

Hello BAC Members,

Welcome to the September 2021 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

### **SEPTEMBER 2021 VIEW FROM THE CHAIR (Elizabeth Buckingham)**

Board members like many of you, have taken advantage of the summer months to spend time travelling to visit family and friends; to spend time camping, or at the lake/cottage/cabin/camp; and to participate in BAC tours. Notwithstanding the down time, planning has started for 2022 and the election of new Board members.

Elizabeth Buckingham and Brenda Cole will be leaving the Board after the Annual General Meeting at the end of February 2022. Both have come to the end of their terms. Elizabeth is not eligible for re-election and Brenda has decided not to seek an additional term.

A nominating committee comprised of Marion Campbell ([mwcampbell@earthlink.net](mailto:mwcampbell@earthlink.net)), Sue Buntin ([sue@buntin.ca](mailto:sue@buntin.ca)), Jan Erickson ([bacjan50@gmail.com](mailto:bacjan50@gmail.com)), and Tom Leever ([tmleever@gmail.com](mailto:tmleever@gmail.com)) has been formed to identify and recommend nominees to the Board.

Over the past several years, a number of steps of been taken to reduce Board member's workload and make it more manageable:

- The Board tries to focus on policy matters and leave operational decisions to the Committees. This has tended to result in shorter meetings.
- There are three major policy documents:
  - Frequently Asked Questions provide information to members on membership, signing up for tours, cancelling from a tour, tour final accounting, travel insurance, and COVID-19 and BAC tours
  - Board Policies detail how the Board is to function, the responsibilities of the officers, members and committees, how meetings are to be conducted, etc.
  - Ride Leader Policies and Guidelines provide the framework ride leaders are to follow in planning and carrying out their tours
- Experienced ride leaders who are not Board members are acting as Ride Mentors/Tour Reviewers.
- Every other month, the Board has a reduced agenda without committee reports. If there are a limited number of non-urgent items, the meeting is cancelled and the items are held to the next month.

If you feel yourself, or someone you know, could contribute to BAC by serving on the Board of Directors, please submit their name to Nancy Bohnett ([office@bicyleadventureclub.org](mailto:office@bicyleadventureclub.org)) or get in touch with a member of the nominating committee. The Board is looking in particular for members who have ride leader experience and/or who could backup Jim Yuhn who currently has responsibility for the BAC website. More details will be provided in the October 2021 Monthly Update on the process that will be followed.

## **BAC Jerseys, Arm Warmers and Sleeves**

The online store will be open September 1-15, 2021 to order the new BAC cycling jersey, arm warmers or lightweight arm sleeves. More details and the link to the Primal Online Store are available below.

**NEW MEMBERS** We are pleased to welcome these new BAC Members who have joined us in July 2021. If they live near you give them a call.

[ADD Sept 1st](#)

## **TOURS**

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

**Paso Robles Ramble** April 3-9, 2022. Portugal Wildflowers Castles in the Spring May 30-June 22, 2022 Ride Directors: Rich and Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B!

## **Rides with Space Available**

- Ride the Fall Colors of Carbondale Colorado Sep 20, 2021 - Sep 27, 2021 2B
- Ultimate Vietnam Jan 8, 2022 - Jan 25, 2022 3B
- Yet Another Sunny Week in Palm Springs Jan 21, 2022 - Jan 29, 2022 1B
- Thailand's Royal Road South - Bangkok to Phuket Jan 29, 2022 - Feb 13, 2022 2C
- The Best of Tasmania 2022 Jan 31, 2022 - Feb 15, 2022 3B
- Flowers In The Hills 1 Apr 3, 2022 - Apr 10, 2022 2B
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Green Roads of Tuscany - Section Two May 11, 2022 - May 26, 2022 3A
- Portugal Wildflowers Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
- Vienna Woods and the Austrian Lake District 2022 Jun 5, 2022 - Jun 19, 2022 3C
- Val Venosta to Venice Jun 5, 2022 - Jun 21, 2022 1A
- 2022 International Selkirk Loop Jun 7, 2022 - Jun 21, 2022 2C
- West of England 2022 Jun 12, 2022 - Jun 25, 2022 2B
- Islands of the Pacific Northwest Jun 24, 2022 - Jul 6, 2022 2B
- Tour de Victoria Encore Jun 30, 2022 - Jul 8, 2022 2B
- Azores Bike Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A
- Rescheduled N. Spain La Rioja and Basque Country 2022 Jul 4- Jul 20, 2022 3B
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B

- Rescheduled Belgium: Cuisine and Culture Sep 3, 2022 - Sep 16, 2022 2B
- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Rescheduled New Zealand East Coast South Island 2023 Jan 22, 2023 - Feb 5, 2023 2C
- Reschedule New Zealand S Island Off Road Highlights 2023 Feb 10,- Feb 25, 2023 2B
- Rescheduled Kyushu and Yakushima Island May 9, 2023 - May 20, 2023 3C
- Tuscany: From Sun to Sea May 14, 2023 - May 26, 2023 2B

## **BAC JERSEY AVAILABLE TO ORDER FOR THE NEXT TWO WEEKS**

### **Be Bright, Visible and Represent BAC**

The Primal Online Store is Open Once Again! Order Your BAC Jersey, Thermal Arm Warmers, and or Lightweight Arm Sleeves NOW by Clicking the Link Below.

