

Hello BAC Members,

Welcome to the January 2022 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

2022 ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Sunday, February 27, 2022 at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2021 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. More details will be provided in the February 2022 Monthly Update on how to sign up to participate in the meeting.

BAC BOARD ELECTION 2022

The Board has nominated Kate Roney Faulkner and Barbara Rudolph to three year terms. Biographical information is provided for each of them below. Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2022. You will receive an email January 15, 2022 asking you to log into the BAC website, click on the "We Need Your Vote" link at the top of the page, and indicate how you would like your proxy to be voted at the Annual General Meeting. Proxies will be solicited from January 15 to February 15, 2022 for candidates nominated by the Board and those nominated by the membership. The proxies cast will be exercised by the Board Chair at the Annual General Meeting following the direction provided.

Kate Roney Faulkner: I participated in my first BAC trip (a wonderful two weeks in the south of France led by the indomitable Donna Graham) in 2001. Since then, I and my husband Bill have enjoyed a number of domestic and international BAC trips. We have found all aspects of BAC to be an excellent fit for us.

Bill and I have lived in Ventura, CA since 1990. I retired in 2016 after a 35-year career as a biologist with the National Park Service. I celebrated retirement by biking from Seattle to Washington, D.C. with a van-supported group of friends. We arrived in D.C. in time to join the official celebration of the 100-year anniversary of U.S. national parks on the Washington Mall. I am passionate about the potential for bicycles to improve people's physical and mental health. I have found a bicycle to be the ideal mode of travel in my everyday life and as a tourist. In retirement, I participate in several local bicycle advocacy organizations and advisory groups. I am a long-term member, and elected Board of Director officer, of my local bike club, the Channel Islands Bicycle Club. I look forward to supporting BAC as a member of the Board.

Barbara Rudolph: I have been riding bicycles for approximately fifteen years. A few of those years I focused on racing until I wised up and decided riding just for fun was smarter and safer! I cycled across the United States during the summer of 2015, organized several cycling tours/vacations with friends, and have spent the past three year traveling and cycling the United States. I joined BAC in 2016, but had to wait to participate on any tours because of something called work. However; when I retired in January of 2019, ending my career as a public school

principal, I quickly became involved with BAC and I went on my first tour: The Adirondacks 2019, and began planning the first two tours I would lead: Fort Myers to Key West 2021 and the Gap and C&O 2021. I have also co-lead The Fall Colors of Carbondale II 2021 and I am scheduled to co-lead The Islands of the Pacific NW 2022. I enjoy being a participant, but I also enjoy giving back to BAC as a ride leader and co-leader. I feel I can still offer more to help continue the success of BAC by participating on the Board. My work experience and career in public education gives me a skill set that may be beneficial to BAC as a board member: cooperative, organized, committed to excellence and a team player. Throughout my career I was responsible for ensuring the success of others: students and teachers. I have experience working with boards and using systems, policies and guidelines to drive decision making while keeping an open mind and open ears to the ideas and needs of all stakeholders. I love BAC and the motto of: “Friends Leading Friends” on bicycle tours not for profit. I love to ride my bicycle, make new friends, and explore new areas. My goal as a board member would be to work cooperatively with the other board members to ensure that BAC maintains its high level of commitment to provide members excellent tours. I would focus my attention on meeting the needs of the ride leaders as a means to increase tour opportunities for the BAC membership. It would be an honor and a privilege to serve on the BAC Board.

JANUARY 2022 VIEW FROM THE CHAIR (Elizabeth Buckingham)

I’m optimistic that 2022 will see more BAC tours than we had in 2021 (18 tours in the U.S. occurred in comparison to four tours in 2020). There are currently 19 tours wholly in the U.S., five in whole or in part in Canada, and 26 in Europe, England and Ireland scheduled for 2022. A number of these tours still have space and are worth considering.

Kudos to our ride leaders who have shown considerable flexibility and adapted to the ever changing conditions during 2021. This flexibility and adaptability will undoubtedly continue during 2022. At this point it is impossible to know when the peak will be reached with the Omicron variant although a number of experts believe that there is a good possibility that we could move from a pandemic to an endemic with it.

In recognition of the evolving situation with respect to Covid-19, the Board approved in principle changes to our Covid-19 requirements in the Ride Leader Policies and Guidelines in December as described below to make it more likely that tours outside the U.S. can proceed.

PROPOSED CHANGES TO THE RIDE LEADER POLICIES AND GUIDELINES

Changes to the Covid-19 requirements in the Ride Leader Policies and Guidelines were approved in principle by the Board in late December 2021. The proposed changes are provided in the document entitled *RLPG 20211223 changes approved in principle.pdf* which is available under the Docs tab on the BAC website in the section entitled “For Ride Directors and Coordinators”.

Key changes include:

- Making the decision on whether a tour will proceed contingent on whether tourism will be allowed in the country(ies) (or specific regions) where your tour takes place and what

COVID precautions may be required rather than basing it on the State Department's most recent travel advisory.

- Reducing from three to two, the mandatory statement options that a ride leader must choose from and include with the ride description—either all participants must be fully vaccinated (for participants that are eligible this means being up-to-date on boosters) or all participants are encouraged to be vaccinated but unvaccinated participants will be permitted. This second statement may only be used for tours solely within the U.S.
- All participants of tours outside the U.S. must be vaccinated. Further, they should receive their boosters as soon as they can after becoming eligible.

If you have any comments on these proposed changes, please send them to Marion Campbell (mwcampbell1@earthlink.net) by January 16, 2022.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Dec 2021. If they live near you give them a call.

Bob Hermanson and Ellen Duff, Chicago, IL
Dvora Ivankowski, Asheville, NC
Jean Gillon, Los Altos Hills, CA
Fran Williams, Saratoga, CA
Georgia Grimes, San Francisco, CA
Art and Anna Blumenkron, Sisters, OR
Jeffrey Clemons, University Place, WA
Cynthia Sutton, Gatineau, QC
Kim Weaver, Boulder, CO
Kaley Koblick, Portola valley, CA
Steve Stephansen, Los Altos, CA
Jim Schaefer, Ann Arbor, MI
Fun Ng, Huntington Woods, MI
Diana Trager, Vancouver, BC
Terri Bimes, Berkeley, CA
Denise and Robert Weaver, Hesperus, CO
Joe and Cheri Knopinski, Littleton, CO
Peter Mehl, Conway, AR
Louis Hoebel, Little Switzerland, NC
Anja Plowright, Berkeley, CA
Linda and Adam Dunn, Eaton Rapids, MI

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Ride the Fall Colors of Carbondale, Colorado Sept 19-26, 2022. Ride Directors: Huey Hurst and Patti Sundermann. Start Location: Carbondale, CO. Finish Location: Carbondale, CO. Ride Rating: 3C

Tour of the Moon and Beyond Sept 26-Oct 3, 2022. Ride Directors: Huey Hurst and Twain Berg. Start Location: Grand Junction, CO. Finish Location: Grand Junction, CO. Ride Rating: 3B!

Rides with Space Available

- 2022 On-line Ride Leader Seminar Feb 8, 2022 - Feb 17, 2022 1A
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Portugal Wildflowers & Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
- Vienna Woods and the Austrian Lake District 2022 Jun 5, 2022 - Jun 19, 2022 3C
- West of England 2022 Jun 12, 2022 - Jun 25, 2022 2B
- Azores Bike & Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A
- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- RESCHEDULED Belgium: Cuisine and Culture Sep 3, 2022 - Sep 16, 2022 2B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Tuscany: From Sun to Sea May 14, 2023 - May 26, 2023 2B
- Headwaters of the Rhine to the North Sea and Amsterdam Jun 20, 2023 - Jul 12, 2023 2C
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

NEW RIDE LEADERS

Patti & Steve Sundermann Ride the Fall Colors of Carbondale CO Sept. 2022.

We joined the Bicycle Adventure Club in 2010 and rode our first ride with Julie & Tom Leever through the Adirondacks. At the time, we still lived in Iowa, and owned a portrait photography studio. In 2012 we sold our business and retired and moved to Glenwood Springs, CO. Since then we have completed 7 rides with BAC.

We have 2 adult boys, one married, and one engaged, & twin grandsons who are 12 years now. All of them enjoy cycling.

Since moving to Colorado we have joined clubs in our town which emphasize outdoor activity all year around. We downhill & cross country ski, mountain bike, & road bike as much as possible. The Roaring Fork Valley is a mecca of outdoor activity! Our valley boasts many awesome road rides which we participate in often. Patti is the leader of the 100 club monthly rides in the Glenwood area. We are members of the Hot Springs Athletic Club in Glenwood where Patti teaches Mat pilates & Hatha/Vinyasa Yoga. We hope to participate in many more rides with BAC during our active retirement years!

SAVE THE DATE! 2022 On-line Ride Leader Seminar

OVERVIEW: If you want to lead a BAC ride but don't know where to start then plan to participate in the BAC Zoom Ride Leader Seminar in four two hour sessions in February 2022.

This live web-based training was first offered in November 2020 and received rave reviews. Most of the training participants have now offered their own rides through BAC.

Dates: Tuesdays and Thursdays, 2/8, 2/10, 2/15 and 2/17

Time: 7:30 – 9:30 PM EST (4:30 – 6:30 PST) for each session.

The program will feature:

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes, games, and activities.

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

Our goal is that participants will master the knowledge and skills needed to successfully propose a ride within 12 months of completing the seminar and to successfully lead the tour.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. If seminar registration reaches the maximum number of 30 participants, preference will be given to first-time ride leaders.

Seminar participant responsibility

A successful Seminar depends on participants actively engaging in the program.

Participants will need to have:

- An up-to date computer with working camera and microphone. The BAC cannot provide tech support but will, as needed, provide links to tutorials on using Zoom before the seminar begins.
- Access to the internet
- A quiet environment to participate in the program – free of distractions (such as pets)

Registration will be in Zoom and information about how to register will be coming in a future newsletter.

MEMBERS CORNER

Emily Cletsoway long time BAC member, ride leader and Board Chairman from 1987-1990 passed away at age 93 March 20th 2021. A note from her obituary....Emily lived in San Luis Obispo, CA and was a nurse, pilot, mother, avid quilter, and international cyclist, Emily was always up to something interesting and adventurous and she had colorful stories to prove it.

Start 2022 off with a great tour in Spain - White Villages of Andalucia 2022. This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. Interest has been picking up and we are getting close to our minimum number of participants. Don't miss your chance to enjoy this tour that has received very high ratings on each of the previous 5 editions (2011, 2012, 2015, 2016, 2018). After being cancelled in 2020 & 2021 due to COVID we will once again be running this tour with the outstanding IberoCycle tour company, for the 2022 version we incorporated an additional day allowing us to shorten one of the longer days and add a visit to the city of Jerez, famous for its sherry & wine. Spain has one of the highest vaccination rates (80+%) in the world and on my recent visit to Spain in September I found the mask compliance and general COVID safety to be very good. For more details about the tour please see the [trip description](#).

There are still openings in the Vienna Woods and the Austrian Lake District 2022.

Currently Austria is 60.8% fully vaccinated against Covid-19 and 64.4% with at least one dose, a higher rate than the USA. This trip has been offered twice before and loops from Baden (near Vienna) to Mondsee (near Salzburg) and back. The trip has received mostly five-star reviews and has been completely scouted with detailed maps, cue sheets, and GPS tracks making it a great adventure while minimizing the frustration of inaccurate information. Participants from the prior trips have made such comments about this trip as: “Best BAC trip I’ve ever taken (18 to date)”; “Roger & Tony were concerned about everyone’s well-being on the trip, very genuine”; “menus and meals beautifully presented”; “the mountains, lakes, fresh air, dramatic landscapes, picture-perfect farms”; “being surprised with a birthday cake at dinner!”; “the quality of the roads made riding an absolute joy”; “attending Mass on Corpus Christi in the Mariazell Basilica; one of the 7 most important pilgrimage cities in Europe”; “the prolific flowers, in yards, along the roads, in overflowing window boxes”, “the connection I felt to the country through the routes and the hotel hosts”; “it’s harder than I expected, but I love it”; “I’d sign up again in a heartbeat”.....and so it went. We hope you will consider joining us in 2022! For more information please read the [trip description](#).

For Sale BAC Womens Jersey size XL. Brand New. It is smaller than a typical XL. Price is \$40 and free shipping. Contact Dianne Olsen if interested. 907-382-8774.
lawofficeofdianneolsen@gmail.com

For Sale 2005 Axiom Seven Titanium Mens Bicycle, Built for comfort for a 6 foot man. Campagnola Chorus, Triple, 700cc Mavic wheels, King Headset \$2000. If interested contact Colleen at jalapenomama8@hotmail.com

Nancy Bohnett-BAC Office Manager

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San Diego, CA 92193

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office@bicycleadventureclub.org

www.bicycleadventureclub.org

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<https://us06web.zoom.us/meeting/register/tZMtdOCqjgoHtdXr6dhk72AVTgF15EJzY0I>. After registering, you will receive a confirmation email containing information about joining the meeting. A detailed agenda and supporting materials will also be sent out to those who register for the meeting. If two members from a household plan to participate and use the same connection, please only have one of the two register.

SOLICITATION OF PROXIES FOR THE 2022 ELECTION

Solicitation of proxies for the BAC Board of Directors election is still in progress. Thank you to all who have already cast their proxy. If you have not submitted your proxy as yet please do so by Feb 15th by logging in to the BAC website, clicking on the 'We Need Your Vote' link at the top of the page, and then indicate how you would like your proxy to be voted by the Board Chair at the Annual General Meeting.

The Board has nominated Kate Roney Faulkner and Barbara Rudolph to three year terms. Biographical information is provided for each of them below.

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States. I joined BAC in 2016, but had to wait to participate on any tours because of something called work. However; when I retired in January of 2019, ending my career as a public school principal, I quickly became involved with BAC and I went on my first tour: The Adirondacks 2019, and began planning the first two tours I would lead: Fort Myers to Key West 2021 and the Gap and C&O 2021. I have also co-lead The Fall Colors of Carbondale II 2021 and I am scheduled to co-lead The Islands of the Pacific NW 2022. I enjoy being a participant, but I also enjoy giving back to BAC as a ride leader and co-leader. I feel I can still offer more to help continue the success of BAC by participating on the Board. My work experience and career in public education gives me a skill set that may be beneficial to BAC as a board member: cooperative, organized, committed to excellence and a team player. Throughout my career I was responsible for ensuring the success of others: students and teachers. I have experience working with boards and using systems, policies and guidelines to drive decision making while keeping an open mind and open ears to the ideas and needs of all stakeholders. I love BAC and the motto of: "Friends Leading Friends" on bicycle tours not for profit. I love to ride my bicycle, make new friends, and explore new areas. My goal as a board member would be to work cooperatively with the other board members to ensure that BAC maintains its high level of commitment to provide members excellent tours. I would focus my attention on meeting the needs of the ride leaders as a means to increase tour opportunities for the BAC membership. It would be an honor and a privilege to serve on the BAC Board.

