

BAC MONTHLY UPDATE

AUGUST 2023



Laurie Malen enjoys the view of Urbino. Le Marche 2023. Leaders Julie Leever and Sanborn Hodgkins

Hello BAC Members,

Welcome to the Aug 2023 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Marion Campbell) AUGUST 2023

Once again, I marvel at the willingness of our members to give back to this amazing club. Over the course of the spring and into the summer seven volunteer ride leaders worked closely with Glenn Rudolph (Ride Review Director) and the BAC Board of Directors to review and modify changes to the BAC Ride Leader Policy and Guidelines (RLP&G) that the Board approved in principle in January 2023. Thank you very much Bridgette Deshields, Randy Glover, Albert

Balingit, Lucy Glover, Warner Griswold, Julie Leever, Steve Saxe, and Glenn for your hard work and for giving your time to take this on.

The RLP&G helps ride leaders develop successful bike tours for BAC members. The document provides guidance for tour planning, description, administration, and budget development in order to provide a consistently excellent experience for all. The Board, in conjunction with Glenn and the volunteers I mentioned, worked to modify revisions proposed in two areas of the RLP&G: ride leader budget/expenses and management of health and safety.

The revisions regarding ride leader expenses and scouting expenses provide ride leaders with specific parameters to use when budgeting and expensing a tour. These changes will take effect for all tours proposed for 2025 and later.

Revisions were also approved to replace COVID guidelines with a new Health and Safety policy and guidelines. This gives broad guidance to help ride leaders insure a safe and healthy tour. These health and safety related changes take effect for all tours proposed on or after August 1, 2023. I particularly want to recognize the contributions of Bridgette Deshields. As Chair of the Health and Safety committee, Bridgette has done a tremendous job in guiding the club through the very difficult COVID times.

POLICY CHANGES

Revisions to the RLP&G were “approved in principle” at the January Board of Directors meeting and published in the February BAC Newsletter. After feedback from a number of ride leaders, an open forum was held in February led by Glenn Rudolph. Following the forum, a ride leader committee was formed to make recommendations to the Board that reflected the feedback from participating ride leaders.

The Board of Directors accepted the recommendations from the committee. After changing the effective date to be for all 2025 tours rather than a certain date, the Board, at the July meeting, unanimously approved an updated RLP&G.

Ride leaders and all members are encouraged to review the following documents on the BAC documents page for details of the changes:

- Ride Leader Policy and Guidelines Approved July 20, 2023: (especially page 20). The changes highlighted will take effect immediately.
- Ride Leader Policy and Guidelines Approved July 20, 2023 for Tours beginning in 2025 and Later (especially pages 42-43). These changes will take effect for all tours in 2025 and later.

Please contact Kate Faulkner (kerfaulkner@gmail.com), policy committee chair, with any questions.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in July 2023. If they live near you give them a call.

Jonathan Uder, San Luis Obispo, CA

Joy Martino, Hendersonville, NV
Carlos Alcala, Sacramento, CA
Jeannette Kortz, Richmond, CA
Betsy Wisch, Stow, MA
Christine Skelly, Farmington, CT
Susan Stanton, Castro Valley, CA
Curt Young, Windsor, CA
Chris and Patricia Aubel, Edwards, CO
David Brittain, Milwaukee, WI
Elizabeth Elder, Denver, CO
Susan Drubin, Derwood, MD
Daniel Fritz, El Cerrito, CA
Bob and Krista Happ, Indialantic, FL
Sylvia Malthouse, Ladysmith, BC
Sherri and Gil Bates, Long Beach, CA
Martha and Larry Shea, Janesville, WI
Gordon Jones, Calgary, AB

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **St. John’s Loop, St. Augustine, FL** March 18-26, 2024. Ride Directors: Mark Copher & Robyn Saur. Start Location: St. Augustine, FL. Finish Location: St. Augustine, FL. Ride Rating: 1B!
- **Solvang in Spring – 2024** April 7-13, 2024. Ride Directors: Dianne Olsen & George Ellis. Start Location: Solvang, CA. Finish Location: Solvang, CA. Ride Rating: 2B!
- **Paso Robles Ramble 2024** April 14-20, 2024. Ride Directors: Richard & Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B!
- **Cape Cod and the Islands** Sept 4-19, 2024. Ride Director: Albert Balingit. Start Location: Yarmouth, MA. Finish Location: Provincetown, MA. Ride Rating: 1A
- **Pittsburgh to DC: The GAP and CO Trails** Sept 23-Oct 6, 2024. Ride Director: Albert Balingit. Start Location: Pittsburgh, PA. Finish Location: Washington, DC. Ride Rating: 1C!

RIDES WITH SPACE AVAILABLE

- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Fall Colors of Carbondale, CO Sep 27, 2023 - Oct 4, 2023 3C
- New Zealand Canterbury & Otago Off Road 2024 Feb 16, 2024 - Mar 1, 2024 3B
- New Zealand Westland & Tasman Off Road 2024 Mar 6, 2024 - Mar 20, 2024 3B
- Tucson Spring Warm-up Mar 21, 2024 - Mar 28, 2024 2B
- Puglia 2024 - Land of History, Scenery, Beaches Apr 19, 2024 - May 4, 2024 1B
- Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B
- Camino del Cid 2024 May 11, 2024 - May 30, 2024 4C [Space for female to share room](#)
- Prague to Budapest a Historic Ride through 4 Countries Aug 18, 2024 - Sep 6, 2024 3B
[Space for male to share room or single solo](#)
- The "Other" Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Empire State Trail, part 1 - Erie Canal Heritage Trail Sep 4, 2024 - Sep 14, 2024 1B
- Not Just a Flat Netherlands - 3 Country Tour Sep 4, 2024 - Sep 16, 2024 2A
- Salzburg Double Loop - Seven Lakes Sep 10, 2024 - Sep 26, 2024 2B
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C

SINGLES LOOKING FOR ROOMATES (New Section)

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month. Also Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

Camino del Cid 2024 May 11-30, 2024. [Space for female](#) to share a room.

Contact leader Karen Hass karenbikes2@gmail.com

Prague to Budapest a Historic Ride through 4 Countries. Aug 18-Sept 6, 2024. [Space for male to share room or single solo](#) rider.

Contact leader Warner Griswold jwarner-griswold@att.net

MEMBERS CORNER

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

For Sale: PARLEE CARBON ROAD BIKE, 52cm FRAME. Manufactured in 2013 with an original price of \$8000.00+. Sram Red electronic components, front 50/34, Rear 11/32. Handle

bar FSA K-wing 400mm carbon. Wheel set ENVE 45 carbon. Bike weighs 16 lbs. including pedals. Asking \$2200.00 firm. Located in the Seattle area but will ship. Pictures available. Please contact Jim Taylor at j-taylor@comcast.net.

For Sale Co-Motion steel coupled tandem 1997 Made for 6'2"+_6" and 5'4"+_4" Campy shifters and derailleur, 3x8 Caliper brakes + drum SPD compatible pedals Fairfax, Va. Price \$2500. If interested call Charlie Dyer 703.507.2066

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2023 – **use discount code bacrocks2023**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.