

JANUARY 2024

VIEW FROM THE CHAIR (Marion Campbell) and Sue Bunten

JANUARY 2024

Here's an article written by Sue Bunten that is impressive enough that I wanted to share it with the membership. We should all say thank you to our ride leaders and especially to ones leading their first tour!

BAC MONTHLY UPDATE

JANUARY 2024

New Ride Leaders Hilary & Jeff Warner Show Grit

As a BAC Board Member I get to review post tour surveys and each year there are one or two tours that just 'stand out'. Hilary & Jeff Warner's August "A Gravel Adventure in Northern Vermont" totally wowed me. They pulled off the near almost impossible - a near five star sweep in post tour reviews (but for one dusty hotel) on their first tour as new BAC ride leaders. Not only that, but they did it watching waves of wildfire smoke get swept into Vermont from Canada's massive forest fires before the tour and affecting air quality almost right up to tour start. Smoke – then floods: a 100 year catastrophic flooding caused a State of Emergency to be declared four weeks prior to tour start. Gone was a key bridge, a key rail trail route - roads washed out , mudslides everywhere.

Jeff had to research road repairs status, locate work-arounds, then re-route, re-scout and finally re-map routes for nearly every day of their tour and he had to do it quickly.

To their great surprise....with the exception of a participant injured in a cycling crash, nobody cancelled, not even as re-routed rides got unavoidably steeper longer and tougher and despite the smoke and changeable air quality and floods and washouts and mudslides.

They both were astonished by the group's level of adventurousness and their willingness to do the tough rides and distances. The tenacity of the group demonstrated what Jeff describes as a key trait common to gravel riders : Flexibility . "When riding gravel you never know what you are going to encounter. You might encounter a day where the grader has just been ahead of you so the road is loose and deep – or it's going to rain and be muddy – so you have to be flexible.

Everyone riding on gravel is used to adjustments within the day ” .

Flexibility & adjustments aplentyyet everybody adored this tour and their leaders.

They all showed grit...and want more gravel.

Sue Bunten

BAC BOARD ELECTIONS 2024

As communicated in December the board has nominated Sue Bunten, Joan Feerick & Maria Nelson to a three year term. This will allow Sue and Joan to continue on the board after their current term ends in February 2024. Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2024. You will receive an email January 15, 2024 asking you to log into the BAC website, click on the “We Need Your Vote” link at the top of the page, and indicate how you would like your proxy to be voted at the Annual General Meeting. Proxies will be solicited from January 15 to February 15, 2024 for candidates nominated by the Board and those nominated by the membership. The proxies cast will be exercised by the Board Chair at the Annual General Meeting following the direction provided.

2024 ANNUAL GENERAL MEETING

BAC’s Annual General Meeting will be held Sunday, February 25, 2024, at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom.

Agenda items will include the receipt of reports highlighting the Club’s activities over the past year, approval of the 2023 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. More details will be provided in the February 2024 Monthly Update on how to sign up to participate in the meeting.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in Dec. 2023. If they live near you give them a call.

Jean Almeida, Colonia, NJ

Ahmad Mahoozi, Sterling, VA

Don Burdick, Bend, OR

Stephen and Laura Horesh, Westminster, CO

Andrea Thomas, Bend, OR

jeffrey and Dianne Lizotte, Aspen, CO

Eric Nofzinger, Hideout, UT

Jeffrey and Maryann Morse, Libertyville, IL

Dorothea Goodwin, Ann Arbor, MI

Tim Lowney, Colorado Springs, CO

Tim Brattan and Suzi Mahler, Santa Cruz, CA

Linda Fung, Union city, CA

Jenny Baker and Chris Danilson, Mount Vernon, WA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- Tour of the Moon and Beyond June 2-9, 2024 Ride Directors: Barb Rudolph & Huey Hurst. Start Location: Grand Junction, CO. Finish Location: Grand Junction, CO Ride Rating: 3B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28-Sept 14, 2024 Ride Coordinator: Grant McAalister in conjunction with Iberocycle. Start Location: San Sebastian, Spain. Finish Location: Girona, Spain. Ride Rating: 4B!
- Sicily 2024 Sept 26-Oct 9, 2024 Ride Coordinator: Alma Worthington in conjunction with Hike & Bike Italy. Start Location: Palermo. Finish Location: Syracuse. Ride Rating: 2B
- Hawaii 2025 – Circumnavigating the Big Island Jan 10-22, 2025. Ride Directors: Maria Nelson & Sue Bunten. Start Location: Kailua-Kona, HI. Finish Location: KailuaKona, HI. Ride Rating: 2B!
- New Zealand East Coast South Island 2025 Jan 18-Feb 1, 2025 Ride Coordinator: Grant McAalister in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 2C!
- Florida's Suncoast and Nature Coast Winter Defrost Tour Jan 19-Feb. 1, 2025. Ride Directors: Roy & Kristi Brubaker. Start Location: Tampa, FL. Finish Location: Tampa,

FL. Ride Rating: 1B.

- Fun in the Sun: Fort Myers Beach to Key West Feb 2-13, 2025. Ride Directors: Barb & Glenn Rudolph. Start Location: Fort Myers Beach, FL. Finish Location: Fort Myers Beach, FL. Ride Rating: 1C
- New Zealand Canterbury & Otago Off Road 2025 Feb 7-21, 2025. Ride Coordinator: Grant McAlister in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 2B!

RIDE LEADER SEMINAR

Sign Up Now to Learn How to Become a BAC Ride Leader

Four-Part Online Ride Leader Seminar to be Offered In February

If you've ever wanted to become one of the "Friends Leading Friends on Rides," which is the motto of the BAC, then sign up for the 2024 Online Ride Leader Seminar. The Zoom-based seminar begins February 26 and was developed by the Ride Leader Training and Development Committee to make it easy to learn how to be a BAC ride leader. It consists of four, 2.5 hour online sessions. The training is only offered once every year or two so sign up now if you'd like to connect BAC members socially by offering a member-led, quality, affordable bicycle tour.

The seminar will be held from 7-9:30 PM EST (4-6:30 PM PST) on:

Monday, February 26

Wednesday, February 28

Monday, March 4

Wednesday, March 6

The seminar features:

- On-line classes via Zoom
- Frequent knowledge checks with quizzes and activities
- Practice and assignments between training sessions
- Comments from previous seminar participants include:

Comments from previous participants:

“The webinar reinforced my feeling that BAC is a well-run organization with a very positive, supportive

culture. Very grateful to the presenters and everyone who makes it happen!”

“I appreciate the obvious level of effort that presenters and the facilitators put into making this seminar

a success. Really appreciate the feedback on the homework assignments.”

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.

REGISTRATION: To submit a request to join this training event, go

to <https://www.bicycleadventureclub.org/html/rides/index.asp?action=ride&RideID=1692>

Then click on the button displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time, you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Director, click the name at the top of the page. A link will be sent with instructions on how to access the Seminar prior to the first session. The \$50 ride registration fee will be reimbursed for participants who complete all four training sessions.

RIDES WITH SPACE AVAILABLE

- New Zealand Canterbury & Otago Off Road 2024 Feb 16, 2024 - Mar 1, 2024 3B
- New Zealand Westland & Tasman Off Road 2024 Mar 6, 2024 - Mar 20, 2024 3B
- Paso Robles Ramble 2024 Apr 14, 2024 - Apr 20, 2024 3B
- Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B
- A Taste of Texas Apr 22, 2024 - Apr 29, 2024 2B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B

Space for female to share room

- OTET- Cincinnati to Cleveland, Ohio rail trail June 17-26, 2024. Space available for one male to share room and one female to share a room.
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B
- Cape Cod and the Islands Sep 8, 2024 - Sep 23, 2024 1A
- Salzburg Double Loop - Seven Lakes Sep 10, 2024 - Sep 26, 2024 2B Space for male to share room
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Appalachian Blue Ridge 2024 Sep 23, 2024 - Oct 3, 2024 4B
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B

SINGLES LOOKING FOR ROOMMATES (New Section)

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Northern Spain 2024 June 6-22, 2024 Space for male to share a room.

Contact leader Clarice Sackett csackett49@comcast.net

OTET- Cincinnati to Cleveland, Ohio rail trail June 17-26, 2024. Space available for one male to share room and one female to share a room. Contact leader Robyn Saur
robynlee4@aol.com

Salzburg Double Loop Sept 10-26, 2024 Space for female to share a room. Contact leader Warner Griswold jwarner-griswold@att.net

MEMBERS CORNER

For Sale: Santana Beyond Tandem 2006 54 x 48 Reveal, S & S Couplers take apart for travel. Fits in one hard sided Airline Safecase suitcase with foam fit forms for extra protection, included. Titanium and carbon, Reynold's fork, DuraAce components. Captain's top tube 55cm, Gates timing belt and Bengel Conversion kits added in 2015. Original price \$14,000 plus \$900 add ons Asking price \$5,000 Free shipping within continental US. Contact Nancy Kirk 480 399-9172 nancykirk24@gmail.com

For Sale: Holland Exogrid Jet Custom Bike 2013 Titanium carbon with invisible S&S Couplers for take apart and travel. Fits into one soft sided suitcase included. DuraAce 11 speed electronic shifters. 54 – 55 cm. Original price \$13,500 Asking price \$5,000 (Now considered a collectors item) Free shipping within continental US. Contact Nancy Kirk 480 399-9172 nancykirk24@gmail.com

For Sale: S&S coupled Curtlo travel frameset, 59ish cm, two forks, case, etc. Selling Curtlo (<https://curtlo.com/>) fillet brazed OX Platinum frameset with two carbon forks. Takes medium reach caliper brakes and fits tires up to 35mm. Has eyelets for rear rack or fenders. Includes hard case, tube pads, compression members, security net, S&S wrench, coupler lube, cable couplers, fenders, Topeak Road Morph pump, and a light-duty rear rack. \$1500 shipped. eddie.flayer@att.net or 510.646.3534. <https://photos.app.goo.gl/wT2wndpZa1oamFb1A>

For Sale: NorWester Co-Motion 21 speed steel road bike with S&S couplings. It is size 50.7, since it was a custom bike. \$1000 Please contact lag7.goetsch@gmail.com or call/text 206-300-8898 Bike is located in Seattle.

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com or call/text (804)349-4140

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. \$450. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2023 – use discount code `bacrocks2023`. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compareplans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

FEBRUARY 2024

Hello BAC Members,

Welcome to the February 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Marion Campbell FEBRUARY 2024

Another exciting year of bike tours is starting! Many domestic and international tours are planned and there are still spaces open on some of our popular rides. Over the past few years BAC rides have kept pace with the times by embracing new concepts and technology.

Gravel/trail rides are now being offered, in places like New Zealand and Vermont! E-bikes have grown in popularity, and you have seen or will see more and more of them on upcoming tours.

Navigation technology has gone from cue sheets to bike computers like Garmin. But it hasn't stopped there. Many tours use smartphone apps, like Ride with GPS, that give voice enabled directions. BAC ride leaders and members have done an outstanding job of keeping up with these changes but have never given up the principle of "Friends Leading Friends".

BAC MONTHLY UPDATE

FEBRUARY 2024

On a personal note, I will be leaving the board now that my term has come to an end. The board and staff are a great group of people dedicated to overseeing our club. It's been an honor and a privilege to have served you these past years. I look forward to seeing you on a future tour and wish you all the best in whatever adventure life brings you.