FEBRUARY 2022 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Almost six years ago I joined the BAC Board of Directors as Treasurer and three years ago, I became the Board Chair. My last duty will be to chair the Annual General Meeting which will be conducted via Zoom on Sunday, February 27, 2022. As a Board member over the years in different organizations, I've strived to make a difference. BAC has been no exception. Major initiatives over the past six years in which I had a key role included:

- Moving BAC's accounting to the cloud from a desk based system better suited for personal finances.
- Writing the requirements that support the collection of ride payments from our members for tours. Special thanks to Stephen Kiel for pushing for information in real time for ride leaders. It resulted in a design that provided the necessary information for ride leaders and the BAC Treasurer to ensure that the funds associated with the tour were properly recorded.
- Membership surveys in 2018 and 2020. The results from both were extremely useful in guiding Board decision making.
- A policy framework detailing the Board's governance and operational processes. It serves as the up-to-date repository for Board decisions and eliminates the need to go back through the minutes to determine what decisions are still in effect.
- A revised framework for allowable expenses for ride leaders that permitted them to claim more for expenses incurred in planning and conducting a directed tour than they had in the past.
- Revamp of the Budget Worksheet and Final Accounting spreadsheet to add more detail and make it easier for ride leaders to handle currency conversions and exceptions to the

norm. Many thanks to Bridgette DeShields, Stephen Kiel and Jim Nystrom for their very helpful suggestions while I went through multiple iterations.

- Frequently Asked Questions (FAQ) that were added to the BAC website to address policy and procedural areas of potential interest to our members.
- Increasing the role of non-Board members in the ongoing activities of the Club. When I joined the Board, Board members handled the day-to-day accounting which became more significant with the move to credit card payments (a Club member is now assisting the Treasurer with this); worked with ride leaders to ensure tour descriptions meet policy requirements (experienced ride leaders are now handling this); and delivered training to prospective ride leaders (a committee that includes several individuals who had on the job experience delivering professional development is now handling this with assistance from experienced ride leaders). These changes have resulted in a significantly reduced time commitment from Board members. Like our members, we prefer to be out on our bikes rather than sitting in front of our computers!

There is no question that the past two years have been challenging. It has been encouraging to see how many of you have maintained your memberships over this period and are clearly ready to get back out on tours. As well, thankfully our reserves were sufficient to see us through and we were able to take advantage of the IRS Employee Retention Credit so that no staff layoffs were required. We also eliminated Board travel, cancelled insurance policies associated with tours outside the U.S., conducted training via Zoom rather than in-person, and limited website enhancements to save money. On a going forward basis, it is quite possible that at least the Annual General Meeting and some of the training will continue to be conducted via Zoom as it makes it easier for more of our members to participate.

I'd like to thank my fellow Board members for their contribution during my time on the Board, in particular to Marion Campbell who had to take on more when I landed in hospital for five weeks last spring. My doctor is very happy with my progress to date and hopefully I will get a clean bill of health in the fall when my next major test is scheduled. While I'm a little slower than I used to be, I've been back on the bike, in the pool, and out cross-country skiing. Several of you have suggested that an e-bike may be coming sooner rather than later. I don't think I'm ready to make that leap as yet.

I'd also like to recognize Brenda Cole who will be leaving the Board after four years at the Annual General Meeting. Brenda spent one year as the Vice Treasurer, one year as the Treasurer, and two years as the Secretary during her time on the Board. As a long-time BAC member (more than twenty years) and ride leader, Brenda has many BAC friends who would get in touch with her whenever the Board was dealing with something contentious from which we all benefited. I also appreciated her sage advice on actions I was contemplating. Her perspective often caused me to look at things differently.

Finally, I'd like to thank Nancy Bohnett, BAC's long-time Office Manager. Nancy has always been there, ready and willing to help me out in any way, with grace, calmness and good humor.

Policy Changes

Changes to the Covid-19 requirements in the Ride Leader Policies and Guidelines (RLPG) were given final approval by the Board in January 2022. Key changes included:

Key changes include:

- Making the decision on whether a tour will proceed contingent on whether tourism will be allowed in the country(ies) (or specific regions) where your tour takes place and what COVID precautions may be required rather than basing it on the State Department's most recent travel advisory. Ride leaders will have up until 60 days before a tour is scheduled to start to make a final go/no go decision in those instances where it is expected that conditions may significantly change. Normally this decision is expected to be made 90 days before a tour is scheduled to start.
- Reducing from three to two, the mandatory statement options that a ride leader must choose from and include with the ride description—either all participants must be fully vaccinated (for participants that are eligible this means being up-to-date on boosters) or all participants are encouraged to be vaccinated but unvaccinated participants will be permitted. This second statement may only be used for tours solely within the U.S.
- All participants of tours outside the U.S. must be vaccinated. Further, they should receive their boosters as soon as they can after becoming eligible.

The RLPG has been updated and the revised version uploaded to the BAC website (<https://www.bicycleadventureclub.org/docs/RLPG%202022%2001%2018%20approved.pdf>) and is available under the Docs tab in the section entitled *For Ride Directors and Coordinators*.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in January 2022. If they live near you give them a call.

Wendy Harris, Ridgway, CO
 Suzanne Rogers, Sacramento, CA
 Susan and Scott Francks, Napa, CA
 Laura Petracek, Berkeley, CA
 Wayne Martin, Bishop, CA
 Guy Neenan, San Jose, CA
 Bruce Garguilo, Fremont, CA
 Ronald and Maureen Girard, Denver, CO
 Gina Day, Naples, FL
 Joseph Vojtech, Placitas, NM
 Robert and Fay DuBois, Sacramento, CA
 Wanda Walcavich, Spring, TX
 Pat Collins, Sonoma, CA
 Richard Waters, Davis, CA
 Daniel and Sidney Barcellos, Davis, CA
 Bernard Bogard, Poway, CA
 Brian Kaplan, Decatur, GA
 Len Nathe, San Diego, CA

Lesley Jensen, Lafayette, CA
Sandy Bacskai, El Cerrito, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Fun in the Sun: Fort Myers Beach to Key West Feb 8-19, 2023 Ride Director: Barb Rudolph
Start Location: Fort Myers Beach, FL. Finish Location: Ft. Myers Beach, FL. Ride Rating: 1C

Rides with Space Available

- 2022 On-line Ride Leader Seminar eb 8, 2022 - Feb 17, 2022 1A
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- RESCHEDULED Crete, a Greek Adventure 2022 Apr 28, 2022 - May 8, 2022 2B
- RESCHEDULED Ireland - Southwest Peninsulas 2022 May 14, 2023 - May 27, 2023 2B
- Portugal Wildflowers & Castles in the Spring May 30, 2022 - Jun 11, 2022 3B
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- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- Ride the Fall Colors of Carbondale, Colorado Sep 19, 2022 - Sep 26, 2022 3C
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
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- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

Last Chance to Register - 2022 On-line Ride Leader Seminar

The Ride Leader Training and Development Committee is making it easy to learn about being a ride leader. We're offering a Zoom based Ride Leader Seminar consisting of four 2 hour online sessions starting in February. This training is only offered every one to two years.

Below are details about the training and how to register.

Deadline to register is February 2nd.

Dates: Tuesdays and Thursdays, 2/8, 2/10, 2/15 and 2/17

Time: 7:30 – 9:30 PM EST (4:30 – 6:30 PST) for each session.

The program will feature:

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes, games, and activities.

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

Our goal is that participants will master the knowledge and skills needed to successfully propose a ride within 12 months of completing the seminar and to successfully lead the tour.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. If seminar registration reaches the maximum number of 30 participants, preference will be given to first-time ride leaders.

REGISTRATION: To submit a request to join this training event, go to

<https://www.bicyleadventureclub.org/html/rides/?action=ride&rideid=1570>

Then use the "links" displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee and the initial tour deposit of \$15 by credit card. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Leader, "click" the name at the top of the Ride Description. Eventually a link will be sent with instructions as to how to access the Seminar.

Participants who attend all four sessions of the training will be reimbursed the \$50 BAC registration fee.

Seminar participant responsibility

A successful Seminar depends on participants actively engaging in the program.

Participants will need to have:

- An up-to date computer with working camera and microphone. The BAC cannot provide tech support but will, as needed, provide links to tutorials on using Zoom before the seminar begins.

- Access to the internet
- A quiet environment to participate in the program – free of distractions (such as pets)
- A secondary electronic device such as a smart phone or tablet

MEMBERS CORNER

Tour de Victoria Encore June 30-July 8 2022 Space just opened up for a single female to share a room. If interested contact leader Margaret Kavanagh asap. kavanaghmf@gmail.com

Portugal Wildflowers & Castles in the Spring May 30-June 11 2022. Space for a single female to share a room. If interested contact leader Alex Wagner alexwagner1136@gmail.com

Start off the year with White Villages of Andalucía 2022. This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. We reduced the minimum number of participants so the trip will proceed this year. Don't miss your chance to enjoy this tour that has received very high ratings on each of the previous 5 editions (2011, 2012, 2015, 2016, 2018). We will once again be running this tour with the outstanding IberoCycle tour company, for the 2022 version we incorporated an additional day allowing us to shorten one of the longer days and add a visit to the city of Jerez, famous for it's sherry & wine. Spain has one of the highest vaccination rates (81+%) in the world and on my recent visit to Spain I found the mask compliance and general COVID safety to be very good. For more details about the tour please see the [trip description](#).

For Sale BAC Womens Jersey size XL. Brand New. It is smaller than a typical XL. Price is \$40 and free shipping. Contact Dianne Olsen if interested. 907-382-8774.
lawofficeofdianneolsen@gmail.com

Nancy Bohnett-BAC Office Manager
PO Box 23998
San Diego. CA 92193
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office@bicyleadventureclub.org
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Hello BAC Members,

Welcome to the March 2022 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

MARCH 2022 VIEW FROM THE CHAIR (Marion Campbell)

First a big thank you to Elizabeth Buckingham and Brenda Cole for their years of service to BAC. They have given many hours to our club and have contributed in making it a better organization. Please join me in welcoming new board members, Barbara Rudolph and Kate Faulkner as they begin their service.

Spring is just around the corner and while COVID is still out there, it seems to have gone into remission for the time being. That means we are expecting to have some great tours in the coming months. There are still openings on 2022 tours so take a look and find your next exciting adventure! If you don't find what you're looking for, check back on the first of every month to find new rides that are being made available.

Proposed Changes To The Ride Leader Policies and Guidelines

Changes in the Ride Leader Policies and Guidelines were approved in principle by the Board in the January 2022 board meeting. The proposed changes are provided in the document entitled *RLPG Changes Approved in Principal 20220116.pdf* which is available under the Docs tab on the BAC website in the section entitled "For Ride Directors and Coordinators". The changes provide clarification on when past tours can be moved to a "orphaned" status that would allow people other than the original ride leader to take over the tour.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in February 2022. If they live near you give them a call.

Troy and Tracy Lindstrom, San Diego, CA
Brett Deutscher and Marc Lashovitz, Eagle, CO
Meg Milligan, Bainbridge Island, WA
Daniel Ricks, Portland, OR
Phil Wax, Portland, OR
Stephen Hybil, Sparks, NV
Gene Roth, St Charles, IL
Jan Wolney, Calgary, AB
Wendy Benoit, Calgary, AB
Elizabeth Mocerri, Les Houches,
Bruce and Claudia Lawrey, Seattle, WA
Catherine Hediger, Sammamish, WA
Steven Tarn, Pinner,
Keevin and Laura Griffith, Carlsbad, NM
Jeff and Sharon Smith, Castle Rock, CO
Peter Magnusson, Chico, CA
Lisa and Mark Roady, Scottsdale, AZ

Christopher Leach, Washington, DC
Debra Lebish, Sacramento, CA
Gerald Roberts, Columbia, CT

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

The Erie Canal Heritage Trail Sept 7-17, 2022. Ride Directors: Chuck and Joan Feerick. Start Location: Buffalo, NY. Finish Location: Albany, NY. Ride Rating: 1B.

Death Valley - Hike, Bike, and Explore Feb 25-Mar 4 2023. Ride Directors: Warner Griswold and Wayne Martin. Start Location: Furnace Creek CA. Finish Location: Furnace Creek, CA. Ride Rating: 3B!

Mallorca 2023 - A Cycling Gem May 6-20 2023. Ride Directors: Nelson & Kathleen Diaz. Start Location: Palma, Mallorca Spain. Finish Location: Palma, Mallorca Spain. Ride Rating: 2B!

Catalonia - Pyrenees, Cava and Costa Brava May 29-June 12 2023. Ride Coordinator: Nelson Diaz in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

Green Spain and Picos de Europa 2023 Sept 2-17 2023 Ride Coordinator: Grant McAllister in conjunction with Iberocycle. Start Location: Bilbao, Spain. Finish Location: Bilbao, Spain. Ride Rating: 3B.

Rides with Space Available

- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Rescheduled Crete, a Greek Adventure 2022 Apr 28, 2022 - May 8, 2022 2B
- Rescheduled - Bike and Barge: Amsterdam to Bruges Apr 30, 2022 - May 14, 2022 1A
- Netherlands: Cycling the Green Heart and Hanseatic Towns May -14, 2022 1B
- Green Roads of Tuscany 2022 May 6, 2022 - May 21, 2022 3A [Opening for solo room \(female\)](#)
- Green Roads of Tuscany - Section Two May 11, 2022 - May 26, 2022 3A
- Rescheduled The Dordogne, Perigord and Gorges May 14, 2022 - May 28, 2022 2B [Space for a single female to share a room and space for a couple to share a bed](#)
- Rescheduled - Bike and Barge: Bruges to Paris May 14, 2022 - May 28, 2022 1A [space for male to share a room](#)
- Rescheduled - Bike and Barge: Amsterdam to Bruges Apr 30, 2022 - May 14, 2022 1A

- Val d'Aosta 2022 Jun 4, 2022 - Jun 15, 2022 4B
- Catalonia - Salvador Dali and Costa Brava Jun 17, 2022 - Jul 1, 2022 2B
- Azores Bike & Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A
- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Glacier National Park Hike Bike 2022 Jul 10, 2022 - Jul 24, 2022 2B
- Canadian Rockies and Undiscovered Foothills July 11-24 2022 3B! [two space available](#)
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B
- Cape Cod and the Islands Section 2 Sep 21, 2022 - Oct 4, 2022 1A [Opening for two people to share a room](#)
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Rescheduled Ireland - Southwest Peninsulas 2023 May 14, 2023 - May 27, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Headwaters of the Rhine to the North Sea and Amsterdam Jun 20, 2023 - Jul 12, 2023 2C
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

ARE YOU INTERESTED?