Jersey Cost: \$55 plus \$10 for shipping in USA (\$20-\$25 for shipping to Canada)

Online Store is Open: September 1- September 15, 2021

Targeted Delivery Date: October 29, 2021

To Order Your Jersey and/or Arm Warmers Use This Link:

<https://via.primalcustom.com/collections/t06911a>

Also Available: Thermal Arm Warmers (\$28) and Lightweight Arm Sleeves (\$23) to match! Unisex sizing. A sizing chart for all items can be found on the ordering page.

For any Team Store questions or ordering assistance, there is a 'Help' category with FAQ information, phone#, and LiveChat on the order page. Barb Rudolph is your BAC contact:

[Rudolph.Barb@gmail.com](mailto:Rudolph.Barb@gmail.com) or 214-497-4233 for questions.

## **MEMBERS CORNER**

For Sale: BAC Jersey. Women's XL Sport Cut Raglan Jersey \$55. To see a picture of the jersey, at the top of the website under MORE, click on the link Order a Jersey. This jersey is new, I ordered it a couple of months ago, but does not fit. If interested contact Vickie Smith [vickie.smith@comcast.net](mailto:vickie.smith@comcast.net)

For Sale 2009 Bike Friday New World Tourist folding hybrid/touring bike. I think it's a 52cm (I'm 5'4"). Folds into a Samsonite suitcase (not included) for easy air travel. Also quick folds for bringing on a train or storing.

Well maintained. [karen@karensaltus.com](mailto:karen@karensaltus.com) or 207 438 9055 (landline)

For Sale 2005 Axiom Seven Titanium Mens Bicycle, Built for comfort for a 6 foot man. Campagnola Chorus, Triple, 700cc Mavic wheels, King Headset \$3500 If interested contact Colleen at [jalapenomama8@hotmail.com](mailto:jalapenomama8@hotmail.com)

SPACE AVAILABLE Sign Up Now... Need More Participants!! Yet Another Sunny Week in Palm Springs Jan 2022. With 300+ days of sunshine each year, Palm Springs is a great location to get an early start on the 2022 cycling season. This 1B fixed base tour offers accommodations at the Palm Springs Hilton, two dinners, three lunches and of course the famous BAC Happy Hour.

The tour features rides around the resort community of Palm Springs and also rides into the desert where you'll see attractions such as Thousand Palms Oasis, Joshua Tree National Park and the San Andreas Fault zone when we descend Box Canyon. Now is your chance to sign up for a January 2022 ride in sunny Palm Springs, your chance to get out of the winter gloom and to ride among the stars. Check the full BAC tour listing for more information about this tour. You can also contact the leader Albert Meerscheidt with ride questions [albert.meerscheidt@gmail.com](mailto:albert.meerscheidt@gmail.com)

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2021 – use discount code bacrocks2021. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer: Step 1: Log in or sign up for a free account at [www.ridewithgps.com](http://www.ridewithgps.com) Step 2: Visit [www.ridewithgps.com/access\\_tokens/use](http://www.ridewithgps.com/access_tokens/use) Step 3: Enter in the following BAC discount code: bacrocks2021

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San Diego. CA 92193  
858.715.9510

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[www.bicycleadventureclub.org](http://www.bicycleadventureclub.org)

Hello BAC Members,

Welcome to the October 2021 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

### **OCTOBER 2021 VIEW FROM THE CHAIR (Elizabeth Buckingham)**

It's been great to see the number of tours that have taken place over the past six weeks. Survey comments have been very positive about the job ride leaders have done in organizing the tours and in dealing with any challenges that may have arisen. If you are fortunate to be participating in a tour, be sure to thank the ride leaders for their efforts.

Most of the domestic tours for 2022 are now fully booked although there are a few with some space available. Space is also still available on for a number of overseas tours, primarily in Europe. All are worth considering.

The Board continues to fine tune BAC's policy framework as issues arise that aren't addressed. As a result of an issue raised by a member during the summer, the Frequently Addressed Questions (FAQ) available on the website were recently updated to address the question "What type of information can I include in Member Announcements in the Monthly Update and on the BAC website?" The FAQ are a great starting point if you have any questions about your membership, signing up for a tour, cancelling from a tour, tour final accounting, travel insurance, and COVID-19 and BAC tours.

