



Vineyards and Rail Trails of Okanagan Valley

Hello BAC Members,

Welcome to the February 2023 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

FEBRUARY 2023 VIEW FROM THE CHAIR (Marion Campbell)

Are you suffering from a case of cabin fever? BAC has a cure just for you! There are currently some beautiful rides available that will get you out in the beautiful sunshine and warm temperatures. There are still spaces available on three rides that are coming up soon: “Spring in Solvang – 2023”, “Flowers In The Hills” and “St. John’s Loop, St. Augustine, FL”. These are a sure-fire way to bust the winter blues and kick start your cycling this year. And don’t forget to check out the new 2024 rides that have just been posted. Ride Leaders work hard to make these tours an unforgettable experience that put you in touch with new friends and provide you with excellent routes all at a cost that is lower than you will find anywhere else, not mention a daily happy hour. So, find your favorite and sign up today.

POLICY UPDATE

At the January 19, 2023, board of directors meeting approval in principle was given to revisions to the RLPG addressing these items:

- COVID will now be addressed in a general category of Health and Safety and include consideration of other infectious diseases, such as influenza, that may be

of concern. Ride Leaders will decide if they wish to require COVID vaccinations of ride participants. The guidance for the Infectious Disease Plan has been updated.

- As in the past, the number of people allowed on a Ride Lead Team will be subject to board approval at the time of submission for approval of the tour. While this is not a change in policy, it is expected to be more closely monitored, especially on fixed base tours.
- Ride Leaders will charge actual costs for meals and lodging (rather than Per Diem). Costs for meals designated as "on-your-own" during the tour will be the responsibility of Ride Lead Team Members, just as for all other participants.
- The proportion of tour fees for a Driver that will be covered will be determined by the proportion of the tour days that move to new lodging location (i.e. required riding/driving days). Additionally, Van Drivers can receive a maximum of \$500 in transportation costs for international tours.
- If a member of the Ride Leadership Team chooses not to have a roommate, they are responsible for the solo supplement just as the participants are.

A ride leader forum is planned for February to cover the details of the changes. The changes will be effective immediately for tours submitted after the January 19, 2023, board meeting. The details of the "approved in principle" document can be seen on the BAC website under: *DOCS/For Ride Directors and Coordinators/Guidelines/Ride Leader Policy and Guidelines approved in principle January 19, 2023.*

If you have any comments on these proposed changes, please send them to Kate Faulkner (kerfaulkner@gmail.com) by February 16, 2023.

2023 ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Sunday, February 26, 2023, at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom. Agenda items will include a report highlighting the Club's activities over the past year, approval of the 2022 financial statements, election of new Directors, and an opportunity for Club members to ask questions and make comments. You must register for this event in advance by going to the following web address:

<https://us02web.zoom.us/meeting/register/tZwscu6rrDkrGNH4b1nqrye7pO5Y2INw2kXS>.

After registering, you will receive a confirmation email containing information about joining the meeting. A detailed agenda and supporting materials will also be sent out to those who register for the meeting. If two members from a household plan to participate and use the same connection, please only have one of the two register.

BAC BOARD ELECTION 2023

Solicitation of proxies for the BAC Board of Directors election is still in progress. Thank you to all who have already cast their proxy. If you have not submitted your proxy as yet please do so by Feb 15th by logging in to the BAC website, clicking on the 'We Need Your Vote' link at the top of the page, and then indicate how you would like your proxy to be voted by the Board Chair at the Annual General Meeting.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in January 2023. If they live near you give them a call.

Clete Lewis, Castle Rock, CO
Gayle Smith, Grand Junction, CO
Richard Krasnick, Worcester, MA
Monique and Sidney Lazard, Coral Gables, FL
Dennis Kuhn, Breckenridge, CO
Paul Haibon, New Windsor, NY
Mark James, Lotus, CA
Hans Wolters, Snohomish, WA
Maryjean Noland and Steve Kerschbaum, Highlands Ranch, CO
Robin Rothrock, Santa Rosa, CA
Stephen Waterman, San Diego, CA
Melanie Clarke, San Jose, CA
William Holt and Thomas Varner, San Francisco, CA
Ellen Dameron, Santa Barbara, CA
Theresa Topp, Colorado Springs, CO
Michael Zollner, Shelby Township, MI
Lisa and Jim Burke, San Carlos, CA
Bud Whitmeyer and Tammy Goodman, Asheville, NC
Larry Zucchini, Raleigh, NC
Karen Bailey, San Luis Obispo, CA
John Hanley, Santa Rosa, CA
Wayne A Palladino, New Rochelle, NY
Patrecia Graham, Petaluma, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Camino del Cid 2024 May 11-30, 2024 Ride Coordinator: Karen Hass in conjunction with Iberocycle. Start Location: Santillana del Mar. Finish Location: Valencia. Ride Rating: 4C