We are considering planning 2 tours for Spring, 2023. **Western Swiss Lakes, Bernese Oberland Lac d'Annecy and Spring in Provence.** The cost of the tours is not known yet. You can see the complete description and survey of each tour on the BAC website, as we last led these tours in 2018. Please send an email to Lucy Glover at lucy.glover49@gmail.com if you are interested in going on either tour.

Looking for a fluent speaking Spanish co-leader to help design a self led ride in Spain for 2024. Please contact Warner Griswold at 775-843-3960 jwarner-griswold@att.net

MEMBERS CORNER

Start off the year with White Villages of Andalucía 2022. April 23-May 8 2022! This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. We reduced the minimum number of participants so the trip will proceed this year. Contact Grant Mcalister if interested gmcaster@gmail.com

The Dordogne, Perigord and Gorges, May 14-28, 2022- Space for a single female to share a room and space for a couple to share a bed. If interested contact leader Lucy Glover lucy.glover49@gmail.com

Cape Cod and the Islands Section 2 Sept 21-Oct 4 2022 Opening for two persons to share a room. .If you are interested, at your earliest convenience, please contact Albert Balingit at Albalingit58@yahoo.com

Bruges to Paris -We have one opening for a single male to share a cabin. The estimated cost is also \$3700 per person. This tour starts in Bruges, Belgium on May 14 and ends in Paris, France on May 28, 2022. contact Albert Balingit at Albalingit58@yahoo.com

Covid susceptible couple is offering their spaces on two **BAC bike and barge trips at a 20% discount to the posted charges. The 1st is Amsterdam to Brugge (4/30 to 5/14) and the 2nd is Brugge to Paris (5/14-5/28)**. Both spots on both trips must be taken to obtain the \$1400 discount. Please contact Paul Ciano at spine57@pacbell.net with any questions.

For Sale, two new custom Co-Motion Americano Pinion belt drive, S & S coupling touring bikes, one small (46cm) and one med (54cm). New with only 300 total miles. Paid \$8500, asking \$7500. Contact Greg at "greglyall@gci.net" for full info, pics, build sheets, etc."

For Sale: BAC Jersey. Women's XL Sport Cut Raglan Jersey \$55. To see a picture of the jersey, at the top of the website under MORE, click on the link Order a Jersey. This jersey is new, I ordered it a couple of months ago, but does not fit. If interested contact Vickie Smith vickie.smith@comcast.net

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer:

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2022 ANNUAL GENERAL MEETING

BAC's Annual General Meeting will be held Sunday, February 27, 2022 at 3:30 pm AKST/4:30 pm PST/5:30 pm MST/6:30 pm CST/7:30 pm EST via Zoom. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2021 financial statements, election of new Directors, and an opportunity for Club members to ask questions and make comments. You must register for this event in advance by going to the following web address:

<https://us06web.zoom.us/meeting/register/tZMtdOCogjoHtdXr6dhk72AVTgF15EJzY0I>. After registering, you will receive a confirmation email containing information about joining the meeting. A detailed agenda and supporting materials will also be sent out to those who register for the meeting. If two members from a household plan to participate and use the same connection, please only have one of the two register.

SOLICITATION OF PROXIES FOR THE 2022 ELECTION

Solicitation of proxies for the BAC Board of Directors election is still in progress. Thank you to all who have already cast their proxy. If you have not submitted your proxy as yet please do so by Feb 15th by logging in to the BAC website, clicking on the 'We Need Your Vote' link at the top of the page, and then indicate how you would like your proxy to be voted by the Board Chair at the Annual General Meeting.

The Board has nominated Kate Roney Faulkner and Barbara Rudolph to three year terms. Biographical information is provided for each of them below.

Kate Roney Faulkner: I participated in my first BAC trip (a wonderful two weeks in the south of France led by Donna Graham) in 2001. Since then, I and my husband Bill have enjoyed a number of domestic and international BAC trips. We have found all aspects of BAC to be an excellent fit for us.

Bill and I have lived in Ventura, CA since 1990. I retired in 2016 after a 35-year career as a biologist with the National Park Service. I celebrated retirement by biking from Seattle to Washington, D.C. with a van-supported group of friends. We arrived in D.C. in time to join the official celebration of the 100-year anniversary of U.S. national parks on the Washington Mall. I am passionate about the potential for bicycles to improve people's physical and mental health. I have found a bicycle to be the ideal mode of travel in my everyday life and as a tourist. In retirement, I participate in several local bicycle advocacy organizations and advisory groups. I am a long-term member, and elected Board of Director officer, of my local bike club, the Channel Islands Bicycle Club. I look forward to supporting BAC as a member of the Board.

Barbara Rudolph: I have been riding bicycles for approximately fifteen years. A few of those years I focused on racing until I wised up and decided riding just for fun was smarter and safer! I cycled across the United States during the summer of 2015, organized several cycling tours/vacations with friends, and have spent the past three year traveling and cycling the United

States. I joined BAC in 2016, but had to wait to participate on any tours because of something called work. However; when I retired in January of 2019, ending my career as a public school principal, I quickly became involved with BAC and I went on my first tour: The Adirondacks 2019, and began planning the first two tours I would lead: Fort Myers to Key West 2021 and the Gap and C&O 2021. I have also co-lead The Fall Colors of Carbondale II 2021 and I am scheduled to co-lead The Islands of the Pacific NW 2022. I enjoy being a participant, but I also enjoy giving back to BAC as a ride leader and co-leader. I feel I can still offer more to help continue the success of BAC by participating on the Board. My work experience and career in public education gives me a skill set that may be beneficial to BAC as a board member: cooperative, organized, committed to excellence and a team player. Throughout my career I was responsible for ensuring the success of others: students and teachers. I have experience working with boards and using systems, policies and guidelines to drive decision making while keeping an open mind and open ears to the ideas and needs of all stakeholders. I love BAC and the motto of: "Friends Leading Friends" on bicycle tours not for profit. I love to ride my bicycle, make new friends, and explore new areas. My goal as a board member would be to work cooperatively with the other board members to ensure that BAC maintains its high level of commitment to provide members excellent tours. I would focus my attention on meeting the needs of the ride leaders as a means to increase tour opportunities for the BAC membership. It would be an honor and a privilege to serve on the BAC Board.

FEBRUARY 2022 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Almost six years ago I joined the BAC Board of Directors as Treasurer and three years ago, I became the Board Chair. My last duty will be to chair the Annual General Meeting which will be conducted via Zoom on Sunday, February 27, 2022. As a Board member over the years in different organizations, I've strived to make a difference. BAC has been no exception. Major initiatives over the past six years in which I had a key role included:

- Moving BAC's accounting to the cloud from a desk based system better suited for personal finances.
- Writing the requirements that support the collection of ride payments from our members for tours. Special thanks to Stephen Kiel for pushing for information in real time for ride leaders. It resulted in a design that provided the necessary information for ride leaders and the BAC Treasurer to ensure that the funds associated with the tour were properly recorded.
- Membership surveys in 2018 and 2020. The results from both were extremely useful in guiding Board decision making.
- A policy framework detailing the Board's governance and operational processes. It serves as the up-to-date repository for Board decisions and eliminates the need to go back through the minutes to determine what decisions are still in effect.
- A revised framework for allowable expenses for ride leaders that permitted them to claim more for expenses incurred in planning and conducting a directed tour than they had in the past.
- Revamp of the Budget Worksheet and Final Accounting spreadsheet to add more detail and make it easier for ride leaders to handle currency conversions and exceptions to the

norm. Many thanks to Bridgette DeShields, Stephen Kiel and Jim Nystrom for their very helpful suggestions while I went through multiple iterations.

- Frequently Asked Questions (FAQ) that were added to the BAC website to address policy and procedural areas of potential interest to our members.
- Increasing the role of non-Board members in the ongoing activities of the Club. When I joined the Board, Board members handled the day-to-day accounting which became more significant with the move to credit card payments (a Club member is now assisting the Treasurer with this); worked with ride leaders to ensure tour descriptions meet policy requirements (experienced ride leaders are now handling this); and delivered training to prospective ride leaders (a committee that includes several individuals who had on the job experience delivering professional development is now handling this with assistance from experienced ride leaders). These changes have resulted in a significantly reduced time commitment from Board members. Like our members, we prefer to be out on our bikes rather than sitting in front of our computers!

There is no question that the past two years have been challenging. It has been encouraging to see how many of you have maintained your memberships over this period and are clearly ready to get back out on tours. As well, thankfully our reserves were sufficient to see us through and we were able to take advantage of the IRS Employee Retention Credit so that no staff layoffs were required. We also eliminated Board travel, cancelled insurance policies associated with tours outside the U.S., conducted training via Zoom rather than in-person, and limited website enhancements to save money. On a going forward basis, it is quite possible that at least the Annual General Meeting and some of the training will continue to be conducted via Zoom as it makes it easier for more of our members to participate.

I'd like to thank my fellow Board members for their contribution during my time on the Board, in particular to Marion Campbell who had to take on more when I landed in hospital for five weeks last spring. My doctor is very happy with my progress to date and hopefully I will get a clean bill of health in the fall when my next major test is scheduled. While I'm a little slower than I used to be, I've been back on the bike, in the pool, and out cross-country skiing. Several of you have suggested that an e-bike may be coming sooner rather than later. I don't think I'm ready to make that leap as yet.

I'd also like to recognize Brenda Cole who will be leaving the Board after four years at the Annual General Meeting. Brenda spent one year as the Vice Treasurer, one year as the Treasurer, and two years as the Secretary during her time on the Board. As a long-time BAC member (more than twenty years) and ride leader, Brenda has many BAC friends who would get in touch with her whenever the Board was dealing with something contentious from which we all benefited. I also appreciated her sage advice on actions I was contemplating. Her perspective often caused me to look at things differently.

Finally, I'd like to thank Nancy Bohnett, BAC's long-time Office Manager. Nancy has always been there, ready and willing to help me out in any way, with grace, calmness and good humor.

Policy Changes

Changes to the Covid-19 requirements in the Ride Leader Policies and Guidelines (RLPG) were given final approval by the Board in January 2022. Key changes included:

Key changes include:

- Making the decision on whether a tour will proceed contingent on whether tourism will be allowed in the country(ies) (or specific regions) where your tour takes place and what COVID precautions may be required rather than basing it on the State Department's most recent travel advisory. Ride leaders will have up until 60 days before a tour is scheduled to start to make a final go/no go decision in those instances where it is expected that conditions may significantly change. Normally this decision is expected to be made 90 days before a tour is scheduled to start.
- Reducing from three to two, the mandatory statement options that a ride leader must choose from and include with the ride description—either all participants must be fully vaccinated (for participants that are eligible this means being up-to-date on boosters) or all participants are encouraged to be vaccinated but unvaccinated participants will be permitted. This second statement may only be used for tours solely within the U.S.
- All participants of tours outside the U.S. must be vaccinated. Further, they should receive their boosters as soon as they can after becoming eligible.

The RLPG has been updated and the revised version uploaded to the BAC website (<https://www.bicycleadventureclub.org/docs/RLPG%202022%2001%2018%20approved.pdf>) and is available under the Docs tab in the section entitled *For Ride Directors and Coordinators*.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in January 2022. If they live near you give them a call.

Wendy Harris, Ridgway, CO
 Suzanne Rogers, Sacramento, CA
 Susan and Scott Francks, Napa, CA
 Laura Petracek, Berkeley, CA
 Wayne Martin, Bishop, CA
 Guy Neenan, San Jose, CA
 Bruce Garguilo, Fremont, CA
 Ronald and Maureen Girard, Denver, CO
 Gina Day, Naples, FL
 Joseph Vojtech, Placitas, NM
 Robert and Fay DuBois, Sacramento, CA
 Wanda Walcavich, Spring, TX
 Pat Collins, Sonoma, CA
 Richard Waters, Davis, CA
 Daniel and Sidney Barcellos, Davis, CA
 Bernard Bogard, Poway, CA
 Brian Kaplan, Decatur, GA
 Len Nathe, San Diego, CA

Lesley Jensen, Lafayette, CA
Sandy Bacskai, El Cerrito, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Fun in the Sun: Fort Myers Beach to Key West Feb 8-19, 2023 Ride Director: Barb Rudolph
Start Location: Fort Myers Beach, FL. Finish Location: Ft. Myers Beach, FL. Ride Rating: 1C

Rides with Space Available

- 2022 On-line Ride Leader Seminar eb 8, 2022 - Feb 17, 2022 1A
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- RESCHEDULED Crete, a Greek Adventure 2022 Apr 28, 2022 - May 8, 2022 2B
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- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- Ride the Fall Colors of Carbondale, Colorado Sep 19, 2022 - Sep 26, 2022 3C
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

Last Chance to Register - 2022 On-line Ride Leader Seminar

The Ride Leader Training and Development Committee is making it easy to learn about being a ride leader. We're offering a Zoom based Ride Leader Seminar consisting of four 2 hour online sessions starting in February. This training is only offered every one to two years.

Below are details about the training and how to register.

Deadline to register is February 2nd.

Dates: Tuesdays and Thursdays, 2/8, 2/10, 2/15 and 2/17

Time: 7:30 – 9:30 PM EST (4:30 – 6:30 PST) for each session.

The program will feature:

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes, games, and activities.

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

Our goal is that participants will master the knowledge and skills needed to successfully propose a ride within 12 months of completing the seminar and to successfully lead the tour.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. If seminar registration reaches the maximum number of 30 participants, preference will be given to first-time ride leaders.

REGISTRATION: To submit a request to join this training event, go to

<https://www.bicyleadventureclub.org/html/rides/?action=ride&rideid=1570>

Then use the "links" displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee and the initial tour deposit of \$15 by credit card. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Leader, "click" the name at the top of the Ride Description. Eventually a link will be sent with instructions as to how to access the Seminar.

Participants who attend all four sessions of the training will be reimbursed the \$50 BAC registration fee.

Seminar participant responsibility

A successful Seminar depends on participants actively engaging in the program.

Participants will need to have:

- An up-to date computer with working camera and microphone. The BAC cannot provide tech support but will, as needed, provide links to tutorials on using Zoom before the seminar begins.

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Meg Milligan, Bainbridge Island, WA
Daniel Ricks, Portland, OR
Phil Wax, Portland, OR
Stephen Hybil, Sparks, NV
Gene Roth, St Charles, IL
Jan Wolney, Calgary, AB
Wendy Benoit, Calgary, AB
Elizabeth Mocerri, Les Houches,
Bruce and Claudia Lawrey, Seattle, WA
Catherine Hediger, Sammamish, WA
Steven Tarn, Pinner,
Keevin and Laura Griffith, Carlsbad, NM
Jeff and Sharon Smith, Castle Rock, CO
Peter Magnusson, Chico, CA
Lisa and Mark Roady, Scottsdale, AZ

Christopher Leach, Washington, DC
Debra Lebish, Sacramento, CA
Gerald Roberts, Columbia, CT

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

The Erie Canal Heritage Trail Sept 7-17, 2022. Ride Directors: Chuck and Joan Feerick. Start Location: Buffalo, NY. Finish Location: Albany, NY. Ride Rating: 1B.