### **Nominations for the Board**

A separate notice is included in this Update, calling for nominations to BAC's Board of Directors. I strongly encourage all members to consider putting their names forward or the names of fellow BAC members who you think have the skills and background necessary. Name(s) should be submitted to the Office ([office@bicycleadventureclub.org](mailto:office@bicycleadventureclub.org)) or to the nominating committee. It is important to have a range of perspectives on the Board. Brenda Cole and I will be stepping down from the Board after the Annual General Meeting at the end of February 2022.

### **CALL FOR NOMINATIONS**

Nominations to the BAC Board of Directors are being accepted through October 31, 2021. Two vacancies need to be filled - Elizabeth Buckingham and Brenda Cole's terms are coming to an end. Elizabeth is not eligible for re-election and Brenda has decided to not seek another term.

The term of office for any new Board members will be three years. As set out in Section 3.1 of the Bylaws, a Board member must be a club member for at least two years prior to his/her assumption of office, must be a club member throughout his/her tenure as a Board Member, and must be in continued compliance with the bylaws and the Board's governance policies including the Board Members' Code of Conduct during their tenure on the Board.

The club's Board Policies which were most recently updated in March 2021 and available on the BAC website under "Docs" outlines the Board Job Description; the characteristics, qualities and perspectives sought in Board members; the roles of Officers of the corporation; and existing committees and their responsibilities. The Board is specifically looking for someone at this time that has experience as a BAC ride leader and someone who could ultimately take over responsibility for the website from Jim Yuhn.

Desirable skills for the website position in order of importance include:

- Strong computer skills including email, web browser, and word/excel
- Club Express administrator skills (documentation on the system including webinars on various features is available on the Club Express website)
- Information Technology background including server management, security, email, and web server configuration and management
- Generation of concise requirements / problem statements to a software development team
- Software test and validation upon delivery of software updates and bug fixes
- Configuration of Windows Server, MYSQL database, Microsoft IIS, and Smartermail programs
- Relational database expertise including SQL query and update statements
- Software design, debugging, and coding in Microsoft ASP Classic and HTML languages

If you want to know more about serving on the Board, feel free to contact a member of the Nominating Committee (Marion Campbell ([mwcampbell@earthlink.net](mailto:mwcampbell@earthlink.net)), Sue Bunten ([sue@bunten.ca](mailto:sue@bunten.ca)), Jan Erickson ([bacjan50@gmail.com](mailto:bacjan50@gmail.com)), or Tom Leever ([tmleever@gmail.com](mailto:tmleever@gmail.com))). If you know of someone who you think will make a good Board member, please contact the BAC office ([office@bicycleadventureclub.org](mailto:office@bicycleadventureclub.org) or 858-715-9510) or one of the Nominating Committee members who in turn will get in touch with the individual.

If you are interested in serving on the Board, please contact the office to determine what information needs to be submitted to support the Nominating Committee's decision making process.

By the end of November the Board will determine which candidates it will nominate for election to the Board. The number of nominees will equal the number of positions the Board plans to fill. These nominees will be announced to the membership in the December 2021 Monthly Update. If there are any other members who wish to be nominated directly by the membership, they will have until January 14, 2022 to submit a petition with the signatures of two percent of the

membership (approximately 35 signatures). Between January 15, 2022 and February 15, 2022 proxies will be sought for all the nominated candidates. These proxies will be exercised by the Board Chair at the Annual General Meeting currently scheduled for February 27, 2022.

**NEW MEMBERS** We are pleased to welcome these new BAC Members who have joined us in Sept 2021. If they live near you give them a call.

Michele McGuinness and Marty Huffman, Fountain Hills, AZ  
Sheila and Reid Hansen, Peoria, IL  
Robin Dushkin, Encinitas, CA  
Samuel Wilson, Houston, TX  
Michael and Petra Silverstein, Mill Creek, WA  
Rebecca and Rhys Williams, Haverford, PA  
Beth hare and john Salveson, Bryn Mawr, PA  
Virginia Bushell, Studio City, CA  
James Scott and Heidi Fleischmann, Albuquerque, NM  
Patricia Takahashi, Walnut Creek, CA  
Catherine Grimes, Merion Station, PA  
Jeff and Judy Cox, Decatur, IL  
Don Mosley, Three Rivers, CA  
Pamela Patterson, Tucson, AZ  
Jacqi Fifield, Bend, OR  
Julie Benz, Melbourne, FL  
Mary Johnson, Anchorage, AK  
Carol Toepfer, Novato, CA  
Randy Fay, Palisade, CO  
Kathleen Alexandre, South Lake Tahoe, CA  
Vicky Morter, Tucson, AZ  
Jennifer Hine, Springfield, VA

## **TOURS**

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

**2022 Lake Michigan Ramble** Sept 6-20, 2022 Ride Directors: Dorothy Stock & Alexandra Wagner. Start Location: Mackinaw City, Michigan. Finish Location: Mackinaw City, Michigan. Ride Rating: 2B!