BAC BOARD ELECTIONS 2024

Solicitation of proxies for the BAC Board of Directors election is still in progress. Thank you to all who have already cast their proxy. If you have not submitted your proxy as yet, please do so by Feb 15th by logging in to the BAC website, clicking on the 'We Need Your Vote' link at the top of the page, and then indicate how you would like your proxy to be voted by the Board Chair at the Annual General Meeting.

ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Sunday, February 25, 2024 at 3:30 pm AKST/4:30

pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2023 financial statements, and an opportunity for Club members to ask questions and make comments. You must register for this event in advance by going to the following web address: <https://us02web.zoom.us/meeting/register/tZYsceCorJluHNSdkAejzv12coi6NUFW7IX> After registering, you will receive a confirmation email containing information about joining the meeting. A detailed agenda and supporting materials will also be sent out to those who register for the meeting. If two members from a household plan to participate and use the same connection, please only have one of the two register.

PAY SOLO SUPPLEMENTS BY ZELLE

BAC is now able to receive solo supplement payments via the Zelle payment transfer system. Checks can still be sent to the BAC office, but members are welcome to use Zelle if it's more convenient and if your bank supports it.

Note: ONLY solo supplement payments may be paid via Zelle. All other payments must be paid by credit card through the BAC website, so they can be applied to your account and your ride.

To pay your solo supplement using Zelle:

- In your bank's website, add Bicycle Adventure Club as a new recipient, with email address treasurer@bicycleadventureclub.org
- Initiate a payment
- In the Message block, enter the name of your ride.

If you have questions, contact Nancy Bohnett nbohnnett@bicycleadventureclub.org or Ernie Coose erniecoose.bac@gmail.com

NEW MEMBERS

Donna and Tim Hadley, Reno, NV

Scott Carichner, San Luis Obispo, CA

Jerry Rosenthal, Chicago, IL

Pamela Austin, Seattle, WA

Veronica Beagan, Anchorage, AK
Linda Geiss, Carbondale, CO
Susan and Edward Swauger, Escondido, CA
Jeanne Krauss and Kevin Cole, Kailua Kona, HI
Laurie Worthington, West Bloomfield Township, MI
Denis Horgan, Delta, BC
Marty and Dave Sheets, Frisco, CO
Alan Dreyfuss, Emeryville, CA
Alan Aouate, Rochester Hills, MI
Peggy and David Homeier, Indianapolis, IN
Susan Hartfield-Wunsch and Chris Wunsch, Plymouth, MI
Linus and Diane Zumberge, Silverthorne, CO
Terese and Ira Tane, FRISCO, CO
Bob Langton, Bolton, CT
Linda Hansen, Santa cruz, CA
TJ Phillips, Traverse City, MI
David Bachtel, Sisters, OR
Natalie and Gary Wiest, Gulfport, FL
Cree Cobb, Modesto, CA

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TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- Mallorca- A Cycling Gem May 10-24, 2025. Ride Directors: Nelson & Kathleen Diaz.

Start Location: Mallorca, Spain. Finish Location: Mallorca, Spain. Ride Rating: 2B.

- Canary Islands – 2025 May 31-June 14, 2025 Ride Coordinator Nelson Diaz in conjunction with Iberocycle. Start Location: Lanzarote, Spain. Finish Location: Tenerife,

Spain. Ride Rating: 2B!

RIDE LEADER SEMINAR

Last Chance to Sign up! Learn How to Become a BAC Ride Leader

Four-Part Online Ride Leader Seminar to be Offered In February

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- Solvang in Spring – 2024 Apr 7, 2024 - Apr 13, 2024 2B
- Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B Space for female to share room
- Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B
- Tour of the Moon and Beyond Jun 2, 2024 - Jun 9, 2024 3B
- Pacific Northwest Corners July 7-19, 2024 Space for male to share a room.
- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B

- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B

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Pacific Northwest Corners July 7-19, 2024 Space for male to share a room. Contact leader Maria Nelson mariabn56@comcast.net

BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B Space for male to share a room. Contact leader Pamela Kelly pskcnm@yahoo.com

Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B Space for male to share room Contact leader Pamela Kelly pscknm@yahoo.com

MEMBERS CORNER

For Sale- Two Ritchey Breakaway Cross travel bikes. \$1600 each

White size 52, and Red&Gray size 54 Steel frame with Carbon fork. Both include Ritchey's travel case. Shimano 3x10sp ST5703 shifters & components

Wheels are Shimano 105 or Ultegra hubs with Velocity A23 rims (tubes or tubeless compatible).

Thomson seatposts Tektro RX5 brakes

Contact essexcyclist@cyclingcamper.com for more information & photos

For Sale: Santana Beyond Tandem 2006 54 x 48 Reveal, S & S Couplers take apart for travel. Fits in one hard sided Airline Safecase suitcase with foam fit forms for extra protection, included. Titanium and carbon, Reynold's fork, DuraAce components.

Captain's top tube 55cm, Gates timing belt and Bengel Conversion kits added in 2015.

Original price \$14,000 plus \$900 add ons Asking price \$5,000 Free shipping within continental US. Contact Nancy Kirk 480 399-9172 nancykirk24@gmail.com

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For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. \$450. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

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MARCH 2024

Hello BAC Members,

Welcome to the March 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph MARCH 2024

As the 2024 touring season gets underway, the BAC Board and BAC Ride Leaders are committed to the philosophy of Friends Leading Friends. BAC will continue to offer outstanding bicycle touring adventures that are excellent, encourage socialization and offer the best value in the industry. BAC is also committed to developing new ride leaders. Ride Leader Training is currently underway with 20 BAC members participating. We look forward to this new group of ride leaders planning new adventures for our membership!

Throughout the year, the Board of Directors meets via Zoom at least every other month. Congratulations to Joan Feerick and Sue Bunten, back for a second term, and Maria Nelson elected for her first term. Your 2024 Board also includes: Ernie Coose, Grant McAlister, Tom Leever and Kate Faulkner. Having recently been elected to serve as the Board Chairman, I (Barb Rudolph) am honored to work side by side with a fantastic team committed to BAC's mission.

The BAC Board met in person in San Diego, CA for their annual board retreat. It was very nice for everyone on the Board to meet each other in person.

At the annual retreat the Board:

- Reviewed key accomplishments of 2023
- Identified key business risks and options for minimizing and mitigating
- Identified priorities for the coming year
- Approved a budget for the coming year consistent with its priorities
- Provided a general orientation on Board member responsibilities and Board governance processes
- Reviewed the Board Member's Code of Conduct

The full record of that meeting is now posted in "Docs" under Board Meeting Minutes (scroll to the very bottom)

Data presented at the Board Retreat showed the following areas of focus:

- Increase the number of quality rides offered.
- Increase membership in the age range of 50-54. This age group has decreased over the last couple years.



- Website: improvements, increase security, user friendliness and ways to lower costs.
- Deep Dive Training for Ride Leaders on specific topics.

If you have positive suggestions related to these areas, please don't hesitate to email a Board Member or Nancy in the BAC office.

I would be remiss if I did not publicly thank Marion Campbell for his service to the Board especially in the role as Board Chairman for the past two years. Marion did an outstanding job encouraging the Board to work as a team and maintain the values of BAC. BAC benefited greatly from your leadership! Thank you Marion.

Happy Riding!

POLICY UPDATE

The board approved an update to the Ride Leader Policies and Guidelines (RLPG) for BAC rides beginning in 2025 or later. The RLPG is regularly updated to support consistency in management of BAC rides. Additionally, in 2023 a committee of interested ride leaders made recommendations to the board regarding proposed changes to the RLPG. The updated RLPG is available on the "Docs" page of the BAC website.

BAC Ride Fee

Increases in US insurance premiums have made it necessary to increase our domestic ride fee to cover costs. Effective April 1 the fee will increase from \$50 to \$85. Members who pay their initial deposit on a North America ride on April 1 or later will be charged the \$85 ride fee. The ride fee on Overseas tours will remain \$100.

The most significant premium increase has been in US liability insurance that protects ride leaders, ride participants, and board members. BAC also maintains accident insurance for participants and cyber insurance that protects our system. Coverage applies in the US and overseas.

PAY SOLO SUPPLEMENTS BY ZELLE

BAC is now able to receive solo supplement payments via the Zelle payment transfer system. Checks can still be sent to the BAC office, but members are welcome to use Zelle if it's more convenient and if your bank supports it.

Note: **ONLY** solo supplement payments may be paid via Zelle. All other payments must be paid by credit card through the BAC website, so they can be applied to your account and your ride.

To pay your solo supplement using Zelle:

- In your bank's website, add Bicycle Adventure Club as a new recipient, with email address treasurer@bicycleadventureclub.org
- Initiate a payment
- In the Message block, enter the name of your ride.

If you have questions, contact Nancy Bohnett nbohnnett@bicycleadventureclub.org or Ernie Coose erniecoose.bac@gmail.com

NEW MEMBERS

Don Smyth and Allison Bailey, Seattle, WA
 Kathleen Nowak, Southampton, MA
 Shannon Goodwin and Les Walker, Richland, WA
 Tamra and Carl Dore, Bay City, TX
 Gail DeLong, Philadelphia, PA
 Bill Didur, Delta, BC
 Peter Greene, San Jose, CA
 Mark Miller, Concord, CA
 Gregg Lewis, Kennesaw, GA
 Jean-Marc Plantier, Anaheim, CA
 Randi Davis and Danny Swertfeger, Avon, CO
 Cheri Love, Reno, NV
 Lucie and Fred Zillinger, Armstrong, BC
 Dana Werner and Burton Elliot, Ventura, CA
 Vic Alessi, Reno, NV
 Ray DeJaco, Boca Raton, FL
 Eric Laser, Staunton, VA
 Jeff Deacon, Charlottesville, VA
 Bill Aspinwall, Harrisonburg, VA
 Joseph Cloud, Staunton, VA

We are pleased to welcome these new BAC Members who have joined us in Feb. 2024. If they live near you give them a call.

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Sierra Alps, Lake Tahoe, Donner Lake** Sept 10-23, 2024 Ride Directors: Renee & David Blondfield. Start Location: Reno, Nevada. Finish Location: Reno, Nevada. Ride Rating: 3B!

- **Sunny Costa Blanca 2025: Valencia to Alicante** May 10-23, 2025 Ride Director: Bridgette DeShields and Ramona Turner. Start Location: Valencia Spain. Finish Location: Alicante Spain. Ride Rating: 3B!
- **Cycling in Paradise: Muensterland Germany & Hanseatic NL** May 15-26, 2025. Ride Director: Jan Gleason & Lianna Jones. Start Location: Amsterdam, Netherlands. Finish Location: Amsterdam, Netherlands. Ride Rating: 1B.
- **Piedmont 2025** May 19-June 2, 2025. Ride Directors: Julie Leever and Robert Becker. Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 2B.
- **Best of the New York Finger Lakes 2025** May 24-June 6, 2025. Ride Directors: Chuck and Joan Feerick. Start Location: Rochester, NY. Finish Location: Rochester, NY. Ride Rating: 2B.
- **Val d'Aosta 2025** June 3-14, 2025. Ride Directors: Julie Leever and Robert Becker: Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 4B!