Death Valley - Hike, Bike, and Explore Feb 25-Mar 4 2023. Ride Directors: Warner Griswold and Wayne Martin. Start Location: Furnace Creek CA. Finish Location: Furnace Creek, CA. Ride Rating: 3B!

Mallorca 2023 - A Cycling Gem May 6-20 2023. Ride Directors: Nelson & Kathleen Diaz. Start Location: Palma, Mallorca Spain. Finish Location: Palma, Mallorca Spain. Ride Rating: 2B!

Catalonia - Pyrenees, Cava and Costa Brava May 29-June 12 2023. Ride Coordinator: Nelson Diaz in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

Green Spain and Picos de Europa 2023 Sept 2-17 2023 Ride Coordinator: Grant McAllister in conjunction with Iberocycle. Start Location: Bilbao, Spain. Finish Location: Bilbao, Spain. Ride Rating: 3B.

Rides with Space Available

- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Rescheduled Crete, a Greek Adventure 2022 Apr 28, 2022 - May 8, 2022 2B
- Rescheduled - Bike and Barge: Amsterdam to Bruges Apr 30, 2022 - May 14, 2022 1A
- Netherlands: Cycling the Green Heart and Hanseatic Towns May -14, 2022 1B
- Green Roads of Tuscany 2022 May 6, 2022 - May 21, 2022 3A [Opening for solo room \(female\)](#)
- Green Roads of Tuscany - Section Two May 11, 2022 - May 26, 2022 3A
- Rescheduled The Dordogne, Perigord and Gorges May 14, 2022 - May 28, 2022 2B [Space for a single female to share a room and space for a couple to share a bed](#)
- Rescheduled - Bike and Barge: Bruges to Paris May 14, 2022 - May 28, 2022 1A [space for male to share a room](#)
- Rescheduled - Bike and Barge: Amsterdam to Bruges Apr 30, 2022 - May 14, 2022 1A

- Val d'Aosta 2022 Jun 4, 2022 - Jun 15, 2022 4B
- Catalonia - Salvador Dali and Costa Brava Jun 17, 2022 - Jul 1, 2022 2B
- Azores Bike & Hike: Climbs and Trails of São Miguel Jul 3, 2022 - Jul 12, 2022 3A
- Northern Spain: La Rioja and Basque Country 2022 Jul 4, 2022 - Jul 20, 2022 3B
- Glacier National Park Hike Bike 2022 Jul 10, 2022 - Jul 24, 2022 2B
- Canadian Rockies and Undiscovered Foothills July 11-24 2022 3B! [two space available](#)
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B
- Cape Cod and the Islands Section 2 Sep 21, 2022 - Oct 4, 2022 1A [Opening for two people to share a room](#)
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Rescheduled Ireland - Southwest Peninsulas 2023 May 14, 2023 - May 27, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Headwaters of the Rhine to the North Sea and Amsterdam Jun 20, 2023 - Jul 12, 2023 2C
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

ARE YOU INTERESTED?

We are considering planning 2 tours for Spring, 2023. **Western Swiss Lakes, Bernese Oberland Lac d'Annecy and Spring in Provence.** The cost of the tours is not known yet. You can see the complete description and survey of each tour on the BAC website, as we last led these tours in 2018. Please send an email to Lucy Glover at lucy.glover49@gmail.com if you are interested in going on either tour.

Looking for a fluent speaking Spanish co-leader to help design a self led ride in Spain for 2024. Please contact Warner Griswold at 775-843-3960 jwarner-griswold@att.net

MEMBERS CORNER

Start off the year with White Villages of Andalucía 2022. April 23-May 8 2022! This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. We reduced the minimum number of participants so the trip will proceed this year. Contact Grant Mcalister if interested gmcialister@gmail.com

The Dordogne, Perigord and Gorges, May 14-28, 2022- Space for a single female to share a room and space for a couple to share a bed. If interested contact leader Lucy Glover lucy.glover49@gmail.com

Cape Cod and the Islands Section 2 Sept 21-Oct 4 2022 Opening for two persons to share a room. .If you are interested, at your earliest convenience, please contact Albert Balingit at Albalingit58@yahoo.com

Bruges to Paris -We have one opening for a single male to share a cabin. The estimated cost is also \$3700 per person. This tour starts in Bruges, Belgium on May 14 and ends in Paris, France on May 28, 2022. contact Albert Balingit at Albalingit58@yahoo.com

Covid susceptible couple is offering their spaces on two **BAC bike and barge trips at a 20% discount to the posted charges. The 1st is Amsterdam to Brugge (4/30 to 5/14) and the 2nd is Brugge to Paris (5/14-5/28)**. Both spots on both trips must be taken to obtain the \$1400 discount. Please contact Paul Ciano at spine57@pacbell.net with any questions.

For Sale, two new custom Co-Motion Americano Pinion belt drive, S & S coupling touring bikes, one small (46cm) and one med (54cm). New with only 300 total miles. Paid \$8500, asking \$7500. Contact Greg at "greglyall@gci.net" for full info, pics, build sheets, etc."

For Sale: BAC Jersey. Women's XL Sport Cut Raglan Jersey \$55. To see a picture of the jersey, at the top of the website under MORE, click on the link Order a Jersey. This jersey is new, I ordered it a couple of months ago, but does not fit. If interested contact Vickie Smith vickie.smith@comcast.net

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer:

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office@bicycleadventureclub.org
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Hello BAC Members,

Welcome to the April 2022 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

APRIL 2022 VIEW FROM THE CHAIR (Marion Campbell)

Ride Leader and tour reviewers have been hard at work putting together some outstanding rides that open this month. Please join me in saying thanks to them for the time and effort they put in to make BAC tours some of the most enjoyable and inexpensive available. A big thank you also goes to Glenn Rudolph who worked tirelessly on getting everyone together and being sure that these tours were professionally done! In addition to the new tours being posted there are still a number of other tours with spaces available as listed below.

Both domestic and international rides are starting this month! While COVID is still popping up in certain areas of the world, let's hope that we can do the rides currently booked without cancellations or rescheduling. One of the benefits that makes BAC tours so attractive is the insurance we carry both on domestic and international tours. We will be doing our first international tour since the pandemic started. Read on to find out more about the international insurance that has been reinstated for the upcoming tours.

Enjoy the spring weather and some great rides as we move into primetime for cycling!

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in March 2022. If they live near you give them a call.

Kimberly Mason and David Hanson, Star Valley Ranch, WY
Jacques Boutet, Anchorage, AK
Jan Lecocq, Lakewood, CO
Susie Smyle and Raimund Berchtold, Broomfield, CO
Wendy Amirault, Vancouver, BC
Pat Lambrose and Jim Cox, Park City, UT
Michael Roth, Piedmont, CA
Mladen Karcic, Kihei, HI
Gary Nelson, Aptos, CA
Robert Head and Dorothy Peterson, San Joes, CA
Pete Scott and Jacque Wedding-Scott, Broomfield, CO
Peyton and Henry Lester, Norwood, CO
Melissa Boyd, Redding, CA
Heather and Mike Martin, Solana Beach, CA
Paul Dick and Teresa Schrader, Phoenix, AZ
Scott Offord, Manitou Springs, CO
Steve and Mary Beran, Lucas, TX
Albert Fiedler, Maple Valley, WA
David Glickerman, Seattle, WA

Bruce Cline, Folsom, CA
Sally Niles, Portland, OR

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Grand Tour of Vietnam Jan 4-20, 2023. Ride Coordinator: Warner Griswold in conjunction with Spice Roads. Start Location: Hanoi, Vietnam. Finish Location: Saigon, Vietnam. Ride Rating: 2B!

Magical Sri Lanka Jan 25-Feb 8, 2023. Ride Coordinator: Warner Griswold in conjunction with Spice Roads. Start Location: Colombo, Sri Lanka. Finish Location: Colombo, Sri Lanka. Ride Rating: 2B!

Ride Across Spain Part 1: Tarifa to Madrid April 21-May 8 2023 Ride Coordinator: Roxan Kraft in conjunction with Iberocycle. Start Location: Malaga, Spain. Finish Location: Madrid, Spain. Ride Rating: 3B!

Ride Across Spain Part 2: Madrid to San Sebastián May 9-26, 2023. Ride Coordinator: Roxan Kraft in conjunction with Iberocycle. Start Location: Madrid, Spain. Finish Location: San Sebastian, Spain. Ride Rating: 3B!

Umbria 2023 April 28-May 11, 2023. Ride Directors: Julie Leever & Sanborn Hodgkins Start Location: Fiumicino, Italy. Finish Location: Fiumicino, Italy. Ride Rating: 2A!

LeMarche 2023 May 12-27, 2023. Ride Directors: Julie Leever & Sanborn Hodgkins. Start Location: Riccione, Italy. Finish Location: Riccione, Italy. Ride Rating: 3B!

Spring in Provence May 10-25 2023 Ride Directors: Lucy and Randy Glover. Start Location: Avignon, France. Finish Location: Avignon, France. Ride Rating: 1A!

Western Swiss Lakes May 28-June 12, 2023. Ride Directors: Lucy & Randy Glover. Start Location: Geneva, Switzerland. Finish Location: Geneva, Switzerland. Ride Rating: 2B!.

The Best of the New York Finger Lakes May 27-June 9 2023. Ride Directors: Chuck & Joan Feerick. Start Location: Rochester, NY. Finish Location: Rochester, NY. Ride Rating: 2B!

Romans Lavender Tandem Tour of Provence and Luberon June 3-18, 2023. Ride Directors: Smith Doss & Claude Monnier. Start Location: Cavaillon, France. Finish Location: Cavaillon, France. Ride Rating: 3B

Dresden to Hamburg July 20-Aug 5, 2023. Ride Directors: Albert Balingit & Arleen Sakamoto. Start Location: Dresden, Germany. Finish Location: Hamburg, Germany. Ride Rating: 1A.

Copenhagen to Gothenburg Aug 11-26, 2023. Ride Directors: Albert Balingit & Sue Bunten. Start Location: Copenhagen Denmark. Finish Location: Gothenburg, Sweden. Ride Rating: 1B!

Best of Bend, Breweries & Bicycling in Central Oregon Sept 11-23, 2023. Ride Directors: Maria & Doug Nelson. Start Location: Redmond, OR. Finish Location: Redmond, OR. Ride Rating: 2B!

Ride Coordinator: in conjunction with Start Location: Finish Location: Ride Rating:

Rides with Space Available

- Paso Robles Ramble 2022 - Section 2 Apr 10, 2022 - Apr 16, 2022 3B
- Flowers In The Hills 2 Apr 13, 2022 - Apr 20, 2022 2B
- White Villages of Andalucia 2022 Apr 23, 2022 - May 8, 2022 3B
- Rescheduled Crete, a Greek Adventure 2022 Apr 28, 2022 - May 8, 2022 2B
- Rescheduled - Bike and Barge: Amsterdam to Bruges Apr 30, 2022 - May 14, 2022 1A
- Netherlands: Cycling the Green Heart and Hanseatic Towns May 2 - May 14, 2022 1B
- Rescheduled The Dordogne, Perigord and Gorges May 14, 2022 - May 28, 2022 2B
- Rescheduled - Bike and Barge: Bruges to Paris May 14, 2022 - May 28, 2022 1A
- Piedmont 2022 May 21, 2022 - Jun 3, 2022 2A
- Glacier National Park Hike Bike 2022 Jul 10, 2022 - Jul 24, 2022 2B
- Yellowstone Bike and Hike 2022 Jul 28, 2022 - Aug 11, 2022 2B
- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B
- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Mallorca 2023 - A Cycling Gem May 6, 2023 - May 20, 2023 2B
- Catalonia - Pyrenees, Cava and Costa Brava May 29, 2023 - Jun 12, 2023 2B
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- Headwaters of the Rhine to the North Sea and Amsterdam Jun 20, 2023 - Jul 12, 2023 2C
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- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

NEW RIDE LEADER

Roxan Kraft - Ride Across Spain (Tarifa to Madrid & Madrid to San San Sebastián)

I joined BAC in 2018 when I did Sardinia-Medieval Towns. I loved the experience and way in which the BAC trips are run. Since then I've done another 5 rides, most of which have been international. Prior to riding with BAC, I've done 12 other international bike tours focused in France, Switzerland and Italy. I retired in 2019 and my passion is traveling on my bicycle, spending time with friends (new & old) and sampling food and wine from around the world. Ride Across Spain was last done in 2017 by Karen Hass. This trip is a repeat with a few slight modifications as a result of learnings from that trip and will utilize IberoCycles as the commercial support. Please join me!

PAYMENT PROCESSING FEE (Ernie Coose)

Payment Processing Fee increasing to 3.7%, effective April 15

Over the last few years credit card companies have been steadily increasing the interchange fees they charge us for processing your payments. One of the main drivers has been the popularity of cash back and rewards cards.

In 2021, we paid 3.7% on average. This is substantially more than the 3% Payment Processing fee we currently deduct from member payments. BAC has been absorbing the difference, but that amount has become significant enough to require a change.

Effective 4/15, we'll be increasing the payment processing fee to 3.7% to fully recover our costs.

For new rides, this rate will be included in estimated cost. The impact will be an extra \$7 in PP fee for each \$1,000 in ride cost.

For existing rides, the new rate will be applied to your final deposit if you pay after 4/15. Paying after 4/15 will not change the amount you pay. It will reduce the amount of your payment that's available to the ride leader to cover costs. This will affect the amount that the group as a whole is refunded post-tour. There will be no difference in refunds between participants on the same ride. We recommend that you pay your final deposit based on the ride leader's due date as you normally would.

SUMMARY OF BAC INSURANCE COVERAGE (Ernie Coose)

BAC maintains insurance that covers participants on foreign and domestic tours. Following is a summary. Insurance policies are posted on the BAC website under Docs/For Ride Directors and Coordinators/Insurance.

Before participating in any BAC tour, members should review their own medical coverage and assess whether to purchase additional travel insurance.

Please refer questions to BAC Treasurer Ernie Coose. Should you need to file a claim, contact Nancy Bohnett.

Foreign Accident Insurance (reinstated 4/21/2022)

- Covered Costs
 - Accident and Medical Emergency
 - Costs to treat accidental injuries as well as sudden and unexpected sickness
 - Accidental Death & Dismemberment
 - Evacuation
 - Repatriation of Remains
 - Emergency Family Reunion/Escort
- Coverage Period
 - Door-to-door from home
 - The tour itself plus up to 7 days before and after
 - No more than 90 days total (**This used to be limited to 45 days.**)
- Covered Persons
 - All tour participants, including citizens of the US and other countries
- Covid in Particular
 - Onset of Covid would be considered a sudden and expected sickness, so treatment costs would be covered.
 - Quarantine costs for a person who is infected or exposed would not be covered.

