areas where you might want to travel or to relive a trip you've already been on. There will be two offerings on the second and fourth Thursday of every month for the foreseeable future via Zoom at 16:30 PT/17:30 MT/18:30 CT/19:30 ET. More information is provided on the offerings this month elsewhere in this Update. If you are interested in sharing the highlights of a trip you've been on or rides where you live please get in touch with Jan Erickson (bacjan50 at gmail.com).

2020 Ride Leader Training

Ride leader training this year will be delivered via Zoom through up to five two-hour modules in November. This is a great opportunity for any member who is thinking of leading a tour for the first time or for experienced ride leaders who may want to brush up on their skills. More details are provided elsewhere in this Update.

COVID-19 and BAC Tours

As announced in last month's Update, an ad hoc committee of club members have developed a framework to use to determine whether a tour can move forward in a way that meets government requirements and minimizes risk to participants, and if a tour can move forward, provides a framework for developing a COVID-19 plan to deal with the risk. Their document has been added to the Ride Leader Policies and Guidelines (RLPG) along with some other changes to the text as follows:

- COVID-19 considerations added to *Section III. Planning Your Tour* that detail some new considerations for ride leaders that need to be considered at the outset when planning a tour. (page 3)
- An additional paragraph added to the Ride Participant Responsibility section of the Ride Description (page 18). It recommends that participants review their medical coverage and assess whether it is sufficient. There is also guidance for participants to ensure that appropriate vaccinations are up to date.
- Reference made to new COVID-19 guidelines in Appendix E in *Section VI. After the Tour has been Approved* (page 20)
- In the subsection on disbursement requests in *Section VI. After the Tour has been Approved* (page 22), text has been added to encourage ride leaders to be cautious in making any non-refundable deposits.

- Appendix E: COVID-19 and BAC Tours. (page 46) This appendix is new and provides guidance on the conditions that should exist for a tour to proceed and the details that should go into a COVID Plan and the need to have participants sign an additional waiver.

A revised version of the RLPG is available under the DOCS tab of the BAC website [Ride Leader Policy and Guidelines with proposed revisions June 2020](#) with the proposed changes shown in red. If you have any comments on the framework or on any of the other proposed changes to the Ride Leader Policies & Guidelines, please send your comments to Marion Campbell (mwcampbell1 at earthlink.net) by Wednesday, July 22nd.

Other Policy Decisions

As announced in the June Update, changes to the Ride Leader Policies and Guidelines associated with eligible transportation costs for members of the ride leadership team had been approved in principle. The following footnote was added to the document to clarify what was meant by “economy airfare”: “An economy airfare for the purposes of travel associated with a BAC tour is considered to be the most economical ticket within this category that balances cost with travel time and number of stopovers. Refundable tickets are not to be purchased without preapproval by the Chair, Ride Management Committee.” Members were asked to provide feedback on the proposed changes by June 15, 2020. The proposed changes have now been approved by the Board and incorporated into the draft version of the RLPG which is available on the BAC website. The approved changes are in blue in Appendix D, Budget Worksheet and Final Accounting (BWFA), of the document.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in June 2020. If they live near you give them a call.

Diane Blas, Eagle River, AK
 Martha and CP Grosenick, Winthrop, WA
 Bernadette Irr, Virginia Beach, VA
 Michael Seaton, Longmont, CO
 James Sottile, Palmetto, FL

RIDE DESCRIPTION 2020 ON-LINE RIDE LEADER SEMINAR

OVERVIEW: If you want to lead a BAC ride but don't know where to start then participate in the BAC Zoom Ride Leader Seminar in five two hour sessions in November.

Dates: Tuesdays and Thursdays, 11/3, 5, 10, 12 and if necessary 17.

Time: 7:30 – 9:30 PM EST (4:30 – 6:30 PST) for each session.

The program will feature

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes, games, and activities.

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all

types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant learn how to access resources needed to propose and manage tours.