NEW RIDE LEADERS

David and Renee Blondfield (Sierra Alps, Lake Tahoe, Donner Lake, Sept. 2024)

David and Renee are avid cyclists living in the Reno Tahoe Area. David is a retired firefighter and Renee is retired from a career in forensic science. They are spending their retirement cycling, camping, and skiing. David has a winter hobby job as a ski patroller at a local resort. Renee has been on 4 BAC rides and David has been on 2. Their favorite BAC ride was the Val'd Aosta ride in 2022. In 2023 they organized a cycling tour in Italy for 6 of their friends that included a bike Hotel in Riccione Italy and a tour of the Dolomites. They are excited to lead their first BAC tour in their backyard cycling playground sharing their favorite routes

RIDES WITH SPACE AVAILABLE

- New Zealand Westland & Tasman Off Road 2024 Mar 6, 2024 - Mar 20, 2024 3B
- Tucson Spring Warm-up Mar 21-28, 2024 2B. [Space just opened up for 2 riders!!](#)
- Solvang in Spring – 2024 Apr 7, 2024 - Apr 13, 2024 2B
- Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B [Space for female to share room](#)
- Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B

- Historic Croatia Island Tour May 13, 2024 - Jun 1, 2024 3B [Space for male to share room](#)
- Tour of the Moon and Beyond Jun 2, 2024 - Jun 9, 2024 3B
- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Appalachian Blue Ridge 2024 Sep 23, 2024 - Oct 3, 2024 4B
- Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Fun in the Sun: Fort Myers Beach to Key West Feb 2, 2025 - Feb 13, 2025 1C [Space for female to share room](#)
- New Zealand Canterbury & Otago Off Road 2025 Feb 7, 2025 - Feb 21, 2025 2B
- Mallorca-A Cycling Gem May 10, 2025 - May 24, 2025 2B

SINGLES LOOKING FOR ROOMATES

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B A space has just opened up for a [female willing to share room](#) - contact tour leader Maria Nelson-mariabn56@comcast.net

Historic Croatia Island Tour May 13, 2024 - Jun 1, 2024 3B [Space for male to share room.](#)
Contact ride leader Warner Griswold jwarner-griswold@att.net

Fun in the Sun: Fort Myers Beach to Key West Feb 2, 2025 - Feb 13, 2025 1C [Space for female to share room.](#) Contact leader Barb Rudolph rudolph.barb@gmail.com

MEMBERS CORNER

For Sale: Ritchey Breakaway Cross travel bike size 54 \$1600, Red & Gray, Steel frame with Carbon fork, includes Ritchey's travel case, Shimano 3x10sp ST5703 shifters &

components, Wheels are Shimano 105 hubs with Velocity A23 rims (tubes or tubeless compatible). Thomson seatpost, Tektro RX5 brakes Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

For Sale- Two Trico Sports Iron Cases \$150 each, hard sided bicycle travel cases, only used a few times. Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

For Sale: NorWester Co-Motion 21 speed steel road bike with S&S couplings. It is size 50.7, since it was a custom bike. \$1000 Please contact lag7.goetsch@gmail.com or call/text 206-300-8898 Bike is located in Seattle.

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. \$450. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2024 – **use discount code bacrocks2024**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

APRIL 2024

Hello BAC Members,

Welcome to the April 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph April 2024

Your BAC Board has hit the ground running! The 2024 Online Ride Leader Seminar is complete. A tremendous thank you to BAC's Ride Leader Training and Development Committee: Joan Feerick, Maria Nelson, Sue Buntin, Jan Gleason and Albert Meerscheidt for their commitment to train more ride leaders, to refine the training and to grow our club's ride leadership capacity. Glenn Rudolph, Ernie Coose, Albert Balingit and Barb Rudolph were also part of the team of presenters: Julie Leever, Alice Campbell, Clarise Sackett, Margaret Slack and Albert Balingit served on ride leadership and mentor forums during the training.

In the recent RLS, we asked the new ride leaders what attributes they admired most in the BAC ride leaders that they have known. Here's a "word cloud" of their responses with the larger font indicating several people submitting that word. Kudos to our amazing and inspiring Ride Leaders!

Besides enthusiasm, what ride leader attributes have you most admired on your BAC tours?



Ride leaders, co-leaders and drivers are offering 42 tours in 2024 and have already proposed 12 tours for 2025. Absolutely amazing people sharing their passion with others! Our ride review mentors: Lucy Glover, Julie Leever, Elizabeth Buckingham, Kate Gordon, Jane Maxwell, Barb Rudolph, Marita Moberg, Alice Campbell, Albert Balingit, Karen Haas, Clarice Sackett, Arleen

Sakamoto, Glenn Rudolph, Sue Bunten, Tom Leever, and Maria Nelson have been busy reviewing and working with ride leaders in the ride approval process. Since January of 2024, 16 rides have been proposed and 13 have completed the approval process. If there is an area that you would like to see a tour offered, please email Glenn at gerudolph@gmail.com and he will reach out to our ride leaders.

Grant McAlister (Website) and Ernie Coose (Treasurer) have been busy working on the ability for club members to pay using Stripe. This will help reduce the credit card fees that are passed on the participants. Stay tuned, more updates to come in the future.

Volunteerism is what makes BAC an AMAZING Club and our membership continues to enjoy the many great opportunities to travel and ride bicycles all over the U.S. Canada and the world at reasonable cost. Don't forget to check out the New Ride Preview section on the web page (left hand column) for upcoming tours to be posted for signups at the beginning of each month.

Dr. Suess said it best; "Oh the Places We Will Go!"...I'll add; "WITH OUR BICYCLES!"

Happy Riding!

BAC Embroidered Apparel

LL Bean is set up to embroidery the BAC Logo on apparel!



The logo looks like this:

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in March 2024. If they live near you give them a call.

Dell and Mary Dembosky, Whispering pines, NC
Paul Murray, Santa Fe, NM
Barb and Bob Dowski, Steamboat Springs, CO
Jill Shuler, Hendersonville, NC
Alison Kuehner, Piedmont, CA
Cathy and Ed Miller, Fairfax, VA
Linda Reid, Milwaukee, WI
Ken Keeler, Ocean View, DE
Steve Magnuson, Portland, OR

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Crete: Mediterranean Dreams** April 28-May 9, 2025 Sept 10-23, 2024. Ride Directors: Rosa Katz & Barbara Delaney. Start Location: Kissamos, Greece. Finish Location: Kissamos, Greece. Ride Rating: 2B
- **Camino del Norte: Camino de Santiago Northern Route** June 23-July 9, 2025 Ride Coordinator: Karen Hass in conjunction with Iberocycle. Start Location: San Sebastian, Spain. Finish Location: Santiago de Compostela. Ride Rating: 3B!

DRIVERS WANTED!

If you are interested in driving for a BAC tour (must be a BAC member), please email Glenn Rudolph at gerudolph@gmail.com Glenn is compiling a list to assist ride leaders in finding qualified drivers. Once you make contact with Glenn, he will email you back with the requirements along with some other pertinent needed information.

NEW RIDE LEADERS

Barbara Delaney **add**

RIDES WITH SPACE AVAILABLE

- Solvang in Spring – 2024 Apr 7, 2024 - Apr 13, 2024 2B

- Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B
- Mallorca – A Cycling Gem May 4, 2024 - May 18, 2024 2B
- Historic Croatia Island Tour May 13, 2024 - Jun 1, 2024 3B [Space for male to share room](#)
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- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
- Sierra Alps, Lake Tahoe, Donner Lake Sep 10, 2024 - Sep 23, 2024 3B
- Eastern Swiss Lakes Sept 14-28, 2024 [Space for male to share room](#)
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B [Space for male to share room](#)
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B [Space for male to share room](#)
- Hawaii 2025 – Circumnavigating the Big Island Jan 10 - Jan 22, 2025 [Space female to share a room.](#)
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Fun in the Sun: Fort Myers Beach to Key West Feb 2, 2025 - Feb 13, 2025 1C
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Historic Croatia Island Tour May 13, 2024 - Jun 1, 2024 3B [Space for male to share room.](#)

Contact ride leader Warner Griswold jwarner-griswold@att.net

Eastern Swiss Lakes Sept 14-28, 2024 [Space for male to share room](#) Contact leaders Randy or Lucy Glover glover.randy@gmail.com lucy.glover49@gmail.com

Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B [Space for male to share room](#) Contact leader Clarice Sackett csackett49@comcast.net

Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B [Space for male to share room](#). Contact Pamela Kelly pskcnm@yahoo.com

Hawaii 2025 – Circumnavigating the Big Island Jan 10 through Jan 22, 2025 Looking for a single female to share a room. Contact Maria Nelson at mbnelson2024@outlook.com

Hawaii 2025 – Circumnavigating the Big Island Jan 10 through Jan 22, 2025 Looking for a single male to share a room. Contact Maria Nelson at mbnelson2024@outlook.com

MEMBERS CORNER

For Sale: Ritchey Breakaway Cross travel bike size 54 \$1600, Red & Gray, Steel frame with Carbon fork, includes Ritchey's travel case, Shimano 3x10sp ST5703 shifters & components, Wheels are Shimano 105 hubs with Velocity A23 rims (tubes or tubeless compatible). Thomson seatpost, Tektro RX5 brakes Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

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MAY 2024

Hello BAC Members,

Welcome to the May 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph May 2024

I hope everyone had a happy and healthy April and the opportunity for some wonderful spring training rides. Glenn and I attended a cycling event in Florida and ran into several BAC members, whom we had never met before, looking to put some miles on their legs before the summer tour season. We had a wonderful time riding, hanging out, eating and playing BINGO together while hearing about the BAC adventures they had participated on and have planned for the future. Of course Glenn and I were easy to spot amongst the crowd because we wear our BAC jerseys all the time. Consider ordering your BAC jersey today or some apparel with the BAC logo! See ordering details below.

Looking for some future tours? There are a handful of upcoming rides with space available for one rider and a few in August and September for several riders. Also, don't forget to check the preview ride section on the left hand side of the website, mid to end of the month, to see what rides open on the first of each month for registration.

Keep Pedaling!

New BAC Jersey Design- We have brought back the world map in this version!

The Primal Online Store is Open Once Again! Order Your BAC Jersey NOW by Clicking the Link Below. The ordering window will close on May 13, 2024.

Jersey Cost: \$60 plus shipping. *(Primal charges \$15 per order to ship directly to each customer in the US and \$25 to Canada.)* Call Barb at 214-497-4233 with questions.

Online Store is Open: April 22- May 13, 2024

Targeted Delivery Date: July 12, 2024

To Order Your Jersey click this link or copy and paste it into your browser:

<https://via.primalcustom.com/collections/ts-7257>

For any Team Store questions or ordering assistance, there is a 'Help' category with FAQ information, phone#, and email on the order page or you may also contact Barb Rudolph at rudolph.barb@gmail.com or 214-497-4233 for assistance.

Product Features

Men's Sport Cut	Women's Sport Cut
Elastic Option - Sleeve Cuff: Elastic Elastic Option - Hem: Elastic Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden	Elastic Option - Sleeve Cuff: No elastic Elastic Option - Hem: None (no elastic at waist) Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden



BAC Embroidered Apparel

LL Bean is set up to embroidery the BAC Logo on apparel!



The logo looks like this:

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

NEW MEMBERS

Evvy Kavalier, Berkeley, CA
Megan Ancker, PALO ALTO, CA
Kris Moore, Los Altos Hills, CA
Evelyn Larsen, Berkeley, CA
Alan and Marina Cobb, Mechanicsville, VA
Art Khachaturian, San Jose, CA
John Abt, Fredericksburg, OH
Chris Barnes, Boise, ID
James Cook, Tucson, AZ
Patty Tuma, Port Charlotte, FL
Elizabeth Hutton, Santa Cruz, CA
Karen Verheyde, Penticton, BC

We are pleased to welcome these new BAC Members who have joined us in April 2024. If they live near you give them a call.