Domestic Accident Insurance

Domestic coverage is much narrower than foreign, under the assumption that participants will be able to rely on their personal insurance.

- Covered Costs
 - Accidental Medical and Dental
 - Costs to treat accidental injury.
 - Note that coverage amounts are limited and there's a deductible.
 - Accidental Death & Dismemberment
 - No coverage to treat illness, including Covid.
- Covered Persons
 - All tour participants, including citizens of the US and other countries

Foreign Liability Insurance (reinstated 4/21/2022) and Domestic Liability Insurance

Both foreign and domestic policies cover damage caused by a participant, including:

- Bodily Injury and Property Damage
- Damage to Rented Premises
- Damage caused by Hired & Non-Owned Autos

Foreign insurance also covers:

- Medical and travel assistance from Travel Guard
- Kidnap & Ransom

ARE YOU INTERESTED?

Gravel in Northern Vermont- Summer 2023 Ride Directors Jeff and Hilary Warner are testing the waters for interest in a tour. They are considering leading a mixed surface tour, predominantly on the quiet gravel/dirt roads of northern Vermont in late summer 2023. The scenery is spectacular in this area and the roads are usually hard packed and relatively smooth. The tour would start and end in Burlington VT which has a decent airport. The routes would take cyclists to local treasures such as the Hinterland Market, Fledermaus Teahouse, Hill Farmstead Brewery, the Brot Bakehouse, and the Museum of Every Day Life. There would be ~8 days of cycling, 4 of them mandatory. Rides would range from 30-45 miles, some using the soon to be completed Lamoille Valley Rail Trail, with options for longer rides. There would also be paved options on some days. Daily climbing would range from 1800 to 4000' depending on the ride selected- actual ride rating to be determined. The ideal bike for this tour would be a road/gravel or a hard tail mountain bike with gearing appropriate for hills and tires that are a minimum 35 mm. Fenders would be highly recommended in the event of rain. There may be a very limited number of rental bikes available. Jeff and Hilary hope to list the tour this summer. Please e-mail them if you are interested!

MEMBERS CORNER

30% discount to the posted charges on the Amsterdam to Brugge (Bike and Barge tour 4/30/22 to 5/14/22). Two spots. Contact Bill Reeves (wfrlaw@gmail.com) or Ride Coordinator Albert Balingit (Albalingit58@yahoo.com) for additional information.

Start off the year with White Villages of Andalucía 2022. April 23-May 8 2022! This excellent ride features the beautiful region of Andalucía in southern Spain, known for its Moorish architecture and history, white hilltop villages, flamenco, oranges, and olive groves. We reduced the minimum number of participants so the trip will proceed this year. Contact Grant McAlister if interested gmcalister@gmail.com

Bruges to Paris -We have one opening for a single male to share a cabin. The estimated cost is also \$3700 per person. This tour starts in Bruges, Belgium on May 14 and ends in Paris, France on May 28, 2022. contact Albert Balingit at Albalingit58@yahoo.com

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For Sale: 50 cm Miyata 21 speed road bike, S&S couplings. Used by 5'0" woman around the world \$1,000. Newer case for \$300. See at Craigslist Richmond VA or email pullen_39@yahoo.com, or call/text (804)349-4140

For Sale, two new custom Co-Motion Americano Pinion belt drive, S & S coupling touring bikes, one small (46cm) and one med (54cm). New with only 300 total miles. Paid \$8500, asking \$7500. Contact Greg at "greglyall@gci.net" for full info, pics, build sheets, etc."

For Sale: BAC Jersey. Women's XL Sport Cut Raglan Jersey \$55. To see a picture of the jersey, at the top of the website under MORE, click on the link Order a Jersey. This jersey is new, I ordered it a couple of months ago, but does not fit. If interested contact Vickie Smith vickie.smith@comcast.net

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here's how to take advantage of this offer:

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Welcome to the May 2022 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

MAY 2022 VIEW FROM THE CHAIR (Marion Campbell)

Spring has sprung and so have BAC tours. Both domestic and international 2022 tours have started. What a welcomed change from the past two years!

Thanks to the hard work of ride leaders, tour reviewers/mentors, Glenn Rudolph and the board, a record 13 new tours were added in March. So, if you are looking for a great vacation getaway check out the many available tours with space available that are now being offered.

Policy Changes

At the April board of directors meeting two policy changes were approved in principle:

- Item #3 on page 22 of BAC governance policy was revised to clarify how to handle conflict of interest issues.
 - Board members must avoid any conflict of interest, or the appearance of a conflict of interest, with respect to their responsibilities to the organization.
- a) Real, or potential, conflicts of interest should be declared by a potentially conflicted Board member or may be raised by any other board member. When a conflict is questionable, a majority vote of the Board, not including the potentially conflicted member(s), will determine if a Board member has a conflict of interest or not. If a conflict exists, the Board member must recuse him or herself from any Board decision making about the matter. The conflicted Board member, with the consent of a majority of the board may be allowed to participate in preliminary discussions of the issues in conflict prior to any motion being made and/or discussed.
 - i) Real or perceived conflicts of interest will be assumed to exist in any decision making associated with a tour where the Board member is part of the leadership team for the tour.
 - ii) Real or perceived conflicts of interest will be assumed to exist in any decision making associated with a personnel evaluation or action where the Board member is the spouse or partner of the employee or contractor.

The identification of any real or perceived conflicts of interest that were not identified on a timely basis may be sufficient grounds to terminate a Board member's, or former Board member's, membership in the Club

- Commercial Tour Contract (RLPG p.13) was revised to say that all commercial tour contracts MUST include the items in Appendix B of the RLPG.
 - See Appendix B for a template agreement that must be used with commercial tour companies. While INDEMNIFICATION and INSURANCE are overseen by

BAC, it is important that they be included in contracts between ride leaders and the tour company.

Final approval of these changes will be discussed at the June board meeting. Please submit any comments to Kate Faulkner (kerfaulkner@gmail.com)

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in April 2022. If they live near you give them a call.

Roy and Ann Neulicht, Raleigh, NC
Marsha Montevago, Danville, CA
Robin Steinberg, Tucson, AZ
Jack Guenther, Vista, CA
Joan Bresnan, Portola Valley, CA
Pat and Ralph Wanner, Carbondale, CO
Sara Huston and Gary Shaffer, Topsham, ME
Ellen Flaherty, Stonington, CT
Connie and Chris Hendy, North Garden, VA
Benee and Chris Curtis, Houston, TX
John Storey, Morristown, NJ
Mark and Betsy Gatehouse, Greensboro, NC
Patti Cary and Todd Stansbury, Charlottesville, VA
Sylvia Morin and Jeff Schunk, Salt Lake City, UT
Carolyn Allen, Everett, WA
Lynn and David Colvard, Raleigh, NC
Gary Miles, San Jose, CA
Michael Konzem, San Jose, CA
Sandra Strautman, Loomis, CA
Patrick Collins, San Francisco, CA
George and Cindy-Lea Niotta, Temecula, CA
Sally Goodspeed, Canberra,
Regina Falkner and David Reetz, Santa Cruz CA, CA
Dayle Iverson, Redmond, WA
Patty Shackleton, Redding, CA
Brad and Teresa Jennings, Glenwood Springs, CO
Ellen Davis, Georgetown, TX
George Blincoe, Dillon, CO

TOURS

No new rides to announce this month. Check back in June!

Rides with Space Available

- RESCHEDULED The Dordogne, Perigord and Gorges May 14, 2022 - May 28, 2022 2B

- Val d'Aosta 2022 Jun 4, 2022 - Jun 15, 2022 4B
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B
- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B [Space for a male to share a room](#)
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Grand Tour of Vietnam Jan 4, 2023 - Jan 20, 2023 2B
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- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
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MEMBERS CORNER

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and provides explanations of the features included in each. Here's how to take advantage of this offer:

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Hello BAC Members,

Welcome to the June 2022 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

JUNE 2022 VIEW FROM THE CHAIR (Marion Campbell)

Over the past few months BAC has had several international tours going. On some of our tours there have been some participants that tested positive for COVID, which resulted in a delay in their return to the U.S. While all tours had COVID protocols in place, there were a few things that were learned that everyone should know concerning COVID and international travel. Bridgette DeShields, our Health and Safety committee chair, and Barb Rudolph, board member in charge of member relations, have put together the following information:
If you are on an international trip and exhibit symptoms or have been exposed to COVID:

- Take a self-rapid test. If positive, immediately take another test where you can get "official" results - clinic/testing center/video proctored test. Then see a doctor. Take their recommendations on how to get the recovery certificate/letter in that country. You will need to supply the recovery certificate or a negative test result to your airline to return to the U.S.
- Then wait at least 5 days after symptoms start, take another rapid self-test. If you test negative, you don't need anything else. You should continue to test negative and should be able to use that to get back to the US. If not, you will need to wait until the doctor will issue something saying you have "recovered" - this varies by country.

The US is the only western country requiring testing for re-entry and under a LOT of pressure to drop it for vaccinated people. Hopefully this will happen soon.

For more information see: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in May 2022. If they live near you give them a call.

Angela and David Levinger, Santa Rosa, CA
Dean Dubbe and Helen Power, Felton, CA
Nancy Karnes, Sammamish, WA
Steven Friedman, San Rafael, CA
Maryann Boeger, Santa Cruz, CA
Brian Coxon, Lake Forest Park, WA
Gregory Pitts, Walnut Creek, CA
Sandra and Larry Agneberg, Vail, CO
Harry and Janette Thompson, Bedford, TX
Susan and Mike Mahoney, Fredericksburg, TX
Maryann and Jim Gleba, East Haddam, CT

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Paso Robles Ramble 2023 April 2-8, 2023. Ride Directors: Rich and Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B!

California Central Coast & Wine Country April 20-May 4, 2023. Ride Directors: Roy & Kristi Brubaker. Start Location: San Luis Obispo, CA. Finish Location: San Luis Obispo, CA. Ride Rating: 2B!

Rides with Space Available

- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B
- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B
- Historic Coastal Croatia 2022 Sep 16, 2022 - Oct 5, 2022 3B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Moab Bike Hike Oct 13, 2022 - Oct 21, 2022 2B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Grand Tour of Vietnam Jan 4, 2023 - Jan 20, 2023 2B
- Magical Sri Lanka Jan 25, 2023 - Feb 8, 2023 2B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- New Zealand S Island Off Road Highlights 2023 Feb 10, 2023 - Feb 25, 2023 2B
- Ride Across Spain Part 1: Tarifa to Madrid Apr 21, 2023 - May 8, 2023 3B
- Umbria 2023 Apr 28, 2023 - May 11, 2023 2A
- Mallorca 2023 - A Cycling Gem May 6, 2023 - May 20, 2023 2B
- Ride Across Spain Part 2: Madrid to San Sebastián May 9, 2023 - May 26, 2023 3B
- Spring in Provence May 10, 2023 - May 25, 2023 1A
- Le Marche 2023 May 12, 2023 - May 27, 2023 3B
- Tuscany: From Sun to Sea May 15, 2023 - May 27, 2023 2B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B Catalonia - Pyrenees, Cava and Costa Brava May 29, 2023 - Jun 12, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Best of Bend, Breweries & Bicycling in Central Oregon Sep 11, 2023 - Sep 23, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

MEMBERS CORNER

Long time BAC member and Board member Bart Kinlein of Frederick, MD. passed away at age 84 on May 23, 2022. Bart and his wife Diane led rides for BAC back in 2003, including the Kentucky Bluegrass ride and Appalachian Fall ride.

Sept 12-24, 2022 Vineyards and Rail Trails in the Okanagan Valley has room for a single female willing to share and a single male willing to share on this stellar ride through Myra Canyon on the Kettle Valley Railway, alongside orchards and vineyards in the rural south Okanagan and more! Contact Margaret at margaret.slack@gmail.com for more information.

A Ride from Pittsburgh to DC-GAP and the C&O, October 7-20, 2022 : We have the following openings: 1. An opening for a single female to share a room with another single female. 2. An opening for two to share a room. If you are interested, please contact Albert Balingit at Albalingit58@yahoo.com

Dresden to Hamburg-July 20-August 5, 2023: We are looking for a single female to share a room with another single female. Please apply on the site or contact Albert Balingit @Albalingit58@yahoo.com if you are interested."

Portugal Wildflowers & Castles in the Spring May 30-June 11 2022. Space for a single female to share a room. If interested contact leader Alex Wagner alexwagner1136@gmail.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each.

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office@bicyleadventureclub.org
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Welcome to the July 2022 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

JULY 2022 VIEW FROM THE CHAIR (Marion Campbell)

My wife and I participated this April in the Flowers in the Hills 1 ride lead by Becky Hettinger. Becky and her husband Charlie have run this tour over 10 times in the past ten years. Highlights of the ride for me were the evening presentations and dinners. This year an angora goat farmer did a presentation that included a lesson on how their wool is processed, samples of articles made from angora wool and a visit from a baby goat. Another evening a vineyard specialist gave a talk on the fast-growing wine industry in Texas after which we did a wine tasting for local wines.

Tom and Julie Leever just completed an epic trio of tours in Italy. (Green Roads of Tuscany, Piedmont, and Val d'Aosta) The Leever's are two of BAC's most experienced tour leaders and have been doing multiple spring and fall tours both domestic and international since 2003. One of the outstanding signatures of their tours is the high value they bring at a low cost. This is one of the key principles held by BAC. Because many of their tours have run multiple times over the years the routes and associated scenery have been tuned to a high standard.

If you are ready for a bicycle adventure that can't be matched, check out the many other great tours on the BAC website.

Board Member Nominations

Sadly, Jan Erickson has resigned from the BAC board for personal reasons. Jan contributed to the board as a member relations committee for the past several years and recently as secretary. She will be missed! BAC is now asking for nominations of people who could fill this position until early 2024. Please submit names to Marion Campbell (mwcampbell1@earthlink.net)

Policy Update

At the June 16, 2022, board meeting revisions to two policies were given final approval:

BAC Governance polices (page 21) were revised to clarify procedures to deal with conflict of interest.

Board members must avoid any conflict of interest, or the appearance of a conflict of interest, with respect to their responsibilities to the organization.

a) Real, or potential, conflicts of interest should be declared by a potentially conflicted Board member or may be raised by any other board member. When a conflict is questionable, a majority vote of the Board, not including the potentially conflicted member(s), will determine if a Board member has a conflict of interest or not. If a conflict exists, the Board member must recuse him or herself from any Board decision

making about the matter. The conflicted Board member, with the consent of a majority of the board may be allowed to participate in preliminary discussions of the issues in conflict prior to any motion being made and/or discussed.