Our goal is that participants will master the knowledge and skills needed to successfully propose a ride within 12 months of completing the seminar and successfully lead the tour.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. If seminar registration reaches the maximum number of 50 participants, preference will be given to first-time ride leaders.

COST & ADMINISTRATION: The cost of the seminar is \$50 plus the BAC registration fee of \$50. **(The BAC fee will be refunded to participants who complete the seminar.)** This special rate of \$50 is provided to encourage members to consider giving back to the club by becoming Ride Leaders.

SIGN-UP: The Seminar is expected to be posted on 8/1/2020. If you want to reserve a spot early, email Tom Leever at tmleever@gmail.com.

TRAVELOGUES BAC Travelogues are starting this month! Join fellow BAC members as Friends lead Friends for Social Hour on Zoom! Virtual travelogues are being scheduled for the second and fourth Thursdays of the month beginning in July. A huge shout out to BAC members who volunteered to present through their survey responses. Anyone else interested in presenting is more than welcome. Please contact Glenn Rudolph to get on the schedule gerudolph@gmail.com

- *GAP and C&O Travelogue is July 9th at 4:30pm PST, use the link below to sign up.* Are you interested in learning about biking the C&O and GAP Rail Trails from Pittsburgh to Washington D.C.? Sign up on the link below to attend a Zoom Meeting where you can learn about the trail, history, sights to see, and the type of bike needed to cover the 335 mile trail. **The Zoom meeting details will be emailed to participants who signed up on Wednesday, July 8th.**
 - <https://www.signupgenius.com/go/10C0C44A4A82FA13-thegap>
- *Coast of Maine Travelogue is July 23rd at 4:30pm PST, use the link below to sign up.* Boats, beaches, breweries, lobsters, sea kayaking, whale watching, B&B's and a Maritime Museum are all part of the Maine coast end-of-summer tour. This tour goes up the coast of Maine, starting in Portsmouth NH (www.portsmouthnh.com) and ends in Bar Harbor. From Portsmouth, we head north to Old Orchard Beach with its famous 5-mile beach. Cycle past fields of wild blueberries and light houses perched on rocky shores. We pass Andrew Wyeth's famous landscape of Christina's World to arrive in Camden where

“the mountains meet the sea”. On the lay-over day here, you can take a short ferry to cycle the island of Islesboro, head to the water for a guided sea kayak adventure, or take a Windjammer day-sail in the Penobscot Bay. Check out: www.camdenme.org. Get up close and personal with lobstering at the water's edge in Port Clyde. Cycling ends in Bar Harbor with a 3-night mini-vacation. The Acadia Park offers a 57 mile network of granite carriage roads for non-motorized vehicles, established by John D. Rockefeller. Take in the Bubble Pond, Cadillac Mts., the Whale Museum and the famous views of Northeast Harbor. **The Zoom meeting details will be emailed to participants who signed up on Wednesday, July 22.**

- o <https://www.signupgenius.com/go/10C0C44A4A82FA13-coast>

TOURS

Rides with Space Available

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ARE YOU INTERESTED?

WANT TO LEAD A RIDE BUT NEED A CO-LEADER? I am willing to be a co-leader/helper for ANY upcoming trips!! I have been on a couple trips (co-lead one with many compliments from the riders) but do not yet feel ready to lead one on my own rides.

I would welcome the experience and exposure by helping out on as many trips as possible!

I am including my name and number (Betsy Laux; 970-232-8272; betsyfolkerth@gmail.com)

MEMBERS CORNER

Dr. Bill Deverell (Colorado Springs) passed away on June 11, 2020. Bill was a longtime BAC member, ride leader, and board member serving as chair in 2002 and 2003.

Bill and his wife Marne led the Mountains, Valleys, and Brewpubs, Colorado ride several times. He will be missed by many!

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Lbs, 11ozs \$ 2200. Call Dave Thomson @ (719) 332-9354 For pix or more info,
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AUGUST 2020 VIEW FROM THE CHAIR (Elizabeth Buckingham)

There are hopeful signs that BAC will be able to conduct tours again in the near term, at least in certain parts of the United States.