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Blue Skies and Desert Blooms – Palm Springs** Feb 22-Mar 2, 2025.. Directors: Diana Trager & Sue Bunten Start Location: Palm Springs, CA. Finish Location: Palm Springs, CA. Ride Rating: 1B!
- **Tandem Spanish/French Catalonia - Pyrenees, Costa Brava** May 4-18, 2025. Ride Coordinator: Smith Doss in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

- **The Dordogne, Perigord and Gorges of France** May 17-31, 2025. Ride Directors: Lucy & Randy Glover. Start Location: Bordeaux, France. Finish Location: Toulouse, France. Ride Rating: 2B!
- **Lakes and Mountains of Haute Savoie** June 5-20, 2025. Ride Directors: Randy & Lucy Glover. Start Location: Geneva, Switzerland. Finish Location: Geneva, Switzerland. Ride Rating: 2B!

DRIVERS WANTED!

If you are interested in driving for a BAC tour (must be a BAC member), please email Glenn Rudolph at gerudolph@gmail.com. Glenn is compiling a list to assist ride leaders in finding qualified drivers. Once you make contact with Glenn, he will email you back with the requirements along with some other pertinent needed information.

NEW RIDE LEADERS

Diana Trager (Blue Skies and Desert Blooms – Palm Springs Feb 22-Mar 2, 2025)

I joined BAC in 2022 and it has been one of my best decisions! Since my first tour in Croatia, I have been fortunate enough to participate in two tours in Italy and another in Germany. I am also signed up for tours this year and next year. I am hooked on cycling and the BAC! The amazing leaders on these trips and the camaraderie of the club have inspired me to take on leading my first tour alongside my good friend and co-leader, Sue Bunten. I am recently retired and reside and cycle as much as I can in Vancouver, British Columbia, while travelling as often as possible. I am looking forward to the opportunity to lead this tour and to meeting another group of great people.

RIDES WITH SPACE AVAILABLE

- Green Roads of Tuscany 2024 May 3, 2024 - May 18, 2024 3A
- Mallorca - A Cycling Gem May 4, 2024 - May 18, 2024 2B
- Mallorca 2024 Second Section May 18, 2024 - Jun 1, 2024 2B
- Tour of the Moon and Beyond Jun 2, 2024 - Jun 9, 2024 3B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B
[Space female to share a room.](#)
- OTET- Cincinnati to Cleveland, Ohio rail trail Jun 17, 2024 - Jun 26, 2024 1B [Space for male to share a room.](#)
- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B

- Sierra Alps, Lake Tahoe, Donner Lake Sep 10, 2024 - Sep 23, 2024 3B
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- Best of the New York Finger Lakes 2025 May 24, 2025 - Jun 6, 2025 2B
- Camino del Norte: Camino de Santiago Northern Route Jun 23, 2025 - Jul 9, 2025 3B

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Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B [Space female to share a room.](#) Contact leader Clarice Sackett csackett49@comcast.net

OTET- Cincinnati to Cleveland, Ohio rail trail Jun 17, 2024 - Jun 26, 2024 1B [Space for male to share a room.](#) Contact leader Robyn Saur if interested Robynlee4@aol.com

MEMBERS CORNER

Tom Grant-Birthday!! Hello all! My sweetest husband Tom Grant is turning 80 on May 1st (and still biking strong—got to love that 14% grade up the hill to our house with no-ebike!). He and I have shared many wonderful rides with BAC since joining in 1999. I know he'd love a shout out from any one of our biking friends from years past who feels so inclined either via e-mail, or text. His e-mail is tgrantbike@aol.com; and his text phone number is (510) 823-3250. Thanks to all the super people we've biked with over the years for making our biking adventures a memorable part of our lives. Vicki (Elmer) Eugene, Oregon

For Sale: Ritchey Breakaway Cross travel bike size 54 \$1600, Red & Gray, Steel frame with Carbon fork, includes Ritchey's travel case, Shimano 3x10sp ST5703 shifters & components, Wheels are Shimano 105 hubs with Velocity A23 rims (tubes or tubeless compatible). Thomson seatpost, Tektro RX5 brakes Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

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JUNE 2024

Hello BAC Members,

Welcome to the June 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph June 2024

It's June and BAC has tours heading out weekly! We are living our mission of connecting members socially through organized bicycle tours. There are so many reasons to choose BAC tours over others:

- BAC has been in existence since 1983, 41 years.
- Not for Profit!
- Approximately 50 tours annually; both domestic and international
- Volunteer ride leaders
- Daily social hours and group dinners to share stories, get ride updates and make new friends.
- Opportunities to travel with your bicycle and make friends
- Refunds after most tours

Benefits for Ride Leaders

- Ride leader training and mentoring
- Budget management tools and guidance
- BAC office support for payments and disbursements
- Insurance for domestic and international tours

Benefits for Riders

- Caps on ride leader expenses
- All overestimated ride costs returned to riders (rather than pocketed)
- Insurance that can supplement personal medical insurance
- Open-book financial accounting visible to riders

We can all agree that the lifelong friendships and the fun that is had vacationing and traveling with like-minded active people are priceless!

Nancy Bohnett - Celebrating 20 years of service to BAC!



There is a great deal of dedication and hard work that goes on behind the scenes when putting together and pulling off quality tours. Our ride leaders are amazing, and I think they would agree with me that Nancy Bonnett, BAC's office manager, is a key player in our club's success. Nancy is completing her 30th year of service with BAC. I thought it was only fitting to share a little bit about Nancy and publicly recognize her for her work and commitment to excellent service. I asked Nancy to share how she got involved with BAC. Enjoy the story below!

After graduating from college in Northern California in 1986 I traveled for a few years backpacking and living in countries like India, Indonesia, Sri Lanka, China, Thailand and Australia. I filled my soul with great adventures and enjoyed bicycling through many days in Asia. Upon returning home to San Diego in the late 80's, I decided to look for work in the travel industry. I found a job with a company called Adventure Tours and worked there as a travel agent for a couple of years. I began enjoying bicycling more and more living at the beach in San Diego, so I decided to look for work, possibly in the bicycling travel industry; combining the two things I loved most, biking and adventure travel! So in 1990 (pre-internet days) I used the old school way to look for businesses... Yep, I'm sure you all remember 'The Yellow Pages' phone book. So, I looked up the word "Bicycle" in the Yellow Pages (with no Google Search help), and lo and behold, the first listing was Bicycle Adventure Club (With the 2nd word being Adventure, starting with an "A" BAC was at the top of the Bicycle section list, lucky for me!). I immediately rode my bike to the office a few miles from my house and met the office manager Roslyn Smyth and asked what BAC was all about. She explained the club in detail, and I was so excited to hear about this club and learn of all the great rides they were offering. So, on the spot I asked her if she needed any office help and that I was willing to volunteer. Of course, she said Yes to that offer and I started stuffing envelopes twice a week and learning lots about the business, enjoying it greatly. In 1991 after she talked to the board, they agreed to hire me part time as her assistant. YES!!

Fast forward another year and the office manager moved on, and the board asked me to fill her spot. I was thrilled about the opportunity, so I started as BAC office manager in 1991. Six years later my husband and I and one year old daughter moved to Costa Rica for a couple years where I led two BAC tours there and also a BAC tour in Bali, Indonesia. I hired and trained a gal named Robin Atwell to replace me while I was away. She ran the BAC office for six years and then put in her notice to quit. The board Chairman at the time, Bill Cletsoway, was scrambling for what to do, so he called me. Luckily, I was still a member in the BAC roster, and he asked me if I wanted my old job back. I joyfully said Yes, as long as I could move the office to my home, as I had 3 kids in tow now. He had no problem with that. So I started back with BAC in 1997 and have been here ever since! About 33 years in total and I have loved every minute of it.

It has been an honor and great pleasure serving BAC and working with the many board members, leaders and members for over 30 years now. It's a club and job I have always held in highest regard! Once I retire from BAC, I would love to lead tours again for this incredible club!! Thank You BAC for allowing me to serve you all for such a long run, and still going!

Nancy Bohnett

Policy Updates: The Board regularly reviews policies in response to suggestions or questions from ride leaders. At the June board meeting we discussed a) should a Ride Co-leader be authorized to make disbursements, b) qualifications for all new (first-time) Ride Directors prior to leading a tour, c) whether there should be similar qualifications for Co-leaders or Drivers, and d) review of qualifications to be a Ride Coordinator of a CAT.

After much discussion, the Board unanimously decided:

- a) Disbursement of payments should remain the sole responsibility of the Ride Director
- b) all new Ride Directors must have completed RLS – or equivalent subject to the approval of the Chair(s) of the Ride Leader Training and Development Committee - in the prior five years.
- c) there should be no additional requirements for Co-leaders or Drivers.
- d) BAC Ride Coordinators must have: 1) Participated as a rider in at least one BAC Directed Tour and one BAC CAT tour; 2) Completed RLS within the last 5 years; and 3) Viewed all BAC CAT training materials (on-line video and CAT tour reviewer checklist)

BAC Jersey Update

Jerseys are expected to ship June 12, 2024.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in May 2024. If they live near you give them a call.

Laura VanRiper, Hollywood, FL
Gene and Jodie Jensen, Webster, NY
Jamie Gustafson, Polk, NE
Sharon Haase, Oakland, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **CA Central Coast and Wine Country** May 8-22, 2025. Ride Directors: Roy & Kristi Brubaker. Start Location: San Luis Obispo. Finish Location: San Luis Obispo. Ride Rating: 2B!
- **Vineyards and Rail Trails in the South Okanagan** Sept 8-20, 2025 Ride Director: Margaret Slack. Start Location: Kelowna, BC. Finish Location: Kelowna, BC. Ride Rating: 2B!

RIDES WITH SPACE AVAILABLE

- Tour of the Moon and Beyond Jun 2, 2024 - Jun 9, 2024 3B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B
- OTET- Cincinnati to Cleveland, Ohio rail trail Jun 17, 2024 - Jun 26, 2024 1B
- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
- Châteaux of the Loire Valley 2024, Section 1 Sep 1, 2024 - Sep 13, 2024 1B
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B
[Space for male to share a room.](#)
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Appalachian Blue Ridge 2024 Sep 23, 2024 - Oct 3, 2024 4B
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B [Space for male to share a room.](#)
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Blue Skies and Desert Blooms – Palm Springs Feb 22, 2025 - Mar 2, 2025 1B
- Tandem Spanish/French Catalonia - Pyrenees, Costa Brava May 4 - May 18, 2025 2B
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14 - 26, 2025 1B
- Best of the New York Finger Lakes 2025 May 24 - Jun 6, 2025 2B
- Camino del Norte: Camino de Santiago Northern Route Jun 23, 2025 - Jul 9, 2025 3B

SINGLES LOOKING FOR ROOMATES

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B [Space for male to share a room.](#) Contact leader Pam Kelly pskcnm@yahoo.com

Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B [Space for male to share a room.](#) Contact leader Pam Kelly pskcnm@yahoo.com

ARE YOU INTERESTED?

France based ride leaders Smith Doss & Claude Monnier wish to share their love of Southern France with BAC members with another tour.