- i) Real or perceived conflicts of interest will be assumed to exist in any decision making associated with a tour where the Board member is part of the leadership team for the tour.
- ii) Real or perceived conflicts of interest will be assumed to exist in any decision making associated with a personnel evaluation or action where the Board member is the spouse or partner of the employee or contractor.
- b) The identification of any real or perceived conflicts of interest that were not identified on a timely basis may be sufficient grounds to terminate a Board member's, or former Board member's, membership in the Club.

The BAC RLPG (Ride Leader Policies and Guidelines) were revised to require specific language requiring specific language in a CAT (commercially assisted tours) contract. Also added was a clearer description/definition of an Orphaned Tour.

Orphaned Tour

An Orphaned Tour is one that

- a) has not been offered to the BAC membership in the past three years and is not on the Tours in Planning (TIP) list to occur within the next 18 months
- or
- b) was led most recently by a ride leader who is no longer a club member
- or
- c) the most recent ride leader chose to “orphan” the tour

Even for tours that haven't been offered for three years and are not in the TIP, the most recent tour leader, if still a BAC member, should be contacted to determine their intentions regarding the tour.

Commercial tours can only be restricted if the ride coordinator has customized the tour for BAC in conjunction with the tour company. A tour will be considered customized if significant modifications have been made to routes, number of days, or planned special activities. A customized tour will be treated as a directed tour with respect to the “orphaned” tour procedure. The Board may provide flexibility on this if there are extenuating circumstances (e.g., impact of Covid-19 on tours).

CAT Tour Contract Requirements

14. See Appendix B for a template agreement that must be used with commercial tour companies. While INDEMNIFICATION and INSURANCE are overseen by BAC, it is important that they be included in contracts between ride leaders and the tour company.

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Jason Morse, Bellevue, WA
Jill Williams, Sarasota, FL
Bruce Morse, Sherman, CT
Paul Beatty, Moorestown, NJ
Paige Warren, Seattle, WA
Terri Romine, Pleasanton, CA
Yang Wei, Pleasanton, CA
Donna Brun, Ellenton, FL
Bill and Joann Meacham, Reno, NV
Jill Franklin, Danville, CA
Charles and Dawne Bode, Paradise Valley, AZ
Des Miklusicak, SUN PRAIRIE, WI
Anne Potter, Dubuque, IA
Christian Bratina, Litchfield, CT
GLEN OLSON and Diane Lake, Berkeley, CA
Joice White and Curt Relick, Redwood City, CA
Elizabeth Dunn and Michael Dunn, DOWNERS GROVE, IL

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Flowers in the Hills April 2-9, 2023 Ride Directors: Becky and Charlie Hettinger. Start Location: Fredericksburg, TX. Finish Location: Fredericksburg, TX. Ride Rating: 2B!

St. John's Loop, St. Augustine, FL April 17-26, 2023 Ride Directors: Robyn Saur & Mark Copher. Start Location: St. Augustine, FL. Finish Location: St. Augustine, FL. Ride Rating: 1B!

Corsica - The Isle of Beauty May 11-24, 2023. Ride Directors: Rosa Katz & Arleen Sakamoto. Start Location: Bastia, Corsica, France. Finish Location: Bonifacio, Corsica. Ride Rating: 4B!

Netherlands: Cycling the Green Heart and Hanseatic Towns May 17-29, 2023. Ride Directors: Jan Gleason & Lianna Jones. Start Location: Amsterdam, Netherlands. Finish Location: Amsterdam, Netherlands. Ride Rating: 1B!

Rides with Space Available

- Salzburg Double Loop - Seven Lakes Aug 29, 2022 - Sep 14, 2022 2B
- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B

- Vineyards and Rail Trails in the Okanagan Valley Sep 12, 2022 - Sep 24, 2022 2B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Grand Tour of Vietnam Jan 4, 2023 - Jan 20, 2023 2B
- Magical Sri Lanka Jan 25, 2023 - Feb 8, 2023 2B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- Ride Across Spain Part 1: Tarifa to Madrid Apr 21, 2023 - May 8, 2023 3B
- Umbria 2023 Apr 28, 2023 - May 11, 2023 2A
- Mallorca 2023 - A Cycling Gem May 6, 2023 - May 20, 2023 2B
- Ride Across Spain Part 2: Madrid to San Sebastián May 9, 2023 - May 26, 2023 3B
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- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Catalonia - Pyrenees, Cava and Costa Brava May 29, 2023 - Jun 12, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
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- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Best of Bend, Breweries & Bicycling in Central Oregon Sep 11, 2023 - Sep 23, 2023 2B
- Innsbruck to Venice Bike & Hike Sep 15, 2023 - Oct 1, 2023 2B

NEW RIDE LEADERS

Jan Gleason and Lianna Jones...leading Netherlands: Cycling the Green Heart and Hanseatic Towns May 17-29, 2023.

We joined the Bicycle Adventure Club in 2012 and our first BAC ride was Tuscany on the Med, a fixed-base tour (that we loved) and where we met some great new friends. Previously, we had cycled in Switzerland, Germany, the Netherlands, Florida, Maryland and Montreal while on vacations. Following that first BAC trip, we planned some fixed-base tours for friends in Cooperstown and Minneapolis and attended BAC's in-person Ride Leader Training in Kentucky in 2013. After we re-took BAC's online ride leader training in 2020, we decided to take the plunge and organize a fixed-base tour for BAC in the Netherlands because we love their cycling infrastructure. Jan worked at Emory University and the University of Georgia in marketing communications until she retired in 2021. She is now a free-lance writer for the Organ Donation and Transplantation Alliance and plays competitive, recreational tennis. Lianna is the owner of Serious Tennis, a tennis specialty retailer in Atlanta and is also a certified USPTA tennis pro. We live in Decatur, GA and each of us has three adult children who all live nearby. We look forward to meeting more amazing BAC members and to planning more fixed-base tours for the BAC!

Mark Copher and Robyn Saur leading St. John's Loop, St. Augustine, FL April 17-26, 2023

Mark Copher I started cycling seriously in 2004 when I joined the Hancock Handlebars in Findlay, Ohio. My biking mentor, Mick Gould, was president of the club. That first winter we wanted to continue riding and, along with Mick and another friend, we went to Florida and did a tour with Wandering Wheels from Cocoa Beach to Key West. I was hooked! I began doing this and other tours of theirs annually eventually becoming part of the "crew" including driving the SAG van. Fast forward to 2018 when, after riding the southern Coast to Coast route with Bubba

in 2016 and the Pacific Coast with Adventure Cycling in 2017, I joined BAC to do the Northern Tier with my friend Robyn Saur. We have also toured Tuscany and Austria with BAC since then. We are looking forward to leading our first tour with BAC.

Robyn Saur I began biking in 2007 when I moved to SW Florida and joined the Coastal Cruisers Bicycle Club. The club has taught me the importance of group safety and rules of the road. Two multi-day rides in Florida with Wheeling Woman and several Bike Florida tours gave me the bug for more touring and since then I have ridden the Coast to Coast southern route with Bubba and the Pacific Coast with Adventure Cycling. I joined BAC in 2018 and rode the Northern Tier route and later toured in Italy and Austria.

For our local bike club I have organized three bicycle tours, the Flamingo Fling, on Florida's east coast. These tours are the basis for our BAC St. John's tour.

MEMBERS CORNER

Free BAC jersey and vest available – I have aged out of BAC rides, and I would like to find a home for my classic BAC long-sleeved jersey and no-sleeved vest. They are perhaps 15 years old, little used, and fit my 6'2" 190 lb body. Contact Wilson Cooper at wrcooper38@gmail.com

For Sale 2016 Specialized Ruby 48cm Carbon Road Bike. Like new - ridden less than 100 miles. Good for short woman.

Contact Debby Caplan dcaplan2@gmail.com or text 734-330-1818

For Sale is a 49cm Airborne WASP road bike featuring 650 cm wheels, titanium frame and carbon fiber fork, The curved top tube maximizes standover height for riders who are 5'0" to about 5'4" tall. The bike has a 30x42x52 Shimano Ultegra triple crankset, and a 170 mm crankarm. Asking \$1,000 plus shipping. Email Bernice at b_tannenbaum@yahoo.com for details and pictures.

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 24" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

Salzburg Double Loop - Seven Lakes Aug 29-Sept 14, 2022. Two spaces just opened up. Act fast and contact leader if interested Warner Griswold jwarner-griswold@att.net

Vineyards and Rail Trails in the Okanagan Valley Sept 12-24 2022. Space for male to share room. If interested contact ride leader Margaret Slack margaret.slack@gmail.com

A Ride from Pittsburgh to DC-GAP and the C&O, October 7-20, 2022 : We have an opening for a single female to share a room with another single female. If you are interested, please contact Albert Balingit at Albalingit58@yahoo.com

Best of Bend, Breweries & Bicycling in Central Oregon Sept 11 to 23, 2023 has room for a single male willing to share on this stellar 2B ride through stunning mountain and lake scenery and open sage-scented, high desert roads. We will stay in the most notable towns/cities in Central Oregon: Sisters, Bend, Sunriver and Redmond. The tour includes visits to a world-renowned rock-climbing site and a high desert museum. You will also see the mysterious origins of the Metolius River as it emerges from underground, and have lunch atop beautiful Mt. Bachelor. Please contact Maria at mariabn56@comcast.net for more information.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each

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Hello BAC Members,

Welcome to the Aug 2022 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

AUGUST 2022 VIEW FROM THE CHAIR (Marion Campbell)

This month BAC is posting some exciting new rides. One that really caught my attention is "A Gravel Adventure in Northern Vermont". This is one of the first rides to offer a significant number of miles of gravel riding. My thanks to Hilary and Jeff Warner for putting this ride together. Having done a ride in this area before I know how beautiful the scenery is there. If you are one of the many who have taken up gravel riding to get out of the traffic often associated with roads, check out this tour!

Weather and COVID have presented many challenges for our tours this year. But we have a tough group of adventurers AND ride leaders. One example of this is the "Glacier National Park Hike Bike 2022". Among the many challenges facing this tour 9 out of 24 people tested positive for COVID during the ride. On top of that 4 people fell while hiking with one having to make a trip to the hospital and was treated and released. I am so thankful to have great ride leaders like Warner in our organization who find a way to keep things moving no matter what comes! Please give your next ride leader a big thank you when they go above and beyond to make the tour a success.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in June 2022. If they live near you give them a call.

Kathy Tracy, San Antonio, TX
Victoria Ryan, Windsor, CA
Deborah Wine, Santa Cruz, CA
John Gill, Hudson, MA
Jacob Croskey, New York, NY
Sue and Rick Rudy, Broomfield, CO
Wallace Wong, Alameda, CA
Joan Meyer, Vineburg, CA
Joan Serpico, Willow Springs, IL
Joan and Joan Reinhardt-Reiss, San Francisco, CA
KC Yuan, San Jose, CA
Linda Reeves, Albany, CA
Carolyn Lewis, Sacramento, CA
Margaret Neiheisel, San Antonio, TX
Jayna and Douglas McLeod, San Diego, CA
Jim Hart, Wadsworth, IL
Shelly Stark, Maple Falls, WA

Jeannette Thompson, FRISCO, CO
Sebastian and Tegan Corradino, Boulder, CO

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Spring in Solvang – 2023 Mar 26-Apr 1, 2023. Ride Directors: George Ellis & Dianne Olsen. Start Location: Solvang, CA. Finish Location: Solvang, CA. Ride Rating: 2B!

Puglia 2023 April 15-29, 2023. Ride Coordinator Tony Boyd in Conjunction with Hike & Bike Italy. Start Location: Matera, Italy. Finish location: Lecce, Italy. Ride Rating; 1B!

Selkirk Loop 2023 July 11-24, 2023 Ride Directors: Clarice Sackett & Sylvia Williamson. Start Location: Spokane, WA. Finish Location: Spokane, WA. Ride Rating: 2C!

A Gravel Adventure in Northern Vermont Aug 20-29, 2023. Ride Directors: Hilary & Jeff Warner. Start Location: Burlington, VT. Finish Location: Burlington, VT. Ride Rating: 3B!

Sicily 2023 Oct 15-28 2023 Ride Coordinator Tony Boyd in Conjunction with Hike & Bike Italy. Start Location: Palermo Airport, Italy. Finish location: Syracuse, Italy. Ride Rating; 2B!

Rides with Space Available

- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- Rescheduled Belgium: Cuisine and Culture Sep 3, 2022 - Sep 16, 2022 2B
- Cape Cod and the Islands Sep 6, 2022 - Sep 19, 2022 1A
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B
- Cape Cod and the Islands Section 2 Sep 21, 2022 - Oct 4, 2022 1A
- Tour of the Moon and Beyond Sep 26, 2022 - Oct 3, 2022 3B [space for female to share room](#)
- Puglia - The Beautiful Oct 1, 2022 - Oct 15, 2022 1B
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Grand Tour of Vietnam Jan 4, 2023 - Jan 20, 2023 2B
- Magical Sri Lanka Jan 25, 2023 - Feb 8, 2023 2B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- Fun in the Sun: Fort Myers Beach to Key West Feb 5, 2023 - Feb 16, 2023 1C
- Flowers In The Hills Apr 2, 2023 - Apr 9, 2023 2B
- St. John’s Loop, St. Augustine, FL Apr 17, 2023 - Apr 26, 2023 1B
- Mallorca 2023 - A Cycling Gem May 6, 2023 - May 20, 2023 2B
- Spring in Provence May 10, 2023 - May 25, 2023 1A
- Corsica - The Isle of Beauty May 11, 2023 - May 24, 2023 4B

- Netherlands: Cycling the Green Heart and Hanseatic Towns May 1-29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Catalonia - Pyrenees, Cava and Costa Brava May 29, 2023 - Jun 12, 2023 2B
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NEW RIDE LEADERS

Jeff and Hilary Warner *Gravel Adventure in Northern Vermont August 2023*

Jeff and I have been cycling for what seems like forever. We had been mostly mountain biking and road cycling until 3 years ago when we embarked on a pre-retirement adventure in Vermont. We've been blown away by the opportunities for riding on the dirt roads of Vermont (Vermonters don't call them "gravel")- even though I grew up here and we've explored a lot of the state on road bikes, we are amazed every time we go for a ride. We have organized many weekend cycling and cross-country skiing trips over the years and are looking forward to sharing our Brave Little State with BAC members.