- According to data maintained by the Harvard Global Health Institute (<https://globalepidemics.org/key-metrics-for-covid-suppression/>), the number of new cases per 100K people in the American north-east is between 0.9 and 7.4 depending on the state, roughly 5-40% of what it is on average for the country as a whole. The number of new cases is comparable to the level of new cases in many of the countries where BAC has historically had tours. Ireland is reported at 0.3, Italy at 0.4, Germany and Japan at 0.6, the United Kingdom is at 0.9, France at 1.1, Canada at 1.3, Portugal at 2.0 and Spain at 3.8.
- Other cycling organizations have recently conducted multiday tours in the American North-East following COVID-19 protocols similar to what BAC has implemented.

Unfortunately, until the number of active COVID-19 cases in the United States falls significantly, it is unlikely that many countries will open their borders and welcome American tourists.

How is BAC adjusting to deal with this changed landscape?

- Many ride leaders are holding off on formally accepting new participants and/or pushing as late as possible the due dates for payments so that the costs associated with processing payments that may need to be refunded can be minimized.
- BAC is trying to reduce costs wherever feasible
 - The accident insurance policy that covers members when on trips outside the US was not renewed in April. It will be put back in place when it is clear that tours will resume again.
 - The foreign liability insurance policy has been cancelled. This will be put back in place when it is clear that tours will resume again.
 - Expenditures on accounting, legal, and web services are only being incurred if deemed essential. Plans have been developed to make changes that will permanently reduce the ongoing hosting costs for the website.
 - The Ride Leader Seminar will be conducted virtually in November eliminating the need to cover travel costs for the presenters and the subsidy that the club has historically provided to cover room costs, lunches, refreshment breaks, supplies, etc.
 - With a reduced level of activity, payroll costs are falling.
- The Board looked at applying for a forgivable loan under the Payment Protection Program (PPP). Unfortunately, as a 501(c)(7) tax exempt organization, BAC is not eligible for funding under this program.

The Board continues to monitor the situation on an ongoing basis and our offerings have been adjusted. The online version of the 2020 Ride Leader Seminar is now available for signup at a cost of \$15 plus the \$50 BAC fee which is refundable if you complete the course. Maria Nelson and Joan Feerick who both have a background in adult professional development have taken the lead in revamping the seminar with ongoing input from Tom Leever and Albert Balingit, two experienced ride leaders.

Zoom Travelogues which started in July, continue this month as described further below in this Update. This is a great opportunity to see and hear about potential upcoming tours. The current focus is on US based tours.

There is no question that the situation is challenging but the Board is committed to keeping BAC as a viable organization that will be able to ramp up its activities once again when it is safe to do so.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in July 2020. If they live near you give them a call.

Robert and Sandra Longenecker, Breckenridge, CO
Michael Genovese, Laguna Niguel, CA
Dana Bruden, Anchorage, AK
Pauline Hessing, Anchorage, AK
Virginia Genovese, Laguna Niguel, CA
Beth MacLean, Calgary, AB
Don Hollingshead, Calgary, AB

TRAVELOGUES BAC Travelogues continue this month! Join fellow BAC members as Friends lead Friends for Social Hour on Zoom! Virtual travelogues are being scheduled for the second and fourth Thursdays of the month, 4:30 PDT. A huge shout out to BAC members Glenn and Barb Rudolph and Tom and July Leever who volunteered to present in July. This month you can enjoy travelogues presented by Bridgette DeShields and Bob Smith. See details below to sign up. Also, anyone else interested in presenting is more than welcome. Please contact Glenn Rudolph to get on the schedule gerudolph@gmail.com