Potential Ride Difficulty - 3C (based on 2 of the 5 mandatory riding

days) - Magnificent Drome Provencale and Mystical Ardeche - May 2025 or May 2026.

14 riding days starting and finishing in Avignon, where we climb Mt Ventoux (optional) or Gorges de la Nesque; discover the Baronnies mountains and the Drome Provencale just south of the Vercors plateau. These remote areas offer low traffic roads, spectacular scenic mountain views and gorges. This will be a semi fixed based tour, including 4 days in a campsite where we rent bungalows furnished with a bathroom and small kitchenette. We will purchase sheets and micro fiber towels. Luggage transfer provided, but no SAG support.

- Lodging - 15 nights (including 4 at a campsite)

- Breakfast - 11 (we provide basisc for the first campsite breakfast, you shop for other days)

- Group Dinners - 5 (tentative)

- Picnic Sandwiches - 4

- Contact Smith Doss DossMonnier@gmail.com or Claude Monnier cgmshop15@gmail.com if interested.

OBITUARY

Georgia Holtz, a BAC member since 2015 passed away on May 21, 2024. She had participated in nine domestic and international BAC tours including not one but two tours in beautiful, Puglia Italy. Georgia was a quiet, but also a friendly and very positive person who was a welcome addition on any tour. She will be missed by all who knew her.

MEMBERS CORNER

BAC Embroidered Apparel



LL Bean is set up to embroidery the BAC Logo on apparel!

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

For Sale: Ritchey Breakaway Cross travel bike size 54 \$1600, Red & Gray, Steel frame with Carbon fork, includes Ritchey's travel case, Shimano 3x10sp ST5703 shifters & components, Wheels are Shimano 105 hubs with Velocity A23 rims (tubes or tubeless

compatible).Thomson seatpost, Tektro RX5 brakes Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. \$450. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2024 – **use discount code bacrocks2024**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide enhanced features on all your rides.

JULY 2024

Hello BAC Members,

Welcome to the July 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph July 2024

On behalf of the BAC Board, we wish all BAC members and their families a blessed and happy July 4th. Independence and freedom, what a gift! What a gift it is to ride a bicycle. Over the next couple of weeks, I have the opportunity to teach my granddaughter how to ride. I pray she will enjoy the freedom and fun it brings as much as I do!

We are officially halfway through the 2024 year, with 17 tours completed (domestic and internationally combined) and another 24 scheduled for this year. Many of our 2024 tours already have "Tripper Reports" posted. The tripper reports are a terrific resource to learn the 'lived experience' of a tour. Many of these tours will be offered again in the future. By checking out the Tripper Reports you might find some tours that you want to add to your BAC bucket list. It is so fun to plan for future travels.

Nineteen tours have already been proposed for 2025 and many more are in the planning/proposal stages. The Board is committed to recruiting, training, mentoring and supporting ride leaders, new or seasoned. We know that without ride leaders, we are limited in what we have to offer our membership. Whether it is a tour close to home or far away, we all love to ride our bikes and build friendships. If you think you might like to lead a ride, please reach out to a board member or your favorite ride leader and we will connect you with BAC's training and development team.

I would also like to give a shout out to Ernie Coose, BAC Treasurer, and Glenn Rudolph, Ride Review Director. They are amazing and 100% committed to our club and working with our ride leaders to ensure their ride proposals and budgets are sound. In addition, our AMAZING ride leaders know the value of financial integrity and look forward to issuing refunds after a tour because they delivered a fantastic experience under budget and without a need to tap into the built-in contingency. I don't know about you, but it's not often I come back from a trip with money going back into my pocket!

Our freedom allows us the opportunity to make choices. The Board is glad that you joined BAC, the largest and oldest not-for-profit bicycle touring club in the world! We want you to love this

club as much as we do. We hope you will continue to take advantage of the opportunity to lead rides, participate on rides, and or volunteer in another capacity.

Enjoy the holiday, stay healthy, safe and keep the rubber side down.

Barb

BAC JERSEY UPDATE

Jerseys are expected to ship July 12, 2024.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in June 2024. If they live near you give them a call.

Marla Holmes, Boise, ID
Stephen and Margaret Johnson, Charlotte, NC
Alexis Rosa, Windsor, CA
Susan and Richard Corfman, Orrville, OH
Dede Moreno, Palo Alto, CA
Patti Scott-Baier, Littleton, CO
Gary Womeldorff, Everett, WA
Tim ORorke, Los Gatos, CA
Alan Freedman, Biltmore Lake, NC
Monte D Schmidt, Longmont, CO
David Pechner, Oakland, CA
Tereza Batista and Ana Maciel, Hoboken, NJ
Deanna Simmons, Kelowna, BC
Edmund Saums, Bethesda, MD
Helene Drees, Yorktown, VA
Matthew and Cynthia Cannon, Hendersonville, NC
Caroline Shaaya, Santa Cruz, CA
Thomas Sundsboe, Napa, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Salzburg to the Adriatic** Aug 25-Sep 9, 2025. Ride Directors: Warner Griswold and Garry Clifton. Start Location: Salzburg, Austria. Finish Location: Grado, Italy. Ride Rating: 2B!
- **2025 Seine à Vélo and Hidden Normandy** Sept 14th -Oct 1st 2025 Ride Directors: Sue Buntin and Graeme Thomson. Start Location: Paris, France. Finish Location: Paris, France. Ride Rating: 2B!

RIDES WITH SPACE AVAILABLE

- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B [Space for male to share a room.](#)
- Empire State Trail, part 1 - Erie Canal Heritage Trail Sep 4, 2024 - Sep 14, 2024 1B
- Not Just a Flat Netherlands - 3 Country Tour Sept 4-16, 2024 2A [Space just opened up for two people.](#)
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5- Sep 18, 2024 4B [Space for male to share a room.](#)
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C
- Appalachian Blue Ridge 2024 Sep 23, 2024 - Oct 3, 2024 4B
- Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B [Space for male to share a room.](#)
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- CA Central Coast and Wine Country May 8, 2025 - May 22, 2025 2B [Space for female to share a room and Space for male to share a room](#)
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14-26, 2025 1B
- Camino del Norte: Camino de Santiago Northern Route Jun 23, 2025 - Jul 9, 2025 3B [Space for female to share a room and Space for male to share a room.](#)
- Vineyards and Rail Trails in the South Okanagan Sep 8, 2025 - Sep 20, 2025 2B

SINGLES LOOKING FOR ROOMATES

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Transpirencia – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B [Space for male to share a room.](#) Contact ride leader Grant McAlister gmcaster@gmail.com

Not Just a Flat Netherlands - 3 Country Tour Sept 4-16, 2024. [Space just opened up for two people.](#) Contact leader Margaret Slack Margaret.slack@gmail.com

BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B [Space for male to share a room.](#) Contact leader Pam Kelly pskcnm@yahoo.com

Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B [Space for male to share a room.](#) Contact ride leader Clarice Sackett csackett49@comcast.net

CA Central Coast and Wine Country May 8, 2025 - May 22, 2025 2B [Space for female to share a room and Space for male to share a room](#) Contact ride leader Roy Brubaker royrbu@gmail.com

Camino del Norte: Camino de Santiago Northern Route Jun 23, 2025 - Jul 9, 2025 3B [Space for female to share a room and Space for male to share a room.](#) Contact ride leader Karen Hass karenbikes2@gmail.com

MEMBERS CORNER

BAC Embroidered Apparel



LL Bean is set up to embroidery the BAC Logo on apparel!

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

FOR SALE Trek Checkpoint SL7 carbon gravel bike. Size Large/56cm. Two years old with 2 sets of carbon wheels, one for gravel and one for road. Electronic tap shifting. Sram Force components. Have over \$9000.00 invested in bike. Will sell for \$4700.00 and ship to buyer. Contact Jim Taylor for more specs and pictures at j-taylor@comcast.net or 253-691-8667.

For Sale: Ritchey Breakaway Cross travel bike size 54 \$1600, Red & Gray, Steel frame with Carbon fork, includes Ritchey's travel case, Shimano 3x10sp ST5703 shifters & components, Wheels are Shimano 105 hubs with Velocity A23 rims (tubes or tubeless compatible). Thomson seatpost, Tektro RX5 brakes Contact Mark Henebry essexcyclist@cyclingcamper.com for more information & photos

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2024 – **use discount code bacrocks2024**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

AUG 2024

Hello BAC Members,

Welcome to the July 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph August 2024

Glenn and I just finished scouting the Katy Trail through Missouri in hopes that we can offer it as a BAC trip in the future. We were posting our adventure on social media and believe it or not we ran into another BAC member heading in the opposite direction who knew we were coming down the trail. We stopped and chatted for a few minutes and we both continued on our ways. This will be the 4th trip we have scouted to run as a BAC trip. Our members are the beneficiaries of our ride leaders scouting, proposing, and running tours. Some members have experienced some of the hiccups that can occur on a first-time tour, many members have been on tours that have stood the test of time and have been finely tuned over the years.

BAC Ride Leaders spend a great deal of time and effort scouting trips, and it does not always end in a proposed tour. One of the four trips we scouted was the Natchez Trace and we are still working on how we can safely and affordably run the tour for the BAC membership. The real reason ride leaders plan tours is they enjoy serving others and are genuinely fulfilled by the experience. It gives them the opportunity to enjoy an outdoor activity, make new friends, and enjoy some time with old friends.

As a member of our club, your support of our ride leaders is what motivates them to continue to propose tours for BAC. **The BAC Board and the team of Ride Reviewers volunteer many hours to make sure the tour overviews, logistics, and financials are thoroughly reviewed so your BAC trip meets or exceeds your expectations. I still believe as far as cycling goes there is not a better value or opportunity for fun than Friends Leading Friends on a BAC bike trip.**

The more tours BAC can propose, the more opportunity our membership has to connect. If you have any questions about becoming a ride leader, please do not hesitate to reach out to any member of the Board or your favorite ride leader for direction.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in July 2024. If they live near you give them a call.

David Guenther, Woodinville, WA
Kim Ross, Salem, OR
Lee Litvin, Salem, OR
Lynn and Haroon Kheshgi, Branchburg, NJ
Edward Stein, Rye, NY
Frank Kresz, Lombard, IL
Doris Maron, Kelowna, BC
Betsy and Glenn Hackemer, Silverthorne, CO
Craig Steinberg, Del Mar, CA
Evan Ancker, Westlake Village, CA
Tyler and Diane Heerwagen, Wilmington, NC
Steven Strauss and Barbara Taylor, Corvallis, OR
Ben Irvin and Peggy Johnston, Asheville, NC
Mary McLaren and Laird Clow, Ridgefield, WA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Ride With the Gods, A Greek Odyssey** May 3-17, 2025. Ride Coordinator: Warner Griswold in conjunction with Greek Cycle Holidays. Start Location: Athens, Greece. Finish Location: Thessaloniki Greece. Ride Rating: 3B!
- **Wild Drome Provencale, Baronnies and Ardeche** May 23-June 7, 2025. Ride Directors: Smith Doss & Claude Monnier. Start Location: Arles, France. Finish Location: Arles, France. Ride Rating: 3C!
- **Gravel Adventure in Northern Vermont** Aug 24-Sept 2, 2025 Ride Directors: Hilary and Jeff Warner. Start Location: Burlington, VT. Finish Location: Burlington, VT. Ride Rating: 3B!
- **The Sunny Side of the Alps** Sept. 9-25, 2025 Ride Coordinator: Warner Griswold in conjunction with Sitnica. Start Location: Treviso, Italy. Finish Location: Buje Croatia> Ride Rating: 3B!