Mallorca - A Cycling Gem May 4-18, 2024. Ride Directors: Nelson and Kathleen Diaz. Start Location: Playa Palma, Mallorca. Finish Location: Playa Palma, Mallorca. Ride Rating: 2B!

Historic Croatia Island Tour May 13-June 1, 2024. Ride Coordinator: Warner Griswold in conjunction with Sitnica. Start Location: Trieste, Italy. Finish Location: Dubrovnik, Croatia. Ride Rating: 3B!

Châteaux of the Loire Valley 2024 Sept 1-13, 2024. Ride Directors: Bridgette DeShields and Steve Saxe. Start Location: Angers, France. Finish Location: Blois, France. Ride Rating: 1B!

Salzburg Double Loop - Seven Lakes Sept 10-26, 2024. Ride Directors: Warner Griswold and Garry Clifton. Start Location: Salzburg, Austria. Finish Location: Salzburg, Austria. Ride Rating: 2B!

Seine à Vélo and Hidden Normandy 2024 Sept 16-Oct 3, 2024. Ride Directors: Sue Bunten and Graeme Thomson. Start Location: Paris - CDG Airport. Finish Location: Paris - CDG Airport. Ride Rating: 2B.

NEW RIDE LEADERS

Steve Saxe (Châteaux of the Loire Valley 2024)

I joined BAC in 2018 at the invitation of a bike clubmate who had done more than a dozen BAC tours. We roomed together in 2019 and had the greatest time enjoying the splendor of Slovenia. Since then we've done two other BAC tours together and I've had a great time and met wonderful people on each one. I retired from professional life in 2021 and have only seemed to get busier since then, as President of the 1,000-member Santa Rosa Cycling Club, Event Director for a 2,500-rider cycling event, and with my home and personal projects. I've been eager to lead a BAC tour since my first one and the ideal opportunity came up when my friend and clubmate Bridgette invited me to co-lead the Loire Valley in 2024. I get to learn from an expert and look forward to helping make this another great BAC experience for everyone on the tour.

Graeme Thomson (Seine à Vélo and Hidden Normandy 2024) Graeme is a retired veterinarian with special interests in avian medicine and emergency medicine. He retired in 2009 but still retains an interest as the landlord. He is a semi-professional equities trader and venture capitalist, and his other interests include anything to do with construction and he and his wife are dedicated travelers. They operated small group tours (6-14 people) throughout Europe from 1991 to 2014 and have travelled to most of the European countries on multiple occasions including Scandinavia, the Baltic States and Iceland. His expertise though is in France, Italy and Switzerland and he has extensive knowledge of those countries. Graeme joined BAC in 2013 and has now done 8 rides with another 4 planned for 2023. He is a planner by nature and was delighted when Sue Bunten asked him to help develop a ride. It has been quite an experience for him, and he already has ideas for other rides. Graeme also feels privileged to be the club's 'token Aussie'.

Rides with Space Available

- 2023 On-line Ride Leader Seminar Feb 21, 2023 - Mar 2, 2023 1A
- Spring in Solvang – 2023 Mar 26, 2023 - Apr 1, 2023 2B
- Flowers In The Hills Apr 2, 2023 - Apr 9, 2023 2B [Space for single male to share room.](#)
- St. John's Loop, St. Augustine, FL Apr 17, 2023 - Apr 26, 2023 1B [Space for single male to share room.](#)