MEMBERS CORNER

Salzburg Double Loop - Seven Lakes Aug 29-Sept 14, 2022. Two spaces just opened up. Act fast and contact leader if interested Warner Griswold jwarner-griswold@att.net

Tour of the Moon and Beyond (Grand Junction, CO) Sept 26-Oct 3 2022 Space just opened up for a female willing to share a room. Contact leader ASAP if interested. Huey Hurst hueyhurst1@icloud.com

Cape Cod and the Islands (Section 2) -September 21-October 4, 2022-We have an opening for two on a King Size Bed. If interested in twin beds, I will inquire whether twin beds are available at the hotels we are using. Please contact Albert Balingit (Albalingit58@yahoo.com)

Puglia - The Beautiful Oct 1-15, 2022! Act Fast Two spaces just opened up for this popular ride. Contact the ride leader Tony Boyd if interested. tonyboyd333@icloud.com

A Ride from Pittsburgh to DC-GAP and the C&O, October 7-20, 2022 : We have an opening for two one of whom will be the driver of the sag vehicle. One King Size bed is reserved for the room but will make inquiries for single beds if you are interested. We also have an opening for a single female to share a room with another single female. If you are interested, please contact Albert Balingit at Albalingit58@yahoo.com

The Best of Tasmania 2023: Starting July 6, 2022 the Australian Government removed COVID-19 related border restrictions, according to smartraveller.gov.au

For Sale: Ritchey 2008 Break-Away cross bike. 58 cm frame. Shimano Ultegra components. 10 speed triple crank, 32 cassette, XT rear derailleur. V-brakes. Mavic CXP 33/32 spoke wheels. Rear braze-ons. Travel bag with wheels. \$1500. Email jeanwaid98@gmail.com or text 970-260-0923.

For Sale 2016 Specialized Ruby 48cm Carbon Road Bike. Like new - ridden less than 100 miles. Good for short woman. Contact Debby Caplan dcaplan2@gmail.com or text 734-330-1818

Free BAC jersey and vest available – I have aged out of BAC rides, and I would like to find a home for my classic BAC long-sleeved jersey and no-sleeved vest. They are perhaps 15 years old, little used, and fit my 6'2" 190 lb body. Contact Wilson Cooper at wrcooper38@gmail.com

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www.bicyleadventureclub.org

Hello BAC Members,

Welcome to the September 2022 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

SEPTEMBER 2022 VIEW FROM THE CHAIR (Marion Campbell)

At a recent board meeting I asked if anyone wanted to share comments for inclusion in the September newsletter, "View from the Chair". Barb Rudolph, board member and chair of member relations volunteered and wrote this very nice article. Enjoy!!

BAC Offers More Than Bicycle Tours (Barb Rudolph)

Obviously we all love to ride a bicycle and enjoy traveling; however, being part of a club is also about meeting people who share your passion and developing lasting friendships. The Bicycle Adventure Club is an avenue to do all of these things: ride, travel, meet people and make friends! Glenn and I have been members since 2016. We enjoy participating on tours, leading tours, working with ride leaders, and serving on the Board, but the true reward is the lasting friendships we have made and we plan to continue to make.

This summer, we had the opportunity to travel for two full months: June and July. We helped co-lead the Islands of the Pacific Northwest tour with Warner Griswold, but our BAC experience didn't start or end there. Before we even kicked off the tour, we were invited to dinner at Doug and Maria Nelson's home in Kent, WA. Prior to this evening, we had only met Maria on-line during the BAC Ride Leader Seminars which she co-hosts. What a lovely evening enjoying a meal and sharing stories. The kindness and generosity of the Nelson's opening their home to us was amazing and an evening to remember.

While on the bicycle tour, we met Gary Clifton, who let's just say, I want to be like when I grow up! He embraces life, is full of knowledge, and just the most pleasant person you have ever met! The entire IPNW group embraced the daily rides and the daily social hours! Should my future travels take me to a location near where one of these club members live, I would most definitely reach out to reconnect.

After the BAC tour, we traveled to Utah where we caught up with a group of friends. Eight of the fourteen were BAC members. From Utah, we headed to Colorado for some mountain biking. Half of this group were also BAC members. Do Glenn and I actively recruit members? We sure do and we hope you do too!

As we head into the fall, we pull out our arm warmers, knee warmers, and vests. There is more riding and traveling to do, people to meet, more friends to make and more ride leaders and riders to recruit. Recruiting is something we all can do. Have you considered being a ride leader, serving on a committee, or serving on the Board? If you would like help brainstorming or developing a ride, let me know. There is help within the organization to get you started. If you or someone you know would be an excellent candidate for the BAC Board, let us know. Board

nominations will be due in October. How about ordering a BAC jersey, wearing it, and promoting our club? Ordering details for our NEW jersey design are outlined below.

I am confident that many of you have similar stories and would agree that the Bicycle Adventure Club offers more than bicycle tours! Keep pedaling!

Be Bright, Visible and Represent BAC

The Primal Online Store is Open Once Again! Order Your BAC Jersey NOW by Clicking the Link Below.



Jersey Cost: \$55 plus \$20 for shipping in USA (\$30 for shipping to Canada)

Online Store is Open: September 1- October 5, 2022

Targeted Delivery Date: December 2, 2022

To Order Your Jersey click this link:

Product Features

Men's Sport Cut	Women's Sport Cut
<p>Elastic Option - Sleeve: Sleeve - Elastic Elastic Option - Waist: Elastic Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden</p> 	<p>Elastic Option - Sleeve: Sleeve - None Elastic Option - Waist: None (no elastic at waist) Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden</p> 

A sizing chart can be found on the ordering page.

For any Team Store questions or ordering assistance, there is a 'Help' category with FAQ information, phone#, and LiveChat on the order page. Barb Rudolph is your BAC contact: Rudolph.Barb@gmail.com or 214-497-4233 for questions.

New Board Member

Joan Feerick was recently appointed by the BAC board to fill the vacancy left by Jan Erickson. Following is a short summary of Joan's qualifications.

Joan Feerick joined the BAC about 6 years ago with her husband Chuck. She had only recently developed a passion for cycling thanks to a wonderful mentor in her local bike club who encouraged her (she didn't need much encouragement) and pushed her (she needed a lot more pushing) to become a competent rider. Her first BAC tour took her and Chuck to Kentucky to view the total eclipse of the sun. Since then, many of their travels have been on BAC tours. Joan co-led a tour in 2021 and has three additional tours on the schedule with her favorite co-leader, Chuck.

Joan completed the Ride Leader Seminar (RLS) in 2019 and then offered her services as a professional adult educator to innovate and update the content. She formed and co-chairs the Ride Leader Development Committee with other BAC volunteers and together they gave the RLS a new look and moved it to an on-line format. So far, Joan had been involved in developing and presenting 2 multi-day on-line Ride Leader Seminars and 4 additional seminars for ride leaders.

When she's not riding her bike, planning tours, or working on new education for the BAC, Joan is a medical volunteer (registered nurse) with the Fairfax County Health Department and State of Virginia. She and Chuck also enjoy birding and they like to mix up their cycling tours with trips to add unique species to their birding life lists.

Policy Update:

BAC provides detailed guidance to assist ride leaders in all aspects of planning, announcing, and managing a bike tour. The guidance document, Ride Leader Policies & Guidelines (RLPG), is regularly updated to reflect changing conditions (such as Covid-19) or to improve ride planning and communication.

The BAC board recently approved "in principle" updates to the RLPG requiring that all new ride proposals use the current Budget Worksheet & Final Accounting Form (BWFA).

Any questions or comments, please contact BAC board member Kate Faulkner at kerfaulkner@gmail.com

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in August 2022. If they live near you give them a call.

Janice Beers, Madison, WI
Jenny Webster, Round Rock, TX
Deborah Davidson, Santa Rosa, CA
Mary Jayne Gould, Portland, ME
MaryAnne Moloney, Brooklyn, NY
Monica Rudman, Sacramento, CA

Joseph and Barbara Gilles, Bend, OR
Jackie Tanghe, Anchorage, AK
Janet Guerrero and Patricia Kensel-Hammes, Seattle, WA
Margaret Kohl and Daniel Coletta, Newton, NJ
Andy Goldsmith and Kimberly Currier, Atlanta, GA
Marybeth Temples, Emeryville, CA
Rosemary Greekneale, anchorage, AK
terri Wurm, Anchorage, AK
Karen Morrissey, Anchorage, AK
Pat Gill, Groton, CT
Mary Mystrom, Anchorage, AK
Margaret Richmond, Anchorage, AK
Terri Grazevich, Sussex, NJ
Linda Nehser, Woodinville, WA
Todd and Karen Laveen, Wheaton, IL
Sharon Heckert and David Farberow, Watsonville, CA
Norma Miller, Tucson, AZ
Denise Webster, Victoria, BC
Nancy Christian, Houston, TX
Jim Newton, Santa Clara, CA
Robert Schlumpberger, Ballwin, MO
Ann A Creighton, Sammamish, WA
Magdalena and Behrooz Khazanedar, Napa, CA
Kenneth Janicke, Redmond, WA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

CA Coast: Santa Barbara to San Diego May 7-16, 2023. Ride Directors: Roy & Kristi Brubaker. Start Location: Santa Barbara, CA. Finish Location: San Diego, CA. Ride Rating: 2B

Historic Roaring Fork Valley Aug 7-17, 2023. Ride Directors: Mark Janer & Christine Bartlett. Start Location: Glenwood Springs, CO. Finish location: Glenwood Springs, CO. Ride Rating; 2A.1B!

Rides with Space Available

- Camino del Cid 2022 Sep 2, 2022 - Sep 17, 2022 4C
- Rescheduled Belgium: Cuisine and Culture Sep 3, 2022 - Sep 16, 2022 2B
- Cape Cod and the Islands Sep 6, 2022 - Sep 19, 2022 1A
- The Erie Canal Heritage Trail Sep 7, 2022 - Sep 17, 2022 1B
- Tour of the Moon and Beyond Sep 26, 2022 - Oct 3, 2022 3B
- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C

- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Grand Tour of Vietnam Jan 4, 2023 - Jan 20, 2023 2B
- Magical Sri Lanka Jan 25, 2023 - Feb 8, 2023 2B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- Death Valley - Hike, Bike, and Explore Feb 25, 2023 - Mar 4, 2023 3B
- Flowers In The Hills Apr 2, 2023 - Apr 9, 2023 2B
- Puglia 2023 Apr 15, 2023 - Apr 29, 2023 1B
- St. John's Loop, St. Augustine, FL Apr 17, 2023 - Apr 26, 2023 1B
- California Central Coast & Wine Country Apr 20, 2023 - May 4, 2023 2B
- Spring in Provence May 10, 2023 - May 25, 2023 1A
- Corsica - The Isle of Beauty May 11, 2023 - May 24, 2023 4B
- Tuscany: From Sun to Sea May 15, 2023 - May 27, 2023 2B
- Netherlands: Cycling the Green Heart and Hanseatic Towns May 17-29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- A Gravel Adventure in Northern Vermont Aug 20, 2023 - Aug 29, 2023 3B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B

NEW RIDE LEADERS

Mark Janer & Christine Bartlett *Historic Roaring Fork Valley August 2023*

Both of us were casual bike riders when we met over 30 years ago, and we both owned nice quality Japanese steel frame road bikes from the mid-1980 era (now vintage collectables). We got more serious about 12 years ago when we met some friends who were doing regular local social rides. Now we are members of several local bike clubs in our area and especially enjoy bike touring. We have been members of BAC since 2017 and have ridden numerous BAC rides. We look forward to meeting new people and sharing our experiences.

MEMBERS CORNER

Vineyards and Rail Trails in the Okanagan Valley Sept 12-24 2022. Space for male to share room. If interested contact ride leader Margaret Slack margaret.slack@gmail.com

Puglia - The Beautiful Oct 1-15, 2022. Space just opened up for two people. Sign up quick. If interested contact the leader Tony Boyd tonyboyd333@icloud.com

Tour of the Moon and Beyond (Grand Junction, CO) Sept 26-Oct 3 2022 Space just opened up for a female willing to share a room. Contact leader ASAP if interested. Huey Hurst hueyhurst1@icloud.com

Cape Cod and the Islands (Section 2) -September 21-October 4, 2022-We have an opening for two on a King Size Bed. If interested in twin beds, I will inquire whether twin beds are available at the hotels we are using. Please contact Albert Balingit (Albalingit58@yahoo.com)

The Best of Tasmania 2023: Starting July 6, 2022 the Australian Government removed COVID-19 related border restrictions, according to smartraveller.gov.au

For Sale: 56cm Ritchey Breakaway road bike and travel case for sale. Shimano Ultegra drive train, triple crank, ultegra brakes, new tires. Located in Arizona. \$1500.00. Contact Phil Sanderman at hamptonbuilder@comcast.net or text (970) 640 0714.

For Sale Giant Liv Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 24" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each.

Nancy Bohnett-BAC Office Manager
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San Diego. CA 92193
858.715.9510
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Hello BAC Members,

Welcome to the October 2022 BAC Monthly Update. On the first business day of each month, we'll be sending you the latest BAC news.

OCTOBER 2022 VIEW FROM THE CHAIR (Marion Campbell)

I have just reviewed the number of BAC rides that have been completed in the past three years. In 2020 only 4 tours were able to be done due to the event of COVID. In 2021 the number increased to 18 with no international rides. Due to the tenacity of our club members and tour leaders in 2022, 18 domestic and 18 international tours have been completed. An additional 6 domestic and 3 international tours are scheduled to be run before the end of the year bringing the total for 2022 to **45**.

Bridgette DeShields, chair of the health and safety committee recently wrote, "We are at the stage where we need to accept, we can only do so much to manage COVID, but there are things we can do to limit spread. And it doesn't need to have a significant negative impact on the tour." Ms. DeShields also offered the following tips:

- Conduct a self-wellness check each day. Do you have any symptoms, even mild symptoms that could be allergies or the common cold?
- If in doubt, take a test! Continue testing at least every other day and wear a mask around others until symptoms subside. This keeps everyone safe.
- Communicate with the ride leader so they can help manage exposure and give you helpful advice. If you have a roommate, be sure to let them know what is going on.

Tom and Julie Leever recently sent out the following communications to their upcoming 'Adirondacks Fall Foliage 2022' tour. This advice should be considered for all BAC tours.

We have been hearing about COVID spread in a number of BAC tours recently. Our personal experience leading six tours in the last year (half in the US and half in Italy) has been one single case on one tour. However, others have experienced a spread of up to half of the participants or higher.

So, what should we all do? The first critical step should be that everyone should be vaccinated and boosted. The second is that if you have any illness before the tour, however mild, you should test yourself and don't come if you test positive. Beyond those steps, practice safe traveling by wearing approved masks whenever you are forced into a compromising situation (i.e., crowded indoor spaces) such as airport transportation shuttles, loading, etc. Sitting in your plane seat should be safe enough, but mask to get on and off. Reconsider taking side trips, but if you do, exercise extreme caution.

On the tour, should you catch COVID, expect to isolate. If possible, you will be able to continue to ride, but if spread develops or your symptoms are more severe, you may have to remain behind or find alternative transportation. We'll assist to the extent that it is safe for the other participants, but only if that's possible. Consider what you need to do and have a contingency plan in advance.

We will be bringing enough test kits to test everyone, but you should also bring some. If you get COVID, you will be testing every other day to determine when you can discontinue your isolation.

Tom & Julie - Stay safe!

I urge each of you to stay safe and be patient with the inconveniences that COVID is now creating on our rides.