RIDES WITH SPACE AVAILABLE

- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
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- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B [Space for male to share a room.](#)
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- Vineyards and Rail Trails in the South Okanagan Sep 8, 2025 - Sep 20, 2025 2B

BAC TAXES

Part of the Treasurer's function is to pay BAC's taxes. BAC has 501C (7) non-profit status per the IRS. Our net income is tax exempt, except for interest income. We pay both federal taxes and state franchise taxes in California where we're incorporated. Our annual tax returns are available for member review on the BAC website under Docs/General Documents. See the documents named:

- 2023 IRS Form 990
- 2023 IRS Form 990-T
- 2023 CA Form 190
- 2023 CA Form 109

Should you have questions, feel free to contact Treasurer Ernie Coose at treasurer@bicycleadventureclub.org

SINGLES LOOKING FOR ROOMATES

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Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B [Space for a female to share a room.](#) Contact leader Warner Griswold jwarner-griswold@att.net

ARE YOU INTERESTED?

A ride in Japan with CyclingJapan for 14 days from Nagasaki to Majima, Hiroshima, from March 22-April 14, 2025. This would be a 3C ride. E-bikes could be rented

OBITUARIES

John Beland BAC member since 2010 passed away June 30, 2024 in Oakland, CA. He has ridden 12 BAC rides both in the US and overseas and will be greatly missed.

MEMBERS CORNER

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SEPT 2024

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VIEW FROM THE CHAIR Barb Rudolph (written by Joan Feerick) September 2024

Every year when we hold the Ride Leader Seminar, we ask the participants (future BAC ride leaders), "Why do you want to lead rides?". The answers are as varied as the participants but almost every person includes in their answer, "I think it would be fun!". Chuck and I are about to lead our 6th BAC tour on the Erie Canal in our home state of NY. We'll admit, it's not easy to lead a ride but it's always fun. We'll probably keep leading rides for the BAC as long as we can stay upright on our bikes – mostly because we keep making new friends who share our sense of adventure and fun.

If you've thought about leading a ride but just haven't made the first move, check out the amazing array of ride leader resources the BAC offers. Look under Docs on the BAC website. You'll find The Ride Leader Policy and Guidelines (our "how to" manual) and a spreadsheet (that even I can use), the BWFA, for managing finances. Also read the different documents that experienced ride leaders have shared - hotel reservation form, sample emails to participants, sample social hour talking points, etc. And, if you're like me and you prefer for someone to put all the resources together for you, attend the Ride Leader Seminar. Then, when you're ready to start planning your first BAC tour, the club will pair you with a mentor who can walk you through every step.

If I haven't convinced you that it's fun and not hard to lead a BAC ride, and you want to explore the possibility more, we're trying something new this October. For one hour, the Ride Leader Development Committee will hold a *Conversation about Becoming a Ride Leader*. We'll provide a high-level overview of what's involved in becoming a BAC ride leader. The details for signing up are in this newsletter. We hope to see you there.

Joan Feerick

SIGN UP NOW FOR CONVERSATION ABOUT BECOMING A RIDE LEADER

If you would like to develop skills to travel the U.S. and the world leading groups of like-minded ‘friends’ on bike tours, sign-up now for a one-hour “Conversation about Becoming a Ride Leader” that will be held on October 23.

The BAC welcomes new ride leaders and is offering this Conversation to provide a high-level overview of what's involved in becoming one. The session will show that it's not hard to lead a ride with all the support that the BAC provides and will include suggestions for some great starter tours. Afterwards, you will have a clear picture of the process of planning and leading a ride and can decide whether you want to move ahead and enroll in the 2025 Ride Leader Seminar in February.

Register in advance for the October 23 session by clicking on the link below.

Registration BAC Conversation about becoming a Ride Leader

Or, you can copy and paste this registration address below into your web browser.

<https://us06web.zoom.us/join/9876543210?pwd=ZUJlTGZkdjRlMkxwZWdScDZMcEYydz09>

After registering, you will receive a confirmation email containing information about joining the meeting. (It may take a day or so for you to receive the link so please be patient.)

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in August 2024. If they live near you give them a call.

Barbara and Steve Patton, Chagrin Falls, OH
Julia Bristor, Denver, CO
Wendy Taylor and Ken Jaffe, Bellevue, WA
Robert Graham, Hanover, IN
Ben Lev, sebastopol, CA
Rex Baker, Dearborn Heights, MI
Tracey and Richard Emmerson, Fernie, BC
Lori Brown and Dylan Cornelius, Austin, TX
Jenny Owen, Ojai, CA
William OConnell, Scarsdale, NY
Mary Price, Green Valley, AZ
Mary Price, Green Valley, AZ
Bruce Travis, Heber City, UT
Kara Sandvik, Gig Harbor, WA
Stephen and Allison Holtman, Cheshire, CT
Helvi Sandvik, Anchorage, AK
Teresa O'Hare, Center Conway, NH

Lana Dietrich, Grand Forks, ND
Rick and Janie Payne, Alexander City, AL
Teresa and Kurt Pennington, Lyons, CO
Jannine Farrell, Deep River, CT
Cecilia Redding, Raleigh, NC

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Tucson Spring Warm-up** Mar 20-28, 2025 Ride Directors: Albert Meerscheidt & Bernice Tannenbaum. Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B!
- **Nagasaki to Hiroshima** Mar 22-Apr 4 2025 Ride Coordinator: Albert Balingit in conjunction with Cycling Japan. Start Location: Nagasaki. Finish Location: Miyajima, Hiroshima. Ride Rating: 3C!
- **Solvang in Spring 2025** April 6-12, 2025. Ride Directors: Jane Maxwell and Jeanne Bush. Start Location: Solvang, CA. Finish Location: Solvang, CA. Ride Rating: 2B
- **Paso Robles Ramble 2025** Apr 13-19, 2025 Ride Directors: Rich and Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B
- **OTET - Cincinnati to Cleveland**, Ohio May 27-June 5, 2025. Ride Directors: Robyn Saur and Mark Copher. Start Location: Cincinnati, OH. Finish Location: Cleveland, OH. Ride Rating: 1B!
- **Virginia Horse Country, Mountains Valleys 2025** Sept 30-Oct 13, 2025. Ride Directors: Karen Hass and Marnie Rawles. Start Location: Leesburg, VA. Finish Location: Leesburg, VA. Ride Rating: 3B!
- **Northeast Kingdom of VT 2025** Oct 1-10, 2025. Ride Directors: Julie Leever and Robert Becker. Start Location: South Burlington, VT. Finish Location: South Burlington, VT. Ride Rating: 3B!

- **2025 Southern Portugal** Oct 4-20, 2025. Ride Coordinator: Sue Bunten in conjunction with Sitnica. Start Location: Evora, Portugal. Finish Location: Tavira, Portugal. Ride Rating: 3B.
- **Adirondacks 2025** Oct 10-21, 2025. Ride Directors: Julie Leever and Robert Becker. Start Location: South Burlington, VT. Finish Location: South Burlington, VT. Ride Rating: 3B!
- **The Katy Trail, Missouri 2025** Oct 11-18, 2025. Ride Directors: Glenn & Barb Rudolph. Start Location: St. Charles, Missouri. Finish Location: St. Charles, Missouri. Ride Rating: 1B!

RIDES WITH SPACE AVAILABLE

- Transpirenaica – The Spanish Pyrenees 2024 Aug 28, 2024 - Sep 14, 2024 4B
- Balkan Delight 2024 Aug 29, 2024 - Sep 12, 2024 3B
- Châteaux of the Loire Valley 2024, Section 1 Sep 1, 2024 - Sep 13, 2024 1B
- BikeHike Turkey-Aegean Coast from Istanbul to Cappadocia Sep 5 - Sep 18, 2024 4B
- Cape Cod and the Islands Sep 8, 2024 - Sep 23, 2024 1A
- Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B [room for a couple or a pair of travelling partners, a single female or for any person who does not want a room-mate](#)
- Fall Colors of Carbondale, CO Sep 28, 2024 - Oct 5, 2024 3B
- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Blue Skies and Desert Blooms – Palm Springs Feb 22, 2025 - Mar 2, 2025 1B
- Ride With the Gods - A Greek Odyssey May 3, 2025 - May 17, 2025 3B
- CA Central Coast and Wine Country May 8, 2025 - May 22, 2025 2B [Space for female to share a room](#)
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14 - 26, 2025 1B
- Wild Drome Provencale, Baronnies and Ardeche May 23, 2025 - Jun 7, 2025 3C
- Best of the New York Finger Lakes 2025 May 24, 2025 - Jun 6, 2025 2B
- Camino del Norte 2025 Jun 23, 2025 - Jul 9, 2025 3B [Space for male to share a room](#)
- Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B [Space for female to share a room](#)
- Vineyards and Rail Trails in the South Okanagan Sep 8, 2025 - Sep 20, 2025 2B [Space for male to share a room](#)
- The Sunny Side of the Alps Sep 9, 2025 - Sep 25, 2025 3B

SINGLES LOOKING FOR ROOMATES

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Sicily 2024 Sep 26, 2024 - Oct 9, 2024 2B Due to late cancellations, we have room for a couple or a pair of travelling partners, a single female or for any person who does not want a roommate. If you are interested, please contact the leader Clarice at 425-478-8306.

CA Central Coast and Wine Country May 8, 2025 - May 22, 2025 2B Space for female to share a room Contact ride leader Roy Brubaker royrbru@gmail.com

Camino del Norte: Camino de Santiago Northern Route Jun 23, 2025 - Jul 9, 2025 3B Space for female to share a room and Space for male to share a room. Contact ride leader Karen Hass karenbikes2@gmail.com

Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B Space for a female to share a room. Contact leader Warner Griswold jwarner-griswold@att.net

Vineyards and Rail Trails in the South Okanagan Sep 8, 2025 - Sep 20, 2025 2B Space for male to share a room Contact Margaret Slack Margaret.slack@gmail.com

MEMBERS CORNER

BAC Embroidered Apparel



LL Bean is set up to embroidery the BAC Logo on apparel!

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

For Sale: 54cm Litespeed Titanium Bike, S&S couplings. Litespeed T7 (now Cherohala) - a full sized, all titanium bike that breaks down and fits into a suitcase for travel (S&S Butterfly Case incl). Has Shimano Ultegra components. I've taken this bike on several international cycling trips w/ BAC. Can ship, \$2,500 OBO, please contact alecsCraiglist@gmail.com for more information.

For Sale Trek Checkpoint SL7 carbon gravel bike. Size Large/56cm. Two years old with 2 sets of carbon wheels, one for gravel and one for road. Electronic tap shifting. Sram Force

components. Have over \$9000.00 invested in bike. Will sell for \$4700.00 and ship to buyer. Contact Jim Taylor for more specs and pictures at j-taylor@comcast.net or 253-691-8667.

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2024 – **use discount code bacrocks2024**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

OCT 2024

Hello BAC Members,

Welcome to the October 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph October 2024

Bon jour de la belle ville de Quebec!