- CA Coast: Santa Barbara to San Diego May 7, 2023 - May 16, 2023 2B [Space for single female to share room.](#)
- Corsica - The Isle of Beauty May 11, 2023 - May 24, 2023 4B [Space for single male to share room.](#)
- Netherlands: Cycling the Green Heart and Hanseatic Towns May 17 - May 29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B [Space available for one couple, or a rider willing to pay the solo supplement.](#)
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Vineyards and Rail Trails in the Okanagan Valley Jun 8, 2023 - Jun 21, 2023 2B
- Headwaters of the Rhine to the North Sea and Amsterdam Jun 2-July 13, 2023 2C! [Space for one couple.](#)
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Coast of Maine 2023 Sep 5, 2023 - Sep 19, 2023 3B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B [Space for single male to share room.](#)
- Ohio Rail Trails Tour Oct 5, 2023 - Oct 15, 2023 1C
- Sicily 2023 Oct 18, 2023 - Oct 31, 2023 2B
- Tandem Tour - Andalucia and White Villages Apr 20, 2024 - May 5, 2024 3B
- Northern Spain 2024: Rio Ebro, La Rioja & Basque Country Jun 6 - Jun 22, 2024 3B
- Islands of the Pacific Northwest Jun 22, 2024 - Jul 5, 2024 2B [Space for single female to share room.](#)

2023 On-line Ride Leader Seminar

The Ride Leader Training and Development Committee is making it easy to learn about being a ride leader. We're offering a Zoom based Ride Leader Seminar consisting of four 2.5 hour online sessions starting in February. This training is only offered every one to two years.

Below are details about the training and how to register.

Dates: Tuesdays and Thursdays 2/21, 2/23, 2/28 and 3/2

Time: 7:00 – 9:30 PM EST (4:00 – 6:30 PST) for each session.

The program will feature:

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes and activities

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted.

You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. **To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.**

REGISTRATION: To submit a request to join this training event, go to <https://www.bicyleadventureclub.org/html/rides/?action=ride&rideid=1623>

Then use the "links" displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee and the initial tour deposit of \$20 by credit card. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Leader, "click" the name at the top of the Ride Description. A link will be sent with instructions on how to access the Seminar prior to the first training session.

Participants who complete all four training sessions will have the ride registration fee reimbursed.

Be Bright, Visible and Represent BAC

The Primal Online Store is Open Once Again! Order Your BAC Jersey, Arm Warmers, and or Sun Sleeves NOW by Clicking the Link Below.

Jersey Cost: \$55 plus \$20 for shipping in USA (\$30 for shipping to Canada)

Online Store is Open: February 1-March 5, 2023

Targeted Delivery Date: May 2, 2023

To Order Your Jersey click this link: <https://via.primalcustom.com/collections/ts-1772>

Product Features

Men's Sport Cut	Women's Sport Cut
Elastic Option - Sleeve: Sleeve - Elastic Elastic Option - Waist: Elastic Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden	Elastic Option - Sleeve: Sleeve - None Elastic Option - Waist: None (no elastic at waist) Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden



Arm Warmer and Sun Sleeve Design



A sizing chart can be found on the ordering page.

For any Team Store questions or ordering assistance, there is a 'Help' category with FAQ information, phone#, and LiveChat on the order page. Barb Rudolph is your BAC contact: Rudolph.Barb@gmail.com or 214-497-4233 for questions.

MEMBERS CORNER

For Sale Co-Motion steel coupled tandem 1997 Made for 6'2"+_6" and 5'4"+_4" Campy shifters and derailleur, 3x8 Caliper brakes + drum SPD compatible pedals Fairfax, Va. Price \$2500. If interested call Charlie Dyer 703.507.2066

Raleigh Grand Prix-Ritchey Breakaway 56cm \$1200. This is not the Raleigh Grand Prix of yesteryear, but is an updated "do everything" bike. It rides well on the road as well as on gravel trails. The drivetrain is a Shimano 105 11 speed system (11-32 cassette) paired with a 170mm FSA Gossamer crankset. Bike accommodates tires from 23mm-32mm. Lightweight IRD fork. Campagnolo Zonda wheelset with new Continental tires. The bike is built with the proprietary Ritchey Breakaway travel system and comes with the Raleigh travel bag. Please contact Joel Spencer at joelspncr@gmail.com for more information and pictures.

For Sale: two Calfee Designs Tetra Pro coupled carbon road bikes.

For the 50cm Calfee carbon travel bike (previously listed as 48, but carefully remeasured), here: <https://tinyurl.com/2fnd8xmn>

For the 62cm bike at: <https://tinyurl.com/ms2d959f>

Location is San Francisco East Bay Area

Contact allen.hardy@gmail.com

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For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – use discount code bacrocks2022. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

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