

BAC MONTHLY UPDATE

MAY 2023



*Spring in Solvang. Enjoying Figueroa Mountain road.
Photo by Michael Blake. Ride leaders George Ellis and Diane Olsen.*

Hello BAC Members,

Welcome to the May 2023 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Marion Campbell) MAY 2023

My wife, Alice, and I are currently on a BAC tour along the California Coast. Just yesterday one tandem couple had the bottom bracket on their bike seize up. Fortunately, they were not hurt. With the help from our tour leaders they were able to find a bike shop that was able to supply them with a replacement part and a tool for them to do the repair the next day and continue on the beautiful tour.

One of the most important things for an exciting and enjoyable trip is safety. As we all know biking is a hazardous sport and it is up to us to do everything we can to put safety first during our rides. Keeping your bike in tip-top mechanical shape is critical to safety. I have found that before packing your bike for shipping is a great time to do a close inspection of some simple but critical components on your bike like: brakes, tires, chain, spokes, and bearings. If you are not comfortable with making a good assessment, then an annual trip to your local bike shop for a

checkup would be an excellent idea. While this may not prevent all breakdowns, like sudden bottom bracket failure, it can help avoid preventable failures.

Make your next trip a safe one by ensuring your bike is performance ready!

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in April 2023. If they live near you give them a call.

- Paul Lindley and Amy Lindley, Fredericksburg, TX
- Ginger Bean, Tampa, FL
- Susan Fullenbaum, Rockville, MD
- Christopher Kettering, Kirkland, WA
- Eric and Patricia Larson, Bellaire, TX
- Tom Glynn, Bothell, WA
- Nee Moylan, Waterford,
- Andre Bonte, Manchester, NH
- Cathie Kulcheski, Coquitlam, BC
- John and Kerstin Maroney, Portland, OR
- Pat Spielman and Jim Morris, Jericho, VT

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

- **Slovenia's Heart, Julian Alps Adriatic Coast** Aug 29-Sept 12, 2024. Ride Directors: Lucy & Randy Glover. Start Location: Ljubljana, Slovenia. Finish Location: Ljubljana, Slovenia Ride Rating: 2B!
- **Eastern Swiss Lakes** Sept 14-28, 2024. Ride Directors: Lucy & Randy Glover. Start Location: Dubendorf, Switzerland. Finish Location: Dubendorf, Switzerland. Ride Rating: 1A!

RIDES WITH SPACE AVAILABLE

- CA Coast: Santa Barbara to San Diego May 7, 2023 - May 16, 2023 2B
- Tuscany: From Sun to Sea May 15, 2023 - May 27, 2023 2B

- Netherlands: Cycling the Green Heart and Hanseatic Towns May 17, 2023 - May 29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Rescheduled Noto Peninsula and the Japan Alps May 28, 2023 - Jun 8, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B [All members welcome, no longer just for tandem riders.](#)
- Camino del Cid 2024 May 11, 2024 - May 30, 2024 4C
- Circumnavigate the Lake of Shining Waters-Lake Ontario May 25, 2024 - Jun 8, 2024 1B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun -22, 2024 3B
- Islands of the Pacific Northwest Jun 22, 2024 - Jul 5, 2024 2B
- Prague to Budapest a Historic Ride through 4 Countries Aug 18, 2024 - Sep 6, 2024 3B
- The "Other" Netherlands: North Brabant Friesland Aug 21, 2024 - Sep 2, 2024 1B
- Empire State Trail, part 1 - Erie Canal Heritage Trail Sep 4, 2024 - Sep 14, 2024 1B
- Salzburg Double Loop - Seven Lakes Sep 10, 2024 - Sep 26, 2024 2B
- Empire State Trail, part 2- NYC to Quebec City Sep 14, 2024 - Sep 29, 2024 1C

OBITUARY

Long time member Mike Kirk of Phoenix passed away on April 11, 2023. He and his wife Nancy have been with BAC since 2006 and participated in over 20 BAC rides together. He will be missed by many.

MEMBERS CORNER

For Sale: 50 cm Miyata 21 speed Steel road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer hard case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

For Sale: PARLEE CARBON ROAD BIKE, 52cm FRAME. Manufactured in 2013 with an original price of \$8000.00+. Sram Red electronic components, front 50/34, Rear 11/32. Handle bar FSA K-wing 400mm carbon. Wheel set ENVE 45 carbon. Bike weighs 16 lbs. including pedals. Asking \$2200.00 firm. Located in the Seattle area but will ship. Pictures available. Please contact Jim Taylor at j-taylor@comcast.net.

For Sale Co-Motion steel coupled tandem 1997 Made for 6'2"+_6" and 5'4"+_4" Campy shifters and derailleur, 3x8 Caliper brakes + drum SPD compatible pedals Fairfax, Va. Price \$2500. If interested call Charlie Dyer 703.507.2066

For Sale: two Calfee Designs Tetra Pro coupled carbon road bikes.

For the 50cm Calfee carbon travel bike (previously listed as 48, but carefully remeasured),

here: <https://tinyurl.com/2fnd8xmn> For the 62cm bike at: <https://tinyurl.com/ms2d959f>
Location is San Francisco East Bay Area Contact allen.hardy@gmail.com

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

Nancy Bohnett-BAC Office Manager
PO Box 23998
San Diego, CA 92193
858.715.9510
office@bicycleadventureclub.org
www.bicycleadventureclub.org