Glenn and I just finished back-to-back BAC tours: Empire State Part 1 and Part 2. We volunteered to be co-drivers on Part 1 and ride leaders on Part 2. Just a few days ago, we rode into Quebec City, 1140 miles in 26 days (only 30 miles, on one day, in the rain). We couldn't have asked for better weather or a better group of people to ride, explore and socialize with over the course of almost a month. The day to day actions of participants on both tours beautifully supported BAC's mission and philosophy; connecting members socially while valuing our participants, our volunteer ride leaders, and our commitment to the "adventure" of bicycle touring. This is what motivates me to volunteer and serve on the BAC Board.

If you want to know more about serving on the Board or you know of someone you believe would be a good fit for our Board, contact a member of the Nominating Committee: Barbara Rudolph (rudolph.barb@gmail.com), Sue Bunten (sue@bunten.ca) and Maria Nelson (mbnelson2024@outlook.com) or the BAC a office (office@bicycleadventureclub.org or 858-715-9510).

Abiento!!

CALL FOR BAC BOARD NOMINATIONS

Nominations to the BAC 2025 Board of Directors are being accepted through October 31, 2024. One vacancy needs to be filled – Tom Leever's second term is coming to an end. In addition, Barb Rudolph and Kate Faulkner will be up for re-election for a second term (three additional years).

The term of office for any new Board members will be three years. As set out in Section 3.1 of the Bylaws, a Board member must be a club member for at least two years prior to his/her assumption of office and must be a club member throughout his/her tenure as a Board Member.

The club's Board Policies are available on the BAC website under "Docs", (Board Governance Policies). They outline the Board Job Description; the characteristics, qualities and perspectives sought in Board members; the roles of Officers of the corporation; and existing committees and their responsibilities.

Desirable skills include:

- Commitment to BAC's mission and philosophy
- Ability to work with others
- Project management experience
- Financial management expertise (e.g., accounting, budgeting)
- Marketing/communication skills

If you are interested in serving on the Board, please contact the office (office@bicycleadventureclub.org or 858-715-9510) to determine what information needs to be submitted to support the Nominating Committee's decision-making process.

By the end of November, the Board will determine which candidates it will nominate for election to the Board. The number of nominees will equal the number of positions the Board plans to fill. These nominees will be announced to the membership in the December 2023 Monthly Update. If there are any other members who wish to be nominated directly by the membership, they will have until January 14, 2025, to submit a petition with the signatures of two percent of the membership (approximately 35 signatures). Between January 2, 2025, and February 2, 2025 proxies will be sought for all the nominated candidates. These proxies will be exercised by the Board Chair at the Annual General Meeting.

New Savings on Credit Card Fees

BAC has switched to a lower cost credit card processor. Big thanks to our Website Manager Grant McAlister for initiating this and making the system changes to implement it.

Starting with payments made after November 1, the fee charged to members on ride deposits will be lowered to match the fee that our processor charges BAC.

However, it will no longer be possible to phone in a manual CC payment to Nancy. Paying online through our automated website process is always preferred. In rare cases when this isn't feasible, payment by Zelle or check are alternatives.

SIGN UP NOW FOR CONVERSATION ABOUT BECOMING A RIDE LEADER

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Register in advance for the October 23 session by clicking on the link below.

[Registration BAC Conversation about becoming a Ride Leader](#)

Or, you can copy and paste this registration address below into your web browser.

<https://us06web.zoom.us/meeting/register/tZwscOGuqT0uHNJ4lOtN4TsG8cbxbN9YhQq7r>

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NEW MEMBERS (add)

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TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

- **Heart of the Driftless Region** July 7-20, 2025. Ride Directors: Frank Hanson & Linda Kimball. Start Location: Madison, WI. Finish Location: Madison, WI. Ride Rating: 2B!

- **The Heel of Italy: Puglia 2025** Sept 29-Oct 13, 2025. Ride Coordinator: Kate Gordon in conjunction with Bike & Hike Italy. Start Location: Matera, Italy. Finish Location: Lecce, Italy. Ride Rating: 1B!
- **Morocco 2025 A Nomads Journey** Oct 18-Nov 1, 2025. Ride Coordinator: Tracey Rossett in conjunction with Spice Roads. Start Location: Marrakech, Morocco. Finish Location: Marrakech, Morocco. Ride Rating: 3B!

RIDES WITH SPACE AVAILABLE

- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Blue Skies and Desert Blooms – Palm Springs Feb 22, 2025 - Mar 2, 2025 1B
- Tucson Spring Warm-up Mar 20, 2025 - Mar 28, 2025 2B [Space for female to share a room](#)
- Solvang in Spring 2025 Apr 6, 2025 - Apr 12, 2025 2B
- Paso Robles Ramble 2025 Apr 13, 2025 - Apr 19, 2025 3B
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- CA Central Coast and Wine Country May 8, 2025 - May 22, 2025 2B
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14-26, 2025 1B
- The Dordogne, Perigord and Gorges of France May 17, 2025 - May 31, 2025 2B
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- Katy Trail 2025 Section 2 Oct 18, 2025 - Oct 25, 2025 1B [Space for male to share a room](#)

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Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B [Space for a female to share a room](#). Contact leader Warner Griswold jwarner-griswold@att.net

Northeast Kingdom of VT 2025 Oct 1, 2025 - Oct 10, 2025 3B [Space for female to share a room](#) Contact leader Julie Leever jrleeever@gmail.com

Adirondacks 2025 Oct 10, 2025 - Oct 21, 2025 3B [Space for male to share a room](#) Contact leader Julie Leever jrleeever@gmail.com

Katy Trail 2025 Section 2 Oct 18, 2025 - Oct 25, 2025 1B [Space for male to share a room](#) Contact leader Glenn Rudolph Gerudolph@gmail.com

OBITUARY

Bruce Dewey Davis, CA passed away March 20, 2024. He is survived by his wife Marilyn. They have been members for 15 years and led BAC rides in Davis area in 2017 and 2015.

MEMBERS CORNER

BAC Embroidered Apparel



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FOR SALE Trek Checkpoint SL7 carbon gravel bike. Size Large/56cm. Two years old with 2 sets of carbon wheels, one for gravel and one for road. Electronic tap shifting. Sram Force components. Have over \$9000.00 invested in bike. Will sell for \$4700.00 and ship to buyer. Contact Jim Taylor for more specs and pictures at j-taylor@comcast.net or 253-691-8667.

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NOVEMBER 2024

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VIEW FROM THE CHAIR Barb Rudolph November 2024

It's hard to believe it is November again. With Thanksgiving just around the corner, this time of year is always a time of reflection for me. I am so fortunate and so thankful for the opportunity to be a part of the Bicycle Adventure Club. I am grateful for our Board of Directors and our two part-time employees. Their leadership and commitment for serving this amazing club is a blessing. Our ride leaders, co-leaders and drivers are amazing people who willingly and unselfishly share their passion and love for cycling and travel with the membership all over the world. I appreciate all our members who volunteer their time to serve on various committees. My hope is that all of our members will remain healthy and active and continue to take advantage of the opportunities our club provides: cycling, travel, adventure, fun, friends and ride leadership training.

TO DO OR NOT TO DO: Filling out the Ride Survey after a Tour

by Maria Nelson

I had participated in several BAC trips before I led my first trip as a ride leader. Of course, there was a certain level of nervousness involved as Day 1 of my tour approached, especially when one of my hotels called me two days before hand to let me know my reservations had been cancelled. 😞 As the tour progressed I tried to get a sense of how the ride participants were doing. Were they enjoying the riding? The hotels? The scenery? The happy hours? After the tour was over, I reminded everyone that the time window was open to fill out the Ride Survey and then crossed my fingers hoping that they would respond. As you may recall, there are 11 or 12 items to provide a numerical rating on, depending on the type of tour. There is also a chance to fill in an open text box with your comments. Any commendations or concerns can be included there. As you may not know, your ratings and comments are anonymous. Also, for couples who complete the same tour, it's important that both also complete the ride survey separately. About 60 days after the tour ended, I had a debrief conversation with Glenn Rudolph who monitors the Ride Survey results. We reviewed how things went including any issues or positive things that occurred. We also discussed a summary of the comments, not the actual comments as submitted by the ride participants. Again, these are confidential.

I found the information from the tour participant's point of view to be extremely valuable in planning my future tours.... regarding both what went well and what could be improved. BAC strives to have each tour be a fun adventure (sometimes with the emphasis on adventure!) and your feedback on the Ride Survey is so helpful for that to happen. I'd like to thank you in advance for taking the time to do this.

How does the Ride Survey results appear to a ride leader? See below for an example.

Criterion	Result	Criterion	Result
Ride Description	★★★★★	Lodging	★★★★★
Ride Rating	★★★★★	Meals	★★★★★
Routes and Traffic	★★★★★	Daily Social Hour	★★★★★
Maps and Cue Sheets	★★★★★	Planning and Leadership	★★★★★
Daily Route Review	★★★★★	Communication	★★★★★
Luggage Support	★★★★★		

* Note: One to five stars represent the composite of all surveys submitted for this ride (a minimum of 7 submitted surveys is required).

Reorder of most recent BAC Jersey Design-

The Primal Online Store is Open Once Again! Order Your BAC Jersey NOW by Clicking the Link Below.

Jersey Cost: \$55 plus \$15 for shipping in USA, \$20 for shipping to Canada)

Online Store is Open: November 1- November 13, 2024

Targeted Shipping Date: January 3, 2025

Call Barb at 214-497-4233 with questions.

To Order Your Jersey click this link: <https://via.primalcustom.com/collections/ts-10567>

Product Features

Men's Sport Cut	Women's Sport Cut
Elastic Option - Sleeve: Sleeve - Elastic Elastic Option - Waist: Elastic Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden	Elastic Option - Sleeve: Sleeve - None Elastic Option - Waist: None (no elastic at the hem) Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden



NEW MEMBERS (add Nov 1st)

We are pleased to welcome these new BAC Members who have joined us in Oct 2024. If they live near you give them a call.

RIDE LEADER SEMINAR

Sign Up Now to Learn How to Become a BAC Ride Leader Four-Part Online Ride Leader Seminar to be Offered in February

If you've ever wanted to become one of the "Friends Leading Friends on Rides," which is the motto of the BAC, then sign up now for the 2025 Online Ride Leader Seminar. The Zoom-based seminar begins February 4 and was developed by the Ride Leader Training and Development Committee to make it easy to learn how to be a BAC ride leader. It consists of four, 2.5 hour online sessions that cover all of the support the BAC provides for its ride leaders. The training is only offered once every year or two so sign up now if you'd like to connect BAC members socially by offering a member-led, quality, affordable bicycle tour.

The seminar will be held from 7-9:30 PM EST (4-6:30 PM PST) on:

Tuesday, February 4

Thursday, February 6

Tuesday, February 11

Thursday, February 13

The seminar features:

- On-line classes via Zoom
- Frequent knowledge checks with quizzes and activities
- Between training sessions, there will be projects to complete that are specific to planning a tour you want to lead

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all

types of rides including roaming, semi-roaming, and fixed base. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access the BAC resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. **To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.**

REGISTRATION: To submit a request to join this training event, go to [NEED LINK HERE](#). Then click on the button displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time, you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Director, click the name at the top of the page. A link will be sent with instructions on how to access the Seminar prior to the first session. The \$50 ride registration fee will be reimbursed for participants who complete all four training sessions.