- **Join Bridgette DeShields as she "Unlocks the Secrets of Sonoma County" on August 13th at 4:30pm PDT, Use the link below to sign up.** Tune in to hear about touring the beautiful hills, redwood forests, valleys, vineyards, and coastlines of Sonoma County, California. This tour starts with a 5-day stay in downtown Santa Rosa at the Astro "Motel," co-owned by Giro d'Italia champion Andy Hampsten, and a stone's throw from wonderful restaurants and breweries. From there you can ride to the Sonoma Valley, Russian River Valley and Sonoma Coast or hop on a train to reach Marin County and even ride across the Golden gate bridge. Then we head north to Windsor and Geyserville, deep in wine country. From that location, you

can ride rollers in the valleys or complete iconic climbs. Experience amazing food and wine, including local cheese. This ride is listed as 2B, but ride options will be offered ranging from 1A to 4D (or more), so something for everyone. **The Zoom meeting details will be emailed to participants who signed up on Wednesday, August 12th.**
○ <https://www.signupgenius.com/go/10C0C44A4A82FA13-unlock>

- **Join Bob Smith for a "Tour of the Historic Roaring Fork Valley of Colorado" on August 27th at 4:30PDT, Use the link below to sign up.** If you have a desire to bike some of Colorado's most stunning scenery, stay in historic towns and hotels, this travelogue is for you. The ten day Historic Roaring Fork Valley tour takes us to the historic towns of Glenwood Springs, Redstone, Basalt and Aspen. You will have an opportunity to visit some truly spectacular places on your bike, hang out at the Glenwood Springs Hot Springs Pool, hike to the scenic crystal clear Hanging Lake, visit Redstone and the Crystal River Valley, enjoy a guided tour of the Redstone Castle, bike the Fly Fishing Gold Rated Frying Pan River Valley, and spend three idyllic days in Aspen during the Annual Music Festival. **The Zoom meeting details will be emailed to participants who signed up on Wednesday, August 12th.**
○ <https://www.signupgenius.com/go/10C0C44A4A82FA13-bactravelogue1>

BAC JERSEY Design of a new BAC jersey. It's at over five years since the latest iteration of the BAC jersey was first made available. We are looking for volunteers to help design a new jersey. If you are interested, please get in touch with Jan Erickson, bacjan50@gmail.com .

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Yellowstone Bike and Hike 2021 July 23-Aug 6, 2021. Ride Directors: Warner Griswold & Lori Henley. Start Location: Belgrade, MT. Finish Location: Belgrade, MT. Ride Rating: 2B!

Ride Leader Seminar Nov 3,5,10,12, 2020 and if necessary Nov 17 2020 Seminar Directors: Maria Nelson, Joan Feerick.

Rides with Space Available

- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Being Rescheduled Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Being Rescheduled Blue Wall of the Carolinas 2020 Oct 4, 2020 - Oct 16, 2020 3B
- Crete, a Greek Adventure 2020 Oct 10, 2020 - Oct 20, 2020 2B
- 2020 On-line Ride Leader Seminar Nov 3, 2020 - Nov 17, 2020 1A
- Ultimate Vietnam - Saigon to Hanoi Mar 7, 2021 - Mar 23, 2021 3B
- Flowers in the Hills 2021 Apr 4, 2021 - Apr 12, 2021 2B

