

# BAC MONTHLY UPDATE

JULY 2023



*Corsica-The Isle of Beauty. Ride directed by Rosa Katz and Arleen Sakamoto*

Hello BAC Members,

Welcome to the July 2023 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

## **VIEW FROM THE CHAIR (Marion Campbell) JULY 2023**

Have you ever stopped and asked yourself, “What makes BAC tours different from other bike trips?” Of course, there are many answers to that question! But the one that stands out for me is the fact that our club was founded on the principle of “Friends Leading Friends.” The tour leaders are members of the club who offer to take a group on a memorable bike trip. To facilitate this, the leaders have organized hotels, routes, happy hours, luggage transport and lots of other elements of the tour. These elements set the stage for fun and enjoyment. However, as the old

saying goes, “You get back what you put into it.” On successful tours participants are rewarded with many new friends if they show courtesy, respect, and kindness to others in the group. And of course, follow the requests of the leader.

On your next tour I hope you can make many new friends and have lots of fun doing it!

## **SINGLES LOOKING FOR ROOMATES (New Section)**

Members, if you are signed up or trying to get on a bike tour and you are looking for a roommate you can send in a note to me at the office and let me know and I will include your request in this section of the newsletter each month. Also Leaders, if you have someone on your ride looking for a roommate drop me a note to include here.

If a roommate has been found, let me know so the notice can be removed.

Note to get it in the monthly update I will need to receive the notice prior to the first business day of each month.

**Camino del Cid 2024** May 11-30, 2024. [Space for female](#) to share a room.

Contact leader Karen Hass [karenbikes2@gmail.com](mailto:karenbikes2@gmail.com)

**Prague to Budapest a Historic Ride through 4 Countries.** Aug 18-Sept 6, 2024. [Space for male to share room or single solo](#) rider.

Contact leader Warner Griswold [jwarner-griswold@att.net](mailto:jwarner-griswold@att.net)

## **Updating BAC’s Ride Leader Policies**

BAC’s “Ride Leader Policies and Guidelines”, or RLPG, describes the process for all aspects of leading or coordinating a club ride; such as tour planning, allowed costs, working with commercial tour operators, and the steps to developing a successful BAC tour. As one might imagine, this document is very helpful to ride leaders and also helps to ensure that club members know what to expect when they sign up for a BAC ride.

The RLPG is updated, as needed, to address new issues. BAC tours are very diverse; we have international and domestic tours. Within those categories are fixed-base, semi-roaming, and roaming tours. Additionally, international tours may involve a commercial bike tour company. In 2022 it became apparent that guidance was needed regarding allowable expenses for ride leaders, ride coordinators, and support drivers. Leadership support expenses necessarily vary between tour types. The BAC Board has been working with a committee of ride leaders to define reasonable and fair reimbursements for leadership team costs.

The RLPG update is currently being reviewed by the Board and should be available in late July.

## **NEW MEMBERS**

We are pleased to welcome these new BAC Members who have joined us in June 2023. If they live near you give them a call.

Dawn Hartstock, Seaside, CA

John Favreau, Ocala, FL

John and Susan Wallace, Dothan, AL  
Russ Gates, Aurora, CO  
Marianne Waugh, Petaluma, CA  
Alan Shepardson, Canandaigua, NY  
Connie Miller, Colorado Springs, CO  
Dan Weinberg, Healdsburg, CA  
Bob Miller, Lynnfield, MA  
Karen Morris and Don Allred, Colorado Springs, CO  
Judith Brotherton, Townsend, GA  
Laura Hanssen and Dan Walsh, Carbondale, CO  
Carol van Maris and Scott Doyle, Huntsville, ON  
Kristen Scheller, Walnut Creek, CA  
Christopher Richards, Walnut Creek, CA  
Larry and Cheryl Oreglia, Campbell, CA  
Paul McKeown, Pittsburgh, PA  
Kimberly Freitas, Redwood City, CA

## TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Fall Colors of Carbondale, CO** Aug 27-Sept 4, 2023. Ride Directors: Huey Hurst and Twain Berg. Start Location: Carbondale, CO. Finish Location: Carbondale, CO. Ride Rating: 3C,
- **Tucson Spring Warm-up** Mar 21-28, 2024. Ride Directors: Albert Meerscheidt & Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B!
- **Puglia 2024 - Land of History, Scenery, Beaches** April 19-May 4, 2024. Ride Coordinator: Alma Worthington in conjunction with Hike & Bike Italy. Start Location: Matera, Italy. Finish Location: Lecce, Italy. Ride Rating: 1B!
- **Southern Portugal 2024** Oct 4-20, 2024. Ride Coordinator: Sue Bunten in coordination with Sitnica. Start Location: Evora, Portugal. Finish Location: Tavira, Portugal. Ride Rating: 3B.

## RIDES WITH SPACE AVAILABLE

- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- New Zealand Canterbury & Otago Off Road 2024 Feb 16, 2024 - Mar 1, 2024 3B
- New Zealand Westland & Tasman Off Road 2024 Mar 6, 2024 - Mar 20, 2024 3B



- Andalucía and White Villages Apr 20, 2024 - May 5, 2024 3B [All members welcome, no longer just for tandem riders.](#)
- Camino del Cid 2024 May 11, 2024 - May 30, 2024 4C [Space for female to share room](#)
- Historic Croatia Island Tour May 13, 2024 - Jun 1, 2024 3B
- Mallorca 2024 Second Section May 18, 2024 - Jun 1, 2024 2B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6- Jun 22, 2024 3B
- Prague to Budapest a Historic Ride through 4 Countries Aug 18, 2024 - Sep 6, 2024 3B [Space for male to share room or solo rider](#)
- The “Other” Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Slovenia's Heart, Julian Alps Adriatic Coast Aug 29, 2024 - Sep 12, 2024 2B
- Châteaux of the Loire Valley 2024, Section 1 Sep 1, 2024 - Sep 13, 2024 1B
- Empire State Trail, part 1 - Erie Canal Heritage Trail Sep 4, 2024 - Sep 14, 2024 1B
- Not Just a Flat Netherlands - 3 Country Tour Sep 4, 2024 - Sep 16, 2024 2A
- Salzburg Double Loop - Seven Lakes Sep 10, 2024 - Sep 26, 2024 2B
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C

## PAST RIDE HISTORY

In response to member requests, all logged-in club members will now be able to see the Past Ride History of any other club member. We hope that this new feature will bring us closer together as cycling tourers and friends.

## MEMBERS CORNER

**For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings.** Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email [pullen\\_39@yahoo.com](mailto:pullen_39@yahoo.com), or call/text (804)349-4140

**For Sale: PARLEE CARBON ROAD BIKE, 52cm FRAME.** Manufactured in 2013 with an original price of \$8000.00+. Sram Red electronic components, front 50/34, Rear 11/32. Handle bar FSA K-wing 400mm carbon. Wheel set ENVE 45 carbon. Bike weighs 16 lbs. including pedals. Asking \$2200.00 firm. Located in the Seattle area but will ship. Pictures available. Please contact Jim Taylor at [j-taylor@comcast.net](mailto:j-taylor@comcast.net).

**For Sale Co-Motion steel coupled tandem 1997** Made for 6'2"+\_6" and 5'4"+\_4" Campy shifters and derailleur, 3x8 Caliper brakes + drum SPD compatible pedals Fairfax, Va. Price \$2500. If interested call Charlie Dyer 703.507.2066

**For Sale: two Calfee Designs Tetra Pro coupled carbon road bikes.**

For the 50cm Calfee carbon travel bike (previously listed as 48, but carefully remeasured), here: <https://tinyurl.com/2fnd8xmn> For the 62cm bike at: <https://tinyurl.com/ms2d959f> Location is San Francisco East Bay Area Contact [allen.hardy@gmail.com](mailto:allen.hardy@gmail.com)

**For Sale GIANT LIV Sedona Like new** Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or [garyfinke@pobox.com](mailto:garyfinke@pobox.com)

**For Sale is a 53cm Merlin Magia road bike**, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail for more information and pictures.

**RIDE with GPS (RWGPS) club discount for BAC members extended!** The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2023 – **use discount code bacrocks2023**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.