**Riding Through History-Virginia Capital to Capital** Oct 22-30, 2022. Ride Directors: Joan & Chuck Feerick. Start Location: Richmond, VA. Finish Location: Richmond, VA. Ride Rating: 1B!

**Rides with Space Available**

- GAP and C&O Trails 2021 Oct 9, 2021 - Oct 18, 2021 1C
- The Best of Tasmania 2022 Jan 31, 2022 - Feb 15, 2022 3B
- Flowers In The Hills 1 Apr 3, 2022 - Apr 10, 2022 2B
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Green Roads of Tuscany - Section Two May 11, 2022 - May 26, 2022 3A
- Portugal Wildflowers Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
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- Tour de Victoria Encore Jun 30, 2022 - Jul 8, 2022 2B
- Azores Bike Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A
- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Rescheduled Belgium: Cuisine and Culture Sep 3, 2022 - Sep 16, 2022 2B
- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C [Space for a female to share room](#)
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Rescheduled New Zealand East Coast South Island 2023 Jan 22, 2023 - Feb 5, 2023 2C
- Reschedule New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Rescheduled Kyushu and Yakushima Island May 9, 2023 - May 20, 2023 3C
- Tuscany: From Sun to Sea May 14, 2023 - May 26, 2023 2B

## **DIRECTING A BAC INTERNATIONAL TOUR**

RIDE LEADER SEMINAR upcoming session on “Directing a BAC International Tour” provided by the Ride Leader Training & Development Committee

Ride leaders: Have you given any thought to leading your own international tour? It's easier than you might think and incredibly rewarding to develop a tour in a lovely country with history and foreign culture, great food, wine, beer and beautiful scenery.

If you are an experienced BAC ride leader you too can direct your own international tour. All you need to do is find a suitable cycle tour route (and there are many) or a set of excellent local rides in a wonderful international location, then put your existing ride leader skills to work.

The BAC RL Training & Development Committee has prepared a 2 part Zoom training session for Monday, December 6th and Wednesday, December 8<sup>th</sup>.

This training will be presented by Sue Bunten & Warner Griswold.



Warner has directed or proposed 25 tours for BAC, coordinated 2 CAT tours as well as acted as driver on 4 tours. Of those, 9 are international tours and he has just returned from a small private 37 day overseas tour that he organized.

Sue has directed or proposed 4 tours and has co-directed 5 tours with Warner. Four of these are international tours. Sue and Warner are both currently planning a slate of directed 2023 international tours

**Training Session 1 - Three Strategies for Coming up with an International Tour**

We will help you find a tour inspiration and will review examples for laying out a tour from international tour guidebooks and from (vast amounts of) online information.

**Training Session 2 - The Logistics for Running an International Tour**

We have interviewed a number our club's pre-eminent self-directed international tour leaders and will present their tips and suggestions specifically respecting international tours including: currency issues, meals, beds, social hours, cell phones, RWGPS mapping and much more.

We hope you will participate in this training. There are many, many untapped tour routes that are excellent prospects for a directed international tour which could be led by any of our fabulous and experienced ride leaders.

**The details:**

**Dates:** Monday, December 6 and Wednesday, December 8 (You must register for each of the 2 sessions/parts separately.) The expectation is that people signing up for Session 2 will have participated in Session 1 also.

**Duration:** 2 hours per session

**Time:** 7:30 PM Eastern, 6:30 PM Central, 5:30 PM Mountain, 4:30 PM Pacific

**To Register for Session 1:** Click here [Directing a BAC International Tour Session 1](#)  
*Three Strategies for Coming Up with an International Tour*

Or enter this web address:

<https://us02web.zoom.us/meeting/register/tZMldOCtpzsjE9VmHi0TOLHFbg8Y22uLCxSE>

**To Register for Session 2:** Click here [Directing a BAC International Tour Session 2](#)  
*The Logistics of Running an International Tour*

Or enter this web address:

<https://us02web.zoom.us/meeting/register/tZ0vd-CvrD8tHNNKoNS0OZ04Isrk1a39PkuI>

After registering, you will receive 2 confirmation emails containing information about joining the seminar's 2 sessions. Reminder emails with all needed information will be sent the day before each session.