CALL FOR NOMINATIONS OCT 2022

Nominations to the BAC 2023 Board of Directors are being accepted through October 31, 2022. Two vacancies need to be filled – Tom Leever and Jim Yuhn’s terms are coming to an end. Tom will be seeking re-election and Jim will be leaving the board.

The term of office for any new Board members will be three years. As set out in Section 3.1 of the Bylaws, a Board member must be a club member for at least two years prior to his/her assumption of office and must be a club member throughout his/her tenure as a Board Member.

The club’s Board Policies are available on the BAC website under “Docs”. They outline the Board Job Description; the characteristics, qualities and perspectives sought in Board members; the roles of Officers of the corporation; and existing committees and their responsibilities. The Board is specifically looking for someone at this time that has experience as a BAC ride leader and someone who could ultimately take over responsibility for the website.

Desirable skills include:

- Strong computer skills including email, web browser, and word/excel
- Ability to work with others
- Project Management Experience

If you want to know more about serving on the Board, feel free to contact a member of the Nominating Committee: Marion Campbell (mwcampbell@earthlink.net), Sue Buntin (sue@buntin.ca), Barbara Rudolph (rudolph.barb@gmail.com), or Kate Faulkner (kerfaulkner@gmail.com). If you know of someone who you think will make a good Board member, please contact the BAC office (office@bicycleadventureclub.org or 858-715-9510) or one of the Nominating Committee members who in turn will get in touch with the individual.

If you are interested in serving on the Board, please contact the office to determine what information needs to be submitted to support the Nominating Committee’s decision making process.

By the end of November the Board will determine which candidates it will nominate for election to the Board. The number of nominees will equal the number of positions the Board plans to fill. These nominees will be announced to the membership in the December 2022 Monthly Update. If there are any other members who wish to be nominated directly by the membership, they will have until January 14, 2023 to submit a petition with the signatures of two percent of the membership (approximately 35 signatures). Between January 15, 2023 and February 15, 2023 proxies will be sought for all the nominated candidates. These proxies will be exercised by the Board Chair at the Annual General Meeting currently scheduled for Sunday February 26, 2023.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in September 2022. If they live near you give them a call.

Mary Wiener, Glenwood Springs, CO
Dan Wald and Susie Renner, Oakland, CA
Jef McNally, Ann Arbor, MI
Paul Fogel, Berkeley, CA
Darrell Louie, Berkeley, CA
Catherine Bradley, Birmingham, MI
Mark Wald and Susie Renner, Oakland, CA
Jody Brinser, Portland, ME
Patricia M Craley, Purcellville, VA
Mark Creekmore, Ann Arbor, MI
Judy Norman, San Diego, CA
Sara Zeckel, Zionsville, IN
Kathleen Fitzgerald, San Antonio, TX
Patricia Whiting and John Schommer, Brevard, NC
Paula Bradley, Capitola, CA
Christopher Hill, Seattle, WA
Mark Lisee and Michele Moon, Hollis, NH
Michele O'Connor, Cedar Rapids, IA
Lisa Brill, Medford, OR

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Tucson Spring Warm-up March 9-16, 2023. Ride Directors: Jerry & Kim Porter. Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B!

Southern Arizona, Beyond Tucson March 17-29, 2023. Ride Directors: Albert Meerscheidt & Bernice Tannenbaum. Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B!

Coast of Maine 2023 Sept 5-19, 2023. Ride Directors: Julie & Tom Leever. Start Location: Portsmouth, NH. Finish Location: Portsmouth, NH. Ride Rating: 3B!

The Berkshires 2023 Sept 20-30, 2023. Ride Directors: Julie & Tom Leever. Start Location: Windsor Locks, CT. Finish Location: Windsor Locks, CT. Ride Rating: 2B!

Rides with Space Available

- A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C [Space for female to share room](#)
- Riding Through History - Virginia Capital to Capital Oct 22, 2022 - Oct 30, 2022 1B
- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- Death Valley - Hike, Bike, and Explore Feb 25, 2023 - Mar 4, 2023 3B
- Flowers In The Hills Apr 2, 2023 - Apr 9, 2023 2B
- Puglia 2023 Apr 15, 2023 - Apr 29, 2023 1B
- St. John's Loop, St. Augustine, FL Apr 17, 2023 - Apr 26, 2023 1B
- CA Coast: Santa Barbara to San Diego May 7, 2023 - May 16, 2023 2B
- Netherlands: Cycling the Green Heart and Hanseatic Towns May 17-29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Historic Roaring Fork Valley Aug 7, 2023 - Aug 17, 2023 2A [Space for female to share room](#)
- A Gravel Adventure in Northern Vermont Aug 20, 2023 - Aug 29, 2023 3B
- Salzburg to Innsbruck Bike & Hike Aug 29, 2023 - Sep 12, 2023 2B
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B

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Jersey Cost: \$55 plus \$20 for shipping in USA (\$30 for shipping to Canada)

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Targeted Delivery Date: December 2, 2022

To Order Your Jersey click this link: <https://via.primalcustom.com/collections/t07345a>

Product Features

Men's Sport Cut	Women's Sport Cut
Elastic Option - Sleeve: Sleeve - Elastic Elastic Option - Waist: Elastic Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden	Elastic Option - Sleeve: Sleeve - None Elastic Option - Waist: None (no elastic at waist) Fabric Option: SpeedPro Pocket Option: 3 Rear Straight Pockets Stitch Option: Traditional Stitch Zipper Option: YKK Full Hidden



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MEMBERS CORNER

A Ride from Pittsburgh to DC-GAP and the C&O Oct 7, 2022 - Oct 20, 2022 1C Space for female to share room. Contact Albert Balingit if interested. albalingit58@yahoo.com

Historic Roaring Fork ride Aug 7-17,2023. Space available for a single female to share room. If interested contact ride leader Mark Janer Mark@wildcatcreek.org

For Sale: two Calfee Designs Tetra Pro coupled carbon frame road bikes. For the 50cm Calfee carbon travel bike (previously listed as 48, but carefully remeasured), here: <https://sfbay.craigslist.org/eby/bik/d/lafayette-calfee-tetra-pro-ss-couplers/7532010500.html>
For the 62cm Calfee carbon travel bike, here:
<https://sfbay.craigslist.org/eby/bik/d/lafayette-calfee-tetra-pro-ss-couplers/7532013189.html>
Location is San Francisco Bay Area Contact allen.hardy@gmail.com

For Sale: 56cm Ritchey Breakaway road bike and travel case for sale. Shimano Ultegra drive train, triple crank, ultegra brakes, new tires. Located in Arizona. \$1500.00. Contact Phil Sanderman at hamptonbuilder@comcast.net or text (970) 640 0714.

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

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NOVEMBER 2022 VIEW FROM THE CHAIR (Marion Campbell)

How many of you have opened the BAC website and been greeted by pictures of a sampling of the exciting rides that have recently been completed? Well we have Bruce Nelson to thank for editing and posting these beautiful images! Along with many other BAC volunteers who contribute their time and expertise to bring our club members together, Bruce has helped all of us share our experiences and highlight the bonds we make while on a BAC tour. Thank you Bruce! You've performed the task with attention to detail and often have posted photos within minutes of submission. Everyone in the club has enjoyed viewing the photos. We wish you the best in your well-deserved retirement and, as always, the wind at your back.

John Hill and Alyson Garland have graciously stepped forward to take on the role of Photo Editor for BAC. As is often the case, you won't see them, but you will benefit from the revolving images of tours. I am told that they are "image geeks" and will wow us with great photos. We appreciate their willingness to take on this task as a way to "give back" to the Club.



Alyson and John somewhere in Umbria Italy

I would also like to share with you the following:

Why would I lead a BAC ride?

If you've ever played football, then you know. If you've ever performed in a professional orchestra, then you know. If you've ever prepared and served a multi-course dinner for your friends, then you know. When you participate in a BAC tour it's a lot of fun. But, when you're the person out on the field with the ball, when you're the percussionist waiting for the cue to

crash the cymbals, when you've shopped, prepped and presented each course with pride, the satisfaction that you get is, as the commercial says, priceless. Anyone who has led a BAC tour might agree, you will stretch your skill set. At the same time, you'll also give back to the club. The rewards that you gain in making new friends, riding favorite routes or visiting new places, planning the details for happy hour and group dinners, it's all part of the Ride Leader experience that in my experience, puts you on another level.

Julie Leever

BAC Ride Leader since 2004

May you and your riding companions have a safe and happy holiday season!

2023 ON-LINE RIDE LEADER SEMINAR

The Ride Leader Training and Development Committee is making it easy to learn about being a ride leader. We're offering a Zoom based Ride Leader Seminar consisting of four 2.5 hour online sessions starting in February. This training is only offered every one to two years.

Below are details about the training and how to register.

Dates: Tuesdays and Thursdays 2/21, 2/23, 2/28 and 3/2

Time: 7:00 – 9:30 PM EST (4:00 – 6:30 PST) for each session.

The program will feature:

- On-line classes via Zoom
- Team projects between sessions
- Frequent knowledge checks with quizzes and activities

Experienced presenters (ride leaders and board members) will provide the tools you need to lead a successful BAC ride in the USA and international locations. We will cover how to lead all types of rides including point-to-point, fixed-based, self-directed, and commercially assisted. You will learn all aspects of leading rides from developing, budgeting and planning, to leading the ride and finalizing all paperwork. Each seminar participant will learn how to access resources needed to propose and manage tours.

WHO SHOULD ATTEND: This seminar is primarily for BAC members who are interested in leading a ride for the first time. It is also helpful for those who have previously led BAC rides and want more training. **To attend, you must be a BAC member and have participated in at least one BAC tour by the day of the first training session.**

REGISTRATION: To submit a request to join this training event, go to <https://www.bicycleadventureclub.org/html/rides/?action=ride&rideid=1623>

Then use the "links" displayed above the Ride Description to request to register. When you are accepted, the Ride Leader will move you from the Waitlist to the Pending List. At that time you will receive an email notification to login to the BAC website to sign the release of liability form and pay the \$50 BAC ride registration fee and the initial tour deposit of \$20 by credit card. As soon as your payment has been processed, your name(s) will be added to the Participant List. To contact the Ride Leader, "click" the name at the top of the Ride Description. A link will be sent with instructions on how to access the Seminar prior to the first training session.

Participants who complete all four training sessions will have the ride registration fee reimbursed.

NEW MEMBERS

We are pleased to welcome these new BAC Members who have joined us in October 2022. If they live near you give them a call.

Nicolette Athis, Seattle, WA
Eric and Jami Anderson, Palmer, AK
David Warner, Vernon Rockville, CT
Marcia Greenblatt and Bob Kovacs, Boulder, CO
Christian Bartle, San Diego, CA
Lisa Antolino and Larry Pesyna, Columbus, OH
Olivia Kriebel, Hayward, CA
Vincent Ng, Alexandria, VA
Elie Bowles and Peter Boshard, Oliver, BC
Colleen Bonus and David Iannone, North Vancouver, BC
Kira Ripley, Steamboat Springs, CO
Gloria and Stuart Kreitman, Palo Alto, CA
Julie MacDiarmid, Central Point, OR
James and Susan Lawlis, Grosse Pointe Farms, MI

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

2023 On-line Ride Leader Seminar Feb 21-Mar 2, 2023. Seminar Leaders: Joan Feerick and Maria Nelson. Start Location: Online-Zoom Finish Location: Online-Zoom.

Islands of the Pacific Northwest June 22-July 5, 2024. Ride Directors: Warner Griswold and Garry Clifton. Start Location: Seattle, WA. Finish Location: Seattle, WA. Ride Rating: 2B.

Rides with Space Available

- Rescheduled The Best of Tasmania 2023 Feb 2, 2023 - Feb 17, 2023 3B
- Tucson Spring Warm-up Mar 9, 2023 - Mar 16, 2023 2B
- Southern Arizona, Beyond Tucson Mar 18, 2023 - Mar 30, 2023 2B
- Flowers In The Hills Apr 2, 2023 - Apr 9, 2023 2B
- Puglia 2023 Apr 15, 2023 - Apr 29, 2023 1B
- St. John's Loop, St. Augustine, FL Apr 17, 2023 - Apr 26, 2023 1B
- Umbria 2023 Apr 28, 2023 - May 11, 2023 2A
- CA Coast: Santa Barbara to San Diego May 7, 2023 - May 16, 2023 2B
- Netherlands: Cycling the Green Heart and Hanseatic Towns May 17- May 29, 2023 1B
- The Best of the New York Finger Lakes May 27, 2023 - Jun 9, 2023 2B
- Rescheduled West of England 2023 Jun 4, 2023 - Jun 17, 2023 2B
- Dresden to Hamburg-A Classic Tour Along the Elbe Jul 20, 2023 - Aug 5, 2023 1A
- Historic Roaring Fork Valley Aug 7, 2023 - Aug 17, 2023 2A
- A Gravel Adventure in Northern Vermont Aug 20, 2023 - Aug 29, 2023 3B
- Green Spain and Picos de Europa 2023 Sep 2, 2023 - Sep 17, 2023 3B
- Coast of Maine 2023 Sep 5, 2023 - Sep 19, 2023 3B
- The Berkshires 2023 Sep 20, 2023 - Sep 30, 2023 2B

MEMBERS CORNER

Historic Roaring Fork ride Aug 7-17, 2023. Space available for a single female to share room. If interested contact ride leader Mark Janer Mark@wildcatcreek.org

For Sale: two Calfee Designs Tetra Pro coupled carbon frame road bikes. For the 50cm Calfee carbon travel bike (previously listed as 48, but carefully remeasured), here:

<https://sfbay.craigslist.org/eby/bik/d/lafayette-calfee-tetra-pro-ss-couplers/7532010500.html>

For the 62cm Calfee carbon travel bike, here:

<https://sfbay.craigslist.org/eby/bik/d/lafayette-calfee-tetra-pro-ss-couplers/7532013189.html>

Location is San Francisco Bay Area Contact allen.hardy@gmail.com

For Sale GIANT LIV Sedona Like new Perfect for all-around cycling. Disc brakes, Step thru aluminum frame, Frame and fork suspension, 26" Wheel Size, Includes Cat Eye computer; kick stand; mirror. Contact Gary Finke: Voice or text 520-490-3997 or garyfinke@pobox.com

For Sale is a 53cm Merlin Magia road bike, titanium frame and Reynolds carbon fork, Shimano Ultegra grupo 50-34 compact chainrings, 11-32 rear cassette. Asking \$1750. contact Roger at rogerwtaff@gmail.com for more information and pictures.

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on paid RWGPS memberships has been extended through the end of 2022 – **use discount code bacrocks2022**. RWGPS has 3 levels of membership: free, basic (\$50

per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. BAC members with FREE RWGPS membership, while on a BAC tour, enjoy the enhanced features of subscription RWGPS membership. Purchasing a personal subscription will provide the enhanced features on all your rides.

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