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **The Best of the Poconos and Catskills - PA, NJ, NY** Sept 17-26, 2025. Ride Leaders Gali Jusson & Richard Oliver. Start Location: Milford, PA. Finish Location: Milford, PA. Ride Rating: 2B!
- **Southern California Coast Ride** Oct 3-10, 2025. Ride Directors: Carolyn & Tahdeuss Laird. Start Location: Oceanside, CA. Finish Location: Oceanside, CA. Ride Rating: 2B.

NEW RIDE LEADERS

Carolyn and Tad Laird (Southern California bike the Coast and coastal Hills Oct. 2025)

Tad and I look forward to leading our first BAC ride in Oceanside and to enjoy the beautiful views along the coast and the surrounding towns. We used to live nearby in Fallbrook so are familiar with San Diego county.

We have been BAC members since 2016 and have completed four BAC rides including one ride in France. We have organized several group rides with friends including the Katy Trail in Missouri, the Mickelson Trail in South Dakota and the Pittsburgh to DC GAP rail trail and C&O Canal Trail. All rides were beautiful and it was fun to experience it with friends.

We live in Reno, Nevada. Tad will retire in December as a radiologist, but I will continue to work part-time as a nurse at the health district in Reno. Along with Biking, we love to play Pickleball, hike, and Tad loves to ski.

Please join us for a fun week of riding the coast and hills of Southern California!

RIDES WITH SPACE AVAILABLE

- Bhutan - The Last Buddhist Kingdom Nov 13, 2024 - Nov 23, 2024 4B
- New Zealand East Coast South Island 2025 Jan 18, 2025 - Feb 1, 2025 2C
- Blue Skies and Desert Blooms – Palm Springs Feb 22, 2025 - Mar 2, 2025 1B [Space for male to share a room](#)
- Tucson Spring Warm-up Mar 20, 2025 - Mar 28, 2025 2B
- Ride With The Gods-A Greek Odyssey May 3, 2025 - May 17, 2025 3B
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14-26, 2025 1B
- Wild Drome Provencale, Baronnies and Ardeche May 23, 2025 - Jun 7, 2025 3C
- OTET - Cincinnati to Cleveland, Ohio May 27, 2025 - Jun 5, 2025 1B [Space for male to share a room](#)
- Val d'Aosta 2025 Jun 3, 2025 - Jun 14, 2025 4B
- Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B [Space for male to share a room](#)
- Vineyards and Rail Trails in the South Okanagan Sep 8, 2025 - Sep 20, 2025 2B [Space for male to share a room](#)
- The Sunny Side of the Alps Sep 9, 2025 - Sep 25, 2025 3B
- Virginia Horse Country, Mountains Valleys 2025 Sep 30, 2025 - Oct 13, 2025 3B [Space for male to share a room](#)
- Adirondacks 2025 Oct 10, 2025 - Oct 21, 2025 3B
- Morocco 2025 A Nomads Journey Oct 18, 2025 - Nov 1, 2025 3B

UPDATED RLPG (Ride Leader Policy and Guidelines 2025)

The BAC Board has finalized the “Ride Leader Policies and Guidelines for rides beginning in 2025 or later (RLPG 2025). The RLPG 2025 was “approved in principle” and posted to the BAC website in January 2024. The Board took comments on the document and made additional updates and clarifications. Additionally, the Budget Worksheet and Final Accounting (BWFA) was recently updated. The RLPG 2025 includes instructions and graphics for the updated BWFA

This final RLPG 2025 has blue-colored text for changes since the prior-approved RLPG July 2023. RLPG 2025 has been posted to the BAC website

[Ride Leader Policy & Guidelines 2025](#)

CREDIT CARD FEE DROPPING TO 3%

Starting with payments made after November 1, the fee charged to members on ride deposits will be 3%. We were able to cut our previous 3.7% rate by switching to a new credit card processor. This will save members about \$21,000 per year. Big thanks to our Website Manager Grant McAlister for initiating this and making system changes to implement it.

However, it will no longer be possible to phone in a manual CC payment to Nancy. Paying online through our automated website process is always preferred. In rare cases when this isn't feasible, payment by Zelle or check are alternatives.

Should you have questions, please contact Treasurer Ernie Coose at treasurer@bicycleadventureclub.org.

SINGLES LOOKING FOR ROOMATES

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate, you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month.

Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Blue Skies and Desert Blooms – Palm Springs Feb 22, 2025 - Mar 2, 2025 1B [Space for male to share a room](#) Contact leader Diana Trager dianatrager@hotmail.com

OTET - Cincinnati to Cleveland, Ohio May 27, 2025 - Jun 5, 2025 1B [Space for male to share a room](#). Contact leader Robyn Saur robynlee4@aol.com

Salzburg to the Adriatic Aug 25, 2025 - Sep 9, 2025 2B [Space for a female to share a room](#). Contact leader Warner Griswold jwarner-griswold@att.net

Vineyards and Rail Trails in the South Okanagan Sept 8-2 2025 - [Space for single male to share a room](#). Contact leader Margaret Slack at margaret.slack@gmail.com

Virginia Horse Country, Mountains Valleys 2025 Sep 30, 2025 - Oct 13, 2025 3B [Space for male to share a room](#) Contact leader Karen Hass karenbikes2@gmail.com

MEMBERS CORNER

BAC Embroidered Apparel



LL Bean is set up to embroidery the BAC Logo on apparel!

The BAC Logo design # is: **360687**. Use this number when placing an order with LL Bean if you would like your item embroidered.

FOR SALE: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world, reduced to \$600. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2024 – **use discount code bacrocks2024**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

DECEMBER 2024

Hello BAC Members,

Welcome to the December 2024 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR Barb Rudolph December 2024

The holiday season is upon us and on behalf of the Board, I would like to wish you and your families a joyous and blessed holiday.

The updated Ride Leader Policy and Guidelines have been posted for our ride leaders' benefit. We are confident the changes will allow our ride leaders increased flexibility in proposing fantastic tours for our membership. As we enter into 2025, we hope there are approved tours on the website that peak your interest, so you can plan a great year of cycling and adventure with your BAC family and friends. Glenn and I have seven tours on our schedules and can't think of a better way to travel and explore than with the friends we have met and will meet through BAC.

Life is short, spend it with those you love, doing what you love. Happy Holidays and Happy New Year!

BAC BOARD ELECTIONS 2025

The BAC Board will meet on December 5, 2024 to discuss the potential nominees for election. A follow up email announcing the candidates will be sent to the membership shortly after the Board meeting. Due to hectic schedules, the board was unable to meet in November.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in Nov 2024. If they live near you give them a call.

Henry Novack, Rye Brook, NY
Debra Irving, Ankeny, IA
Jamie Jamieson, Santa Cruz, CA
Elizabeth Wicks, Worcester, MA
Matt Cuson, San Diego, CA

Jacqueline Abou-Rizk, Winston Salem, NC
Elisa Aiello and Dale Erickson, Dallas, TX
Jennifer Kawar, Berkeley, CA
Lorraine Lund, Harbor Springs, MI
Debbie Mitchell, Clinton Twp, MI
John Dennis, Leicester, NC
Patricia Monahan, Berkeley, CA

RIDE LEADER SEMINAR

Sign Up Now to Learn How to Become a BAC Ride Leader Four-Part Online Ride Leader Seminar to be Offered in February

If you've ever wanted to become one of the "Friends Leading Friends on Rides," which is the motto of the BAC, then sign up now for the 2025 Online Ride Leader Seminar. The Zoom-based seminar begins February 4 and was developed by the Ride Leader Training and Development Committee to make it easy to learn how to be a BAC ride leader. It consists of four, 2.5 hour online sessions that cover all of the support the BAC provides for its ride leaders. The training is only offered once every year or two so sign up now if you'd like to connect BAC members socially by offering a member-led, quality, affordable bicycle tour.

The seminar will be held from 7-9:30 PM EST (4-6:30 PM PST) on:

Tuesday, February 4

Thursday, February 6

Tuesday, February 11

Thursday, February 13

The seminar features:

- On-line classes via Zoom
- Frequent knowledge checks with quizzes and activities
- Between training sessions, there will be projects to complete that are specific to planning a tour you want to lead

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including roaming, semi-roaming, and fixed base. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access the BAC resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. **To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.**

REGISTRATION: To submit a request to join this training event, go to [NEED LINK HERE](#)

Then click on the button displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time, you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Director, click the name at the top of the page. A link will be sent with instructions on how to access the Seminar prior to the first session. The \$50 ride registration fee will be reimbursed for participants who complete all four training sessions.

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Lake Michigan Ramble** Sept 7-21, 2025. Ride Directors: Kathryn Bradley & Mark Hodges. Start Location: Finish Location: Ride Rating: 2B
- **Washington DC–Museums & Monuments, Madness and Mayhem** Oct 13-22, 2025. Ride Directors: Christopher Leach & Cindy Fewell. Start Location: Rosslyn, VA. Finish Location: Rosslyn, VA. Ride Rating: 1A!
- **The Lakes and Volcanoes of Chile** Dec 4-15, 2025. Ride Coordinator: Glenn Rudolph in conjunction with Amity Tours. Start Location: Temuca Chile. Finish Location: Puerto Varas. Ride Rating: 3C!

NEW RIDE LEADERS

Chris Leach - Washington D.C. - Museums and monuments; Madness and Mayhem. Oct. 13-22, 2024

I live in Washington DC, and ride the many excellent paths, trails and bike lanes there on a very frequent basis. I was born and raised in Rhode Island and moved to the Washington DC/Northern Virginia area after graduating college (many, many years ago!)

I have always owned a bike and used it on and off for years; but it was not until retirement that I got into biking seriously. And during the pandemic, biking became a serious pathway to sanity! Since joining BAC, I've been on several rides, including the Brugges to Paris bike 'n' barge; Dresden to Hamburg; Puglia, Italy; NY Finger Lakes, the Erie Canal ride; Richmond VA to Williamsburg.

When not biking, I can often be found playing poker, traveling somewhere, or occasionally scuba diving.

With the help of ride Co-Leader Cindy Fewell, I'm looking forward to leading my first BAC tour.

Cindy Fewell, Washington D.C. - Museums and monuments; Madness and Mayhem. Oct. 13-22, 2024

I look forward to co-leading my first BAC tour with Leader Chris Leach.

I live in Grand Junction, CO - a city 20 miles from the UT border. I've been a lifelong cyclist and a big promoter of BAC since joining in 2011. Growing up in the Denver metro area, I've cycled all the wonderful paths there and now enjoy the western slope.

The best way to explore most places - domestically and internationally - is from a bike saddle. When not cycling I play pickleball (a ridiculously addictive game), hike, canyoneer and ATV on the Colorado Plateau, my playground.

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- 2025 On-line Ride Leader Seminar Feb 4, 2025 - Feb 13, 2025 1A
- Tucson Spring Warm-up Mar 20, 2025 - Mar 28, 2025 2B
- Crete: Mediterranean Dreams Apr 28, 2025 - May 9, 2025 2B
- Cycling in Paradise: Muensterland Germany & Hanseatic NL May 14-26, 2025 1B
- Wild Drome Provencale, Baronnies and Ardeche May 23, 2025 - Jun 7, 2025 3C
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- Virginia Horse Country, Mountains Valleys 2025 Sep 30, 2025 - Oct 13, 2025 3B
- Adirondacks 2025 Oct 10, 2025 - Oct 21, 2025 3B
- Southern California bike the Coast and coastal Hills Oct 10, 2025 - Oct 17, 2025 2B
- Morocco 2025 A Nomads Journey Oct 18, 2025 - Nov 1, 2025 3B

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