- White Villages of Andalusia Apr 15, 2021 - Apr 29, 2021 3B
- Green Roads of Tuscany 2021 Apr 28, 2021 - May 13, 2021 3A
- Belgium: Cuisine and Culture May 8, 2021 - May 21, 2021 2B
- Piedmont West to East 2021 May 14, 2021 - May 26, 2021 3B
- Sierra Tahoe 2021 May 15, 2021 - May 29, 2021 2C
- Ireland - Southwest Peninsulas 2021 May 16, 2021 - May 29, 2021 2B
- Aosta 2021 May 26, 2021 - Jun 6, 2021 4B
- Catalonia - Salvador Dali and Costa Brava May 29, 2021 - Jun 12, 2021 2B
- West of England 2021 Jun 13, 2021 - Jun 26, 2021 2B
- Northern Spain: La Rioja and Basque Country 2021 Jun 16, 2021 - Jul 2, 2021 3B
- Unlock the Secrets of Sonoma County Jun 19, 2021 - Jun 30, 2021 2B
- Canadian Rockies and Undiscovered Foothills Jul 12, 2021 - Jul 24, 2021 3B
- Madagascar, An African Adventure Aug 2, 2021 - Aug 16, 2021 3B
- Epic Europe Bike and Hike Aug 9, 2021 - Sep 14, 2021 2B
- Tuscany: From Sun to Sea Sep 13, 2021 - Sep 25, 2021 2B
- GAP and C&O Trails 2021 Oct 9, 2021 - Oct 18, 2021 1C
- Kyushu and Yakushima Island Nov 7, 2021 - Nov 18, 2021 3C
- Reschedule New Zealand S Island Off Road Highlights 2022

ARE YOU INTERESTED?

Fall in the Mid-Hudson River Valley - originally planned for September 2020, this tour had to be cancelled due to COVID concerns. But Ride Directors Jean Sifleet and Claire Robinson are making plans to bring it back next year - September 19-24, 2021. As before, it will be fixed base out of New Paltz, NY. Each riding day has at least one 2B or lower route, along with longer and hillier options for the more adventurous. Riding includes the Shawangunk Mountains (eastern rock climbing haven) & Rondout River Valley, the farms (and a wintery or two) in the Wallkill River Valley, riding the Walkway Over the Hudson River (longest elevated pedestrian bridge in the world) to the eastern side and the FDR/Vanderbilt historical sites, and riding in the southern Catskill Mountains with the Ashokan Reservoir (serving NYC) & artsy Woodstock. Jean and Claire plan to list the tour this winter, after assessing the COVID situation and ensuring the health risks are minimized, so stay tuned if interested.

Want to Lead a Ride but Need a Co-leader? I am willing to be a co-leader/helper for ANY upcoming trips!! I have been on a couple trips (co-lead one with many compliments from the riders) but do not yet feel ready to lead one on my own rides. I would welcome the experience and exposure by helping out on as many trips as possible! I am including my name and number (Betsy Laux; 970-232-8272; betsyfolkerth@gmail.com)

MEMBERS CORNER

2017/18 Felt cross E-Bike 54cc, very low mileage, great shape. \$1900. If interested contact Warner Griswold jwarner-griswold@att.net 775-843-3960.

Specialized Roubaix Comp Triple” road bike: All carbon---frame, fork, handle bars, cranks, seat post; M size, stand over height 30”; Shimano Dura Ace 27-speed components in front with chain rings 52-42-30 and Shimano XTR rear drive system with cassettes 11-34; Ultegra brakes .Mavic Ksyrium wheels with Hutchinson Fusion All Season 700X25 front tire and Continental 4 Season 700X23 rear tire. Specialized Avatar 143 saddle. SPD peddles. Accessories: Flight Deck computer, mirror, two bottle cages, pump, seat bag. \$1,700. Available in Columbia,MD. Call Dave 410 916 3883 or email df923going@comcast.net

Custom-built Road Bike For Sale -SOMA Fabrications Chrome Moly frame (54cm) -Envy full carbon fork -SRAM Force 22 brakes and drivetrain -Compact crank set (50-34t) -11-32t SRAM Red cassette -Thomson carbon handlebars -Thomson stem -Thomson seat post -Mavic Kysium K10 wheel set (1340 grams) -Continental Grand Prix tires (25mm)-Pedals NOT included- 17 Lbs, 11ozs \$ 2200. Call Dave Thomson @ (719) 332-9354 For pix or more info, email: cociclista@gmail.com

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2020 – use discount code bacrocks2020. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here’s how to take advantage of this offer:

Step 1: Log in or sign up for a free account at www.ridewithgps.com

Step 2: Visit www.ridewithgps.com/access_tokens/use

Step 3: Enter in the following BAC discount code: bacrocks2020

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