**MEMBERS CORNER**

**A Ride from Pittsburgh to DC-GAP and the C&O (Oct 2022)** We are looking for a single female to share a room with another single female. We have a total of five spots remaining with

two pending on our tour from Pittsburgh to Washington D.C Its 335 miles of almost car free cycling- the 150-mile Great Allegheny Passage (“GAP”) and the 185-mile Chesapeake and Ohio Rail Trail (C&O) -joined together for a dream-like route from Pittsburgh to Washington DC. It is the creation of multitude of volunteer community organizations banding together in their quest to create these two trails. The GAP is an old railroad bed, and the C&O was a former path for boats to be towed down a human-made 185-mile canal, made obsolete by the building of the nearby railroad. It is classic and a bucket list tour.

**There are still openings in the Vienna Woods and the Austrian Lake District 2022.**

Currently Austria is 60.8% fully vaccinated against Covid-19 and 64.4% with at least one dose, a higher rate than the USA. This trip has been offered twice before and loops from Baden (near Vienna) to Mondsee (near Salzburg) and back. The trip has received mostly five-star reviews and has been completely scouted with detailed maps, cue sheets, and GPS tracks making it a great adventure while minimizing the frustration of inaccurate information. Participants from the prior trips have made such comments about this trip as: “Best BAC trip I’ve ever taken (18 to date)”; “Roger & Tony were concerned about everyone’s well-being on the trip, very genuine”; “menus and meals beautifully presented”; “the mountains, lakes, fresh air, dramatic landscapes, picture-perfect farms”; “being surprised with a birthday cake at dinner!”; “the quality of the roads made riding an absolute joy”; “attending Mass on Corpus Christi in the Mariazell Basilica; one of the 7 most important pilgrimage cities in Europe”; “the prolific flowers, in yards, along the roads, in overflowing window boxes”, “the connection I felt to the country through the routes and the hotel hosts”; “it’s harder than I expected, but I love it”; “I’d sign up again in a heartbeat”.....and so it went. We hope you will consider joining us in 2022! For more information please read the [trip description](#).

**For Sale BAC Womens Jersey size XL.** Brand New. It is smaller than a typical XL. Price is \$45 and free shipping. Contact Dianne Olsen if interested. 907-382-8774.  
[lawofficeofdianneolsen@gmail.com](mailto:lawofficeofdianneolsen@gmail.com)

**For Sale Bike Friday Pocket Rocket.** Approx 51 cm. Shimano Ultegra components. Triple in hub. Located in Houston, TX. \$900 includes Samsonite case. [pathighet@sbcglobal.net](mailto:pathighet@sbcglobal.net) or 713-557-5720.

**For Sale 2005 Axiom Seven Titanium Mens Bicycle,** Built for comfort for a 6 foot man. Campagnola Chorus, Triple, 700cc Mavic wheels, King Headset \$2000. If interested contact Colleen at [jalapenomama8@hotmail.com](mailto:jalapenomama8@hotmail.com)

Nancy Bohnett-BAC Office Manager  
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[www.bicycleadventureclub.org](http://www.bicycleadventureclub.org)

Hello BAC Members,

Welcome to the November 2021 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

### **NOVEMBER 2021 VIEW FROM THE CHAIR (Elizabeth Buckingham)**

The BAC tours for 2021 have all been successfully completed. There were ultimately eighteen tours, all in the United States. Many thanks to the following leaders and co-leaders who put in considerable effort to organize the tours at a time when there was a lot of uncertainty as to what might happen and which hotels and restaurants would still be open:

- Mike Ballinger
- Kristi Brubaker
- Alice Carter
- Bridgette DeShields
- Chuck Feerick
- Joan Feerick
- Lucy Glover
- Randy Glover
- Warner Griswold
- Becky Hettinger
- Charlie Hettinger
- Huey Hurst
- Julie Leever
- Tom Leever
- Ida Nystrom
- Liz Nystrom
- Claire Robinson
- Barb Rudolph
- Glenn Rudolph
- Jean Sifleet
- Christina Simpson
- Anne Smith
- Bob Smith
- Joel Spencer
- Ramona Turner
- Carol Velamparambil

Five of the tours were led by first time ride leaders.

Due to ongoing State Department Reconsider Travel and Do Not Travel advisories for the foreign countries where BAC typically has tours and members' concerns about travelling, none of the planned 2021 Overseas tours took place except for two to Spain and Austria/Italy which proceeded as private tours. We are hopeful that most of the more than forty planned 2022 tours will be able to proceed including those scheduled for Europe. There is still space available on some US/Canada and overseas tours. Requirements for entry into other countries are constantly evolving and if you are signed up for a trip outside the US, your ride leader will let you know what the requirements are as the start date gets closer.

**NEW MEMBERS** We are pleased to welcome these new BAC Members who have joined us in October 2021. If they live near you give them a call.

Paul Bibeau Baily CO  
Terry Hogue Golden CO  
Lori Polonsky Alexandria VA  
David Christie Golden CO  
Mark Duenas Santa Rosa CA  
Susi & Kurt Vogler Santa Rosa CA  
Kelly & Dennis Rapkins Fredericksburg VA  
Victoria Vogel Mill Valley CA  
Virginia Fong San Rafael CA  
Richard & Gale Grenier Yorba Linda CA  
Robert Vogel Trinidad CA  
Simona Carini Trinidad CA  
Madeline Moore Petaluma CA  
Lee Larsen Mill Valley CA  
Mark Roelofs & Elizabeth McCord Soquel CA  
Holly Miller Bellingham WA  
Margaret Henderson Cornelius NC  
Miriam Simon Waterford VT

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New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

**Salzburg to Innsbruck Bike & Hike** Aug 29-Sept 12, 2023. Ride Directors: Warner Griswold and Sue Buntin. Start Location: Salzburg Austria. Finish Location: Innsbruck, Austria. Ride Rating: 2B!

**Innsbruck to Venice Bike & Hike** Sept 15-Oct 1, 2023. Ride Directors: Warner Griswold and Sue Buntin. Start Location: Innsbruck Austria. Finish Location: Treviso, Italy. Ride Rating: 2B!

## **Rides with Space Available**

- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Green Roads of Tuscany - Section Two May 11, 2022 - May 26, 2022 3A
- Portugal Wildflowers Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
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- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled New Zealand East Coast South Island 2023 Jan 22, 2023 - Feb 5, 2023 2C
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Or enter this web address:

<https://us02web.zoom.us/meeting/register/tZMldOCtpzsjE9VmHi0TOLHFbg8Y22uLCxSE>

**To Register for Session 2:** Click here [Directing a BAC International Tour Session 2](#)  
*The Logistics of Running an International Tour*

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**OVERVIEW:** If you want to lead a BAC ride but don't know where to start then plan to participate in the BAC Zoom Ride Leader Seminar in four two hour sessions in February 2022.

This live web-based training was first offered in November 2020 and received rave reviews. Most of the training participants have now offered their own rides through BAC.

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**Registration will be in Zoom and information about how to register will be coming in a future newsletter.**

### **ARE YOU INTERESTED?**

**Adirondacks Fall Foliage 2022** Are you interested? Tom and Julie Leever are hoping to post the Adirondacks Fall Foliage 2022 tour next month. The specific dates are not yet confirmed. TENTATIVE schedule for the eleven day tour will start around October 6, 2022. When you see the tour posted in the "New Ride Previews" it will open to members on the first of the next month.

### **MEMBERS CORNER**

**There are still openings in the Vienna Woods and the Austrian Lake District 2022.**

Currently Austria is 60.8% fully vaccinated against Covid-19 and 64.4% with at least one dose, a higher rate than the USA. This trip has been offered twice before and loops from Baden (near Vienna) to Mondsee (near Salzburg) and back. The trip has received mostly five-star reviews and has been completely scouted with detailed maps, cue sheets, and GPS tracks making it a great adventure while minimizing the frustration of inaccurate information. Participants from the prior trips have made such comments about this trip as: "Best BAC trip I've ever taken (18 to

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[lawofficeofdianneolsen@gmail.com](mailto:lawofficeofdianneolsen@gmail.com)

**For Sale Bike Friday Pocket Rocket.** Approx 51 cm. Shimano Ultegra components. Triple in hub. Located in Houston, TX. Price reduced-\$600 includes Samsonite case.  
[pathighet@sbcglobal.net](mailto:pathighet@sbcglobal.net) or 713-557-5720.

**For Sale 2005 Axiom Seven Titanium Mens Bicycle,** Built for comfort for a 6 foot man. Campagnola Chorus, Triple, 700cc Mavic wheels, King Headset \$2000. If interested contact Colleen at [jalapenomama8@hotmail.com](mailto:jalapenomama8@hotmail.com)

Nancy Bohnett-BAC Office Manager  
PO Box 23998  
San Diego. CA 92193  
858.715.9510  
[office@bicyleadventureclub.org](mailto:office@bicyleadventureclub.org)  
[www.bicyleadventureclub.org](http://www.bicyleadventureclub.org)



Hello BAC Members,

Welcome to the December 2021 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

**DECEMBER 2021 VIEW FROM THE CHAIR (Elizabeth Buckingham)**

One of the Board's objectives for 2021 was to get more club members involved in the routine operations of the Club. We are quite pleased with the progress that has been made in this regard, and will be striving to increase the level of involvement of club members in future. Club members who gave generously of their time during 2021 included:

- Albert Balingit (ride mentor/tour reviewer, training)
- Alice Campbell (ride mentor/tour reviewer)
- Bridgette DeShields (Health & Safety subcommittee, training)
- Joan Feerick (training)
- Lucy Glover (ride mentor/tour reviewer)
- Kate Gordon (ride mentor/tour reviewer)
- Warner Griswold (ride mentor/tour reviewer, training)
- Karen Hass (ride mentor/tour reviewer)
- Rosa Katz (bookkeeping)
- Julie Leever (ride mentor/tour reviewer)
- Jane Maxwell (ride mentor/tour reviewer)
- John McManus (ride mentor/tour reviewer)
- Marita Moberg (ride mentor/tour reviewer)
- Bruce Nelson (website photo editor)
- Maria Nelson (training)
- Richard Oddy (training)
- Barb Rudolph (ride mentor/tour reviewer)
- Glenn Rudolph (ride mentor/tour reviewer)
- Clarice Sackett (ride mentor/tour reviewer)

Our thanks are extended to these club members for sharing their knowledge and expertise which has contributed significantly to the Club's ongoing operations during the past year.

***2021 Annual General Meeting***

BAC's 2021 Annual General Meeting will be held Sunday, February 27, 2022 at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2021 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. More details will be provided in the February 2022 Update on how to sign up to participate in the meeting.

**NEW MEMBERS** We are pleased to welcome these new BAC Members who have joined us in November 2021. If they live near you give them a call.

Helmi and Ron McHenry, Summerland, BC  
Kathleen and Brad Boyle, Rochester, MI  
Patrick Stites, Windsor, CA  
Maryse Rajotte, Penticton, BC  
Karen Reich and Gerry Wendrovsky, New York, NY  
Mary Euretig and Dave McKie, Gold River, CA  
Mark and Stephanie Simpson, Bainbridge Island, WA

## **TOURS**

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

**2022 On-line Ride Leader Seminar Feb 8-17, 2022** Seminar Leaders Maria Nelson and Joan Feerick. Start and Finish Location: On Line.

**Camino del Cid 2022** Sept 1-16, 2022. Ride Coordinator: Karen Hass in conjunction with Iberocycle. Start Location: Burgos, Spain. Finish Location: Valencia, Spain. Ride Rating: 4C

**Adirondacks Fall Foliage 2022** Oct 6-17, 2022. Ride Directors: Julie and Tom Leever. Start Location: S. Burlington, VT. Finish Location: S. Burlington, VT. Ride Rating: 3B

**Headwaters of the Rhône to the Mediterranean** June 1-18, 2023 Ride Directors: Warner Griswold, Lori Henley. Start Location: Zurich, Switzerland. Finish Location: Fos-sur-Mer/Marseille. Ride Rating: 2B!

**Headwaters of the Rhine to the North Sea and Amsterdam** June 20-July 12, 2023. Ride Directors: Warner Griswold & Sue Bunten. Start Location: Zurich Switzerland. Finish Location: Amsterdam, Netherlands. Ride Rating: 2C!

**Islands of the Pacific Northwest** June 24-July 6, 2023 Ride Directors: Maria & Doug Nelson. Start Location: Sydney, BC. Finish Location: Sydney, BC. Ride Rating: 2B

## **Rides with Space Available**

- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalusia 2022 Apr 23, 2022 - May 8, 2022 3B
- Portugal Wildflowers & Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
- Vienna Woods and the Austrian Lake District 2022 Jun 5, 2022 - Jun 19, 2022 3C
- West of England 2022 Jun 12, 2022 - Jun 25, 2022 2B
- Azores Bike Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A

- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- New Zealand East Coast South Island 2023 Jan 22, 2023 - Feb 5, 2023 2C
- Rescheduled The Best of Tasmania 2023 Jan 31, 2023 - Feb 15, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Rescheduled Kyushu and Yakushima Island May 9, 2023 - May 20, 2023 3C
- Tuscany: From Sun to Sea May 14, 2023 - May 26, 2023 2B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

## NEW RIDE LEADERS

**Maria and Doug Nelson – (Islands of the Pacific Northwest 2023).** We joined BAC in 2015 after learning about it from friends. Since then we've participated in 14 BAC trips. That number would be 19 by now if Covid hadn't interrupted our plans. Maria began cycling when she became interested in competing in triathlons. Later on, an invitation from Maria's sister to join her for the annual Seattle to Portland (STP) ride which is 200+ miles usually ridden in two days. This led us to joining the Cascade Bicycle Club and getting in shape for the STP with the Cascade Training Series. We've also enjoyed other Cascade events including the RSVP (Ride from Seattle to Vancouver and Party). Since that time, Maria has ridden the STP three times (twice in one day) and Doug has ridden it 5 times (4 times in one day). We both retired in 2019 and have enjoyed cycling around the Pacific Northwest when our BAC trips were cancelled. Maria is the co-chair of the BAC Ride Leader Training and Development Committee so she's had great access to BAC resources and experienced mentors to become a new ride leader. Warner Griswold recently asked us to take over the Islands of the Pacific Northwest tour and we are excited to invite BAC members to this beautiful area of the world that we call home. We are also working on proposals for tours in Bend/Central Oregon and the Walla Walla area of southeast Washington which includes many great wineries. We've found BAC to be a great way to travel, cycle in exciting places and meet wonderful people.

## BAC BOARD ELECTION 2022

The Board has nominated Kate Roney Faulkner and Barbara Rudolph to three year terms. Biographical information is provided for each of them below. Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2022. Proxies will be solicited from January 15 to February 15, 2022 for candidates nominated by the Board and those nominated by the membership. The proxies cast will be exercised by the Board Chair at the Annual General Meeting following the direction provided.

**Kate Roney Faulkner:** I participated in my first BAC trip (a wonderful two weeks in the south of France led by the indomitable Donna Graham) in 2001. Since then, I and my husband Bill

have enjoyed a number of domestic and international BAC trips. We have found all aspects of BAC to be an excellent fit for us.

Bill and I have lived in Ventura, CA since 1990. I retired in 2016 after a 35-year career as a biologist with the National Park Service. I celebrated retirement by biking from Seattle to Washington, D.C. with a van-supported group of friends. We arrived in D.C. in time to join the official celebration of the 100-year anniversary of U.S. national parks on the Washington Mall. I am passionate about the potential for bicycles to improve people's physical and mental health. I have found a bicycle to be the ideal mode of travel in my everyday life and as a tourist. In retirement, I participate in several local bicycle advocacy organizations and advisory groups. I am a long-term member, and elected Board of Director officer, of my local bike club, the Channel Islands Bicycle Club. I look forward to supporting BAC as a member of the Board.

**Barbara Rudolph:** I have been riding bicycles for approximately fifteen years. A few of those years I focused on racing until I wised up and decided riding just for fun was smarter and safer! I cycled across the United States during the summer of 2015, organized several cycling tours/vacations with friends, and have spent the past three year traveling and cycling the United States. I joined BAC in 2016, but had to wait to participate on any tours because of something called work. However; when I retired in January of 2019, ending my career as a public school principal, I quickly became involved with BAC and I went on my first tour: The Adirondacks 2019, and began planning the first two tours I would lead: Fort Myers to Key West 2021 and the Gap and C&O 2021. I have also co-lead The Fall Colors of Carbondale II 2021 and I am scheduled to co-lead The Islands of the Pacific NW 2022. I enjoy being a participant, but I also enjoy giving back to BAC as a ride leader and co-leader. I feel I can still offer more to help continue the success of BAC by participating on the Board. My work experience and career in public education gives me a skill set that may be beneficial to BAC as a board member: cooperative, organized, committed to excellence and a team player. Throughout my career I was responsible for ensuring the success of others: students and teachers. I have experience working with boards and using systems, policies and guidelines to drive decision making while keeping an open mind and open ears to the ideas and needs of all stakeholders. I love BAC and the motto of: "Friends Leading Friends" on bicycle tours not for profit. I love to ride my bicycle, make new friends, and explore new areas. My goal as a board member would be to work cooperatively with the other board members to ensure that BAC maintains its high level of commitment to provide members excellent tours. I would focus my attention on meeting the needs of the ride leaders as a means to increase tour opportunities for the BAC membership. It would be an honor and a privilege to serve on the BAC Board.

## **DIRECTING A BAC INTERNATIONAL TOUR**

RIDE LEADER SEMINAR upcoming session on "Directing a BAC International Tour" provided by the Ride Leader Training & Development Committee.

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*The Logistics of Running an International Tour*

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**Start 2022 off with a great tour in Spain - White Villages of Andalusia 2022.** This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. Interest has been picking up and we are getting close to our minimum number of participants. Don't miss your chance to enjoy this tour that has received very high ratings on each of the previous 5 editions (2011, 2012, 2015, 2016, 2018). After being cancelled in 2020 & 2021 due to COVID we will once again be running this tour with the outstanding IberoCycle tour company, for the

2022 version we incorporated an additional day allowing us to shorten one of the longer days and add a visit to the city of Jerez, famous for its sherry & wine. Spain has one of the highest vaccination rates (80+%) in the world and on my recent visit to Spain in September I found the mask compliance and general COVID safety to be very good. For more details about the tour please see the [trip description